

# DEVELOPMENT GOALS

Development goals refer to goals that are focused on improving personal knowledge and skills.

## DEFINITION

We often differentiate development goals from performance goals:

- **Development goals:** success is defined as a measure of internal progress and improvement, or how far you've come.
- **Performance goals:** success or failure is measured by whether you reach a clearly-defined target.

## EXAMPLES

**Productivity:** Increase productivity by setting daily, weekly, and monthly goals and utilizing productivity techniques such as the Pomodoro Technique.

**Emotional Intelligence:** Enhance emotional intelligence by practicing empathy, self-awareness, and effective communication in personal and professional interactions.

# Personal Development Plan Objectives Examples

**Michal Rosen-Zvi**



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