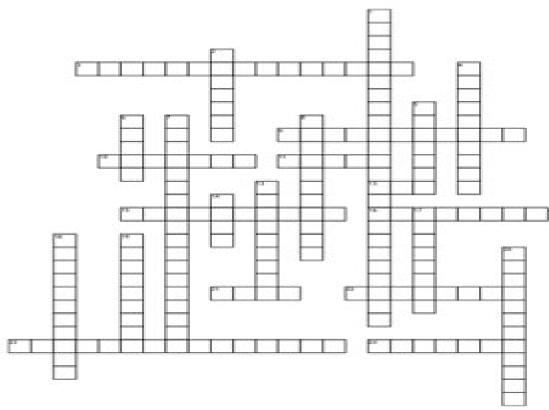
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## Physical Education Crossword Puzzle



#### Acress

Name the houses that are on the first floor.

9. The physical fitness test that we take at M.S. 180 is called the

exercise increases. cardiovascular endurance.

11. What fitness test item measures cardiovascular endurance?

13. We participate in the Ice Bucket Challenge in June to raise money for

15. How long should attendance take? 16. The gym uniform consists of sweat pants, the school gym shirt, and

21. To increase strength, you should do strength-building exercises in

22. What is the name of your gym teacher?

23. What fitness test item measures your BAM?

24. What fitness test item measures. abdominal strength?

1. We raise money for the

by participating

in Jump Rope and Hoops-for Heart. 2. 4 times around the Truman track

4. How much exercise should children

and teenagers get? What fitness test item measures.

upper body strength and endurance? 6. How many times a week should you work on strength-building exercises?

Name the houses that are on the 2nd floor.

8. What fitness test item measures hamstring flexibility?

12. What fitness test item measures back strength and flexibility?

14. How many components of fitness are there?

17. What is the best way to prevent heart disease?

Cardiovascular endurance. muscular strength, muscular endurance, body composition

\_are the components anned. of fitness.

19. Enter the gym quickly and quietly

and go to your 20. What is the leading cause of death in the United States?

# **Physical Educational 12 Crossword**

**Hussin A.Rothana** 

**Physical Educational 12 Crossword:** 

The Enigmatic Realm of Physical Educational 12 Crossword: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Physical Educational 12 Crossword** a literary masterpiece penned by a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book is core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of those who partake in its reading experience.

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