

NUR 245

Complete Physical Examination

Date: 06/20/18

Student: Samuel Kollmorgen

Patient Initials: H.K. **Age:** 25 **Gender:** Male

Occupation: Student

General Survey of Patient

1. **Appears stated age:** Pt seems appropriate for stated age.
2. **Level of consciousness:** Pt is alert and oriented x3
3. **Skin color:** PWD, appropriate appearance for stated age and ethnicity
4. **Nutritional status:** Stated dietary intake is adequate, pt seems well nourished.
5. **Posture and position:** Upright, erect posture. No abnormalities detected.
6. **Obvious physical deformities:** No obvious physical deformities seen.
7. **Mobility:** Normal gait and posture, pt is mobile w/o assistive device.
8. **Facial expression:** No signs of distress, pain, or anxiety. Face symmetrical.
9. **Mood and affect:** Pt is content and displays a normal affect.
10. **Speech:** Pt's speech is appropriate and understandable.
11. **Hearing:** Pt does not state to have any issues hearing.
12. **Personal hygiene:** Pt is well groomed and appropriately dressed.

Measurements and Vital Signs

1. Weight: 178 lbs
2. Height: 70 in.
3. Body mass index: 25.5
4. Vision using Snellen eye chart: 20/20 bilaterally with corrective lenses.
5. Radial pulse, rate, and rhythm: 78, 2+ radial pulses RRR
6. Respirations, rate, depth: 16, Normal work of breathing
7. Blood pressure: 136/72 right arm, sitting.
8. Temperature (if indicated): N/A
9. Pain assessment: 0/10

Skin

1. **Hand and nails:** No clubbing or deformities, cap refill < 2 sec, skin PWD, nail beds pink.

Color and pigmentation: Color tan-pink, even pigmentation, no lesions noted.

Temperature: Warm

Moisture: Dry

Texture: Smooth

Turgor: Good turgor, no signs of tenting.

Any lesions: No notable lesions.

Head and Face

Physical Exam Documentation Example

PT Brinkman



Physical Exam Documentation Example:

Complete Guide to Documentation Lippincott Williams & Wilkins, 2008 Thoroughly updated for its Second Edition this comprehensive reference provides clear practical guidelines on documenting patient care in all nursing practice settings the leading clinical specialties and current documentation systems This edition features greatly expanded coverage of computerized charting and electronic medical records EMRs complete guidelines for documenting JCAHO safety goals and new information on charting pain management Hundreds of filled in sample forms show specific content and wording Icons highlight tips and timesavers critical case law and legal safeguards and advice for special situations Appendices include NANDA taxonomy JCAHO documentation standards and documenting outcomes and interventions for key nursing diagnoses

Evidence-Based Physical Examination Handbook Kate Gawlik, Bernadette Mazurek Melnyk, Alice Teall, 2024-03-22

Leading the way in providing evidence based assessment guidance to prepare clinicians for their future in healthcare This unique resource combines scientific and holistic approaches to assessment and integrates best practices to guide history taking and physical exam Utilizing the evidence and summarizing clinical relevance this handbook guides the incorporation of the most current evidence based assessment guidelines from such sources as the U S Preventative Services Task Force Chapters have a consistent structure and include key history questions and considerations evidence based physical examination techniques red flag signs and symptoms differential diagnoses for both normal and abnormal findings and sample documentation There are extensive color illustrations and photographic images to strengthen and support advanced assessment skills New to the Second Edition Completely new chapters reflecting specific lifespan considerations including the child adolescent and older adult Increased coverage of evidence based documentation Expanded coverage in every chapter regarding changing practice environments Focus on inclusive history taking and assessment techniques including considerations for diverse populations and social determinants of health Key Features Includes focus on evidence to enable highest quality of care Emphasizes the importance of wellness and the assessment of well being Delivers the evidence acceptability and clinical relevance behind history taking and physical examination techniques Focuses on the most current clinical guidelines from sources such as the U S Preventive Services Task Force Demonstrates techniques with valuable illustrations and photographic images

Evidence-Based Physical Examination Kate Gawlik, Bernadette Mazurek Melnyk, Alice Teall, 2020-01-27 The first book to teach physical assessment techniques based on evidence and clinical relevance Grounded in an empirical approach to history taking and physical assessment techniques this text for healthcare clinicians and students focuses on patient well being and health promotion It is based on an analysis of current evidence up to date guidelines and best practice recommendations It underscores the evidence acceptability and clinical relevance behind physical assessment techniques Evidence Based Physical Examination offers the unique perspective of teaching both a holistic and a scientific approach to assessment Chapters are consistently structured for ease of use and include anatomy and

physiology key history questions and considerations physical examination laboratory considerations imaging considerations evidence based practice recommendations and differential diagnoses related to normal and abnormal findings Case studies clinical pearls and key takeaways aid retention while abundant illustrations photographic images and videos demonstrate history taking and assessment techniques Instructor resources include PowerPoint slides a test bank with multiple choice questions and essay questions and an image bank This is the physical assessment text of the future Key Features Delivers the evidence acceptability and clinical relevance behind history taking and assessment techniques Eschews traditional techniques that do not demonstrate evidence based reliability Focuses on the most current clinical guidelines and recommendations from resources such as the U S Preventive Services Task Force Focuses on the use of modern technology for assessment Aids retention through case studies clinical pearls and key takeaways Demonstrates techniques with abundant illustrations photographic images and videos Includes robust instructor resources PowerPoint slides a test bank with multiple choice questions and essay questions and an image bank Purchase includes digital access for use on most mobile devices or computers

Physical Therapy Documentation Mia Erickson, Mia L. Erickson, Rebecca McKnight, Ralph Utzman, 2008 Complete accurate documentation is one of the essential skills for a physical therapist This book covers all the fundamentals includes practice exercises case studies throughout

Guide to Clinical Documentation Debra D Sullivan, 2018-07-25 Understand the when why and how Here s your guide to developing the skills you need to master the increasing complex challenges of documenting patient care Step by step a straightforward how to approach teaches you how to write SOAP notes document patient care in office and hospital settings and write prescriptions You ll find a wealth of examples exercises and instructions that make every point clear and easy to understand

[The Complete Medical Scribe, E-Book](#) ABC Scribes, LTD, 2021-11-16 Expand your career opportunities with this concise all in one guide to a dynamic and growing healthcare career The Complete Medical Scribe A Guide to Accurate Documentation 3rd Edition provides the information you need to document patient health records accurately thoroughly and efficiently Coverage includes activities such as creating a note recording a patient history and review of systems documenting diagnostic tests and therapeutic procedures and noting follow ups for labs or imaging A strong foundational knowledge of anatomy and body systems is emphasized Written by two medical doctors in conjunction with the experts at ABC Scribes this comprehensive resource will prepare you to become an essential member of the healthcare team in a variety of settings Comprehensive coverage includes everything you need to know to work as a medical scribe including medical law and ethics safety and infection control health record documentation billing and reimbursement requirements medical terminology basics and detailed body system coverage Clinical scenarios represent common situations and promote real world application of the scribe s function Case studies with questions test your comprehension and let you apply your knowledge to the clinical setting Review questions and exercises within chapters and online provide opportunities for self quizzing to identify areas of strength and areas of

focus Nearly 200 colorful medical illustrations and photos depict subjects such as anatomy and physiology as well as online charting within the electronic health record EHR Detailed instructional videos online simulate medical practice using real doctor patient encounters that progress logically through each part of the EHR Notes boxes emphasize practice dos and don'ts along with on the job realities

Documentation for Athletic Training Jeff G. Konin, Margaret Frederick Thompson, 2024-06-01 Documentation for Athletic Training Third Edition provides all the important and relevant information that a practicing athletic trainer needs to possess to provide accurate documentation These topics include legal considerations electronic medical records and numerous tips for effective verbal and written communication styles This Third Edition by Drs Jeff G Konin and Margaret Frederick Thompson continues to provide a plethora of standard templates to refer to as examples of the most commonly used forms in athletic training practice settings The authors represent decades of collective experience as clinicians educators and administrators and offer insight on the importance of timely and appropriate methods for athletic training documentation Documentation for Athletic Training Third Edition has strengthened chapters on electronic documentation and documentation for reimbursement These are continuously evolving areas that require an understanding of not just a single type of software system but rather a foundation of knowledge related to the principles of each Additionally a chapter has been added on contemporary type of documentation Communication in the forms of text messages social media and other common types of information sharing are discussed Features inside the Third Edition Learning objectives for each chapter Pearls of Wisdom on key points Discussion and study questions Worksheets and commonly used documentation forms Glossary of terms Symbols and medical terminology abbreviations Documentation for Athletic Training Third Edition continues to be the only textbook dedicated to the topic of documentation and presents a wide array of methods and forms providing students educators and clinicians with a multifaceted tool box for their documentation needs

Manual of Forensic Emergency Medicine Ralph Riviello, 2010 Manual of Forensic Emergency Medicine is a comprehensive guide to the clinical approach to criminal illness and injury This resource offers emergency care professionals the knowledge needed to make an accurate diagnosis of abuse neglect sexual assault or other conditions in which forensic investigation is needed This book offers information on victim services and resources available for patients as well as relevant aspects of the legal system This essential guide contains color photos a forensic glossary and forensic forms that can be used in a clinical practice Key Topics include Forensic Documentation Firearms Evidence Collection in the ED and Gang Violence

Clinical Clerkships Jeff Wiese, 2006 This concise pocket sized manual provides a guidebook for medical students entering their third and fourth or clinical clerkship years During these years a specific set of clinical skills are required as well as the ability to interact interpersonally with patients colleagues instructors and mentors in varying capacities This book provides in a straightforward simple manner essential information on all the skills needed to succeed in clinical rotations The book is written in an outline format and contains appealing elements such as mnemonics hot keys and numerous original

illustrations *Fundamentals of the Physical Therapy Examination: Patient Interview and Tests & Measures* Stacie J Fruth, 2025 *Fundamentals of the Physical Therapy Examination Patient Interview and Tests Measures* provides physical therapy students and clinicians with the fundamental step by step information needed to determine questions to ask and tests and measures to perform during a patient exam It is accompanied by Navigate Advantage to include an eBook and 75 instructional videos **Medical Documentation, Billing, and Coding for the Advanced Practice Nurse** Carol Berger, Theresa Galakatos, Nina A. Zimmermann, 2025-01-30 Written specifically for student and new nurse practitioners this guide presents the essentials of how to document code bill and get reimbursed for services provided in practice Coding is a core skill that requires practice and a nurse practitioner is responsible for the accuracy of codes submitted on a claim form This book covers the context and background for billing and coding how to document correctly the 2021 2023 evaluation and management coding changes specialty services the legal implications of coding and medical necessity Using a read it see it do it approach as a learning strategy the book includes case studies from a range of inpatient and outpatient settings and practice exercises to try out your skills Resources linked to updates on billing and coding rules are provided as an appendix to ensure the content can be applicable long term This text is an invaluable resource for students and nurse practitioners new to coding and billing *Fundamentals of the Physical Therapy Examination* Fruth, 2017-03-09 *Fundamentals of the Physical Therapy Examination Patient Interview and Tests Measures Second Edition* provides physical therapy students and clinicians with the necessary tools to determine what questions to ask and what tests and measures to perform during a patient exam This text utilizes a fundamental step by step approach to the subjective and objective portions of the examination process for a broad spectrum of patients This edition has been updated and revised to reflect the new APTA Guide 3 0 and the Second Edition also includes new and extensive coverage of goniometry and manual muscle testing techniques with more than 300 new photographs **Inclusive Care for Patients with Disabilities** Dorothy W. Tolchin, Claire Rushin, 2025-08-26 Individuals with disabilities comprise over a quarter of the U S population and are regularly cared for by clinicians in all specialties and settings *Inclusive Care for Patients With Disabilities A Practical Guide* edited by Drs Dorothy W Tolchin and Claire Rushin who launched Harvard Medical School s robust disability curriculum helps medical students residents fellows physicians and advanced practitioners acquire the knowledge and skills needed to provide welcoming accessible care for patients with disabilities This full color manual is a unique and valuable resource for study or for use at the point of care providing authoritative guidance to approaching the clinical encounter and beyond The book is authored by a team of interdisciplinary medical providers medical students and self advocates to provide targeted stakeholder engaged content appropriate for providers at any stage of training and practice **Clinical Examination, An Issue of Medical Clinics of North America** Brian Garibaldi, 2018-04-28 This issue of *Medical Clinics* guest edited by Dr Brian Garibaldi is devoted to Clinical Examination Articles in this issue include Introduction to the Clinical Examination The

Enduring Diagnostic Value of the Physical Exam The Physical Exam as Ritual Social Sciences in the Context of the Physical Exam The Hypothesis Driven Physical Exam The Role of Technology in the Clinical Exam 20 Clinical Reasoning at the Bedside The Outpatient Clinical Exam The Electronic Health Record and the Clinical Exam Communication and Ethics in the Clinical Exam Improving Observational Skills to Enhance the Clinical Exam The Role of Bedside Rounds in the Clinical Examination Communication with Patients from Culturally and Socially Diverse Populations Telemedicine and the Clinical Exam Clinical Skills Assessment in the 21st Century and Emerging Tools to Enhance Clinical Reasoning Skills IAFN Sexual Assault Nurse Examiner Certification Jacqueline Callari Robinson, 2020-10-16 The only authoritative resource to prepare for your SANE A or SANE P exams This long awaited guide is the only trusted resource for nurses preparing to take either the Sexual Assault Nurse Examiner exam for adults and adolescents SANE A or for pediatric patients SANE P Written and edited by expert forensic nurse clinicians and educators the book reflects all aspects of the International Association of Forensic Nurses IAFN SANE Education Guidelines and reflects the most recent 2019 SANE A and SANE P test blueprints This comprehensive resource encompasses all of the information required to pass the notably difficult exam including an extensive content review over 300 exam style Qsee inside for details **COMLEX Level 2-PE Review Guide** Mark Kauffman, 2010-10-25 COMLEX Level 2 PE Review Guide is a comprehensive overview for osteopathic medical students preparing for the COMLEX Level 2 PE Performance Evaluation examination COMLEX Level 2 PE Review Guide covers the components of History and Physical Examination found on the COMLEX Level 2 PE The components of history taking expected problem specific physical exam based on the chief complaint incorporation of osteopathic manipulation instruction on how to develop a differential diagnosis components of the therapeutic plan components of the expected humanistic evaluation and documentation guidelines The final chapter includes case examples providing practice scenarios that allow the students to practice the cases typically encountered on the COMLEX Level 2 PE These practice cases reduce the stress of the student by allowing them to experience the time constraints encountered during the COMLEX Level 2 PE This text is a one of a kind resource as the leading COMLEX Level 2 PE board review book Offers practical suggestions and mnemonics to trigger student memory allowing for completeness of historical data collection Provides a method of approach that reduces memorization but allows fluidity of the interview and exam process Organizes the approach to patient interview and examination and provides structure to plan development Describes the humanistic domain for student understanding of the areas being evaluated **Pediatric Acute Care** Beth Nachtsheim Bolick, Karin Reuter-Rice, Maureen A. Madden, Paul N. Severin, 2020-06-20 Selected for Doody's Core Titles 2024 in Critical Care Stay up to date on the latest evidence and clinical practice in pediatric acute care with the definitive textbook in the field Now in its second edition Pediatric Acute Care A Guide for Interprofessional Practice takes an evidence based interprofessional approach to pediatric acute care as it exemplifies the depth and diversity that's needed for the dynamic healthcare environments in which acutely ill children

receive care Coverage includes how to work with the pediatric patient and family major acute care disorders and their management emergency preparedness common acute care procedures and much more With contributions from more than 200 practicing clinicians and academic experts it represents a wide variety of disciplines including medicine nursing pharmacy child life nutrition law integrative medicine education public health and psychology among others The second edition also features the addition of new physician and nurse practitioner co editors as well as extensive content updates including updated evidence based content throughout the text the integration of the 2016 IPEC Core Competencies for Interprofessional Collaborative Practice a new full color design and new vivid illustrations throughout UNIQUE Interprofessional collaborative approach includes contributions from more than 200 practicing clinicians and academic experts from the U S and Canada including nursing medicine pharmacy child life nutrition law integrative medicine education public health and psychology Consistent organization within disorder chapters begins with a section on Physiology and continues with sections on Pathophysiology Epidemiology and Etiology Presentation Differential Diagnosis Diagnostic Studies and a Plan of Care that include Therapeutic Management Consultation Patient and Family Education and Disposition and Discharge Planning Comprehensive content spanning five units divides coverage into introductory information the approach to the pediatric patient and family major acute care disorders and their management emergency preparedness and common acute care procedures NEW Updated evidence based content has been added throughout to ensure that you re up to date on all topics needed to provide care for pediatric patients in acute inpatient emergency transport and critical care settings NEW Full color design and illustrations enhance learning and make content easier to navigate and digest NEW Integration of the 2016 IPEC Core Competencies ensure that you re learning the professional skills and protocols required for effective contemporary interprofessional collaborative practice UPDATED Streamlined procedures unit focuses more sharply on need to know content

[Fordney's Medical Insurance and Billing - E-Book](#) Linda M. Smith, 2024-08-07 Gain the skills you need to succeed in insurance coding and billing Fordney s Medical Insurance and Billing 17th Edition helps you master the insurance billing specialist s role and responsibilities in areas such as diagnostic coding procedural coding HCPCs coding medical documentation billing and collection Using clear explanations this book covers all types of insurance coverage commonly encountered in hospitals physicians offices and clinics Step by step guidelines lead you through the submission of electronic claims and paper claims as well as the job search and professional advancement Written by coding specialist and educator Linda M Smith this market leading text is a complete guide to becoming an efficient insurance billing specialist NEW HCPCs Coding chapter covers ambulance billing supply billing and certificates of medical necessity NEW Content on professionalism includes customer service conflict management diversity awareness leadership and other competencies to help you become an effective engaged and highly functioning employee NEW Additional content on medical decision making helps you select the appropriate evaluation and management codes under the current documentation

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Handbook of Information Security, Threats, Vulnerabilities, Prevention, Detection, and Management Hossein Bidgoli, 2006-03-13 The Handbook of Information Security is a definitive 3 volume handbook that offers coverage of both established and cutting edge theories and developments on information and computer security The text contains 180 articles from over 200 leading experts providing the benchmark resource for information security network security information privacy and information warfare *Kinn's The Medical Assistant - E-Book* Brigitte Niedzwiecki, Julie Pepper, P. Ann Weaver, 2019-09-24 More than any other product on the market the most successful Medical Assistants begin their careers with Kinn Trusted for more than 60 years Kinn s The Medical Assistant An Applied Learning Approach 14th Edition teaches you real world administrative and clinical skills essential for a career in the modern medical office always with a focus on application through unfolding case scenarios critical thinking questions and interactive exercises The reorganized 14th edition includes expanded content on medical office accounts collections banking and practice management as well as a new chapter reviewing medical terminology anatomy and physiology and pathology With an easy to read format and a full continuum of separately sold adaptive learning solutions real world simulations EHR documentation experience and HESI remediation and assessment you ll learn the leading skills to prepare for certification and a successful career in the dynamic and growing Medical Assisting profession Comprehensive coverage of all administrative and clinical procedures prepares you for a wide array of Medical Assisting jobs Nearly 185 step by step illustrated procedures with rationales break down how to perform critical skills for practice Applied approach to learning helps you use what you ve learned in a real world setting including case scenarios and critical thinking exercises Thorough EHR coverage with access to hands on activities incorporates use of SimChart for the Medical Office software designed to ensure that you are practice ready sold separately

Key vocabulary terms and definitions are presented at the beginning of each chapter and highlighted in text discussions
Summary of Learning Objectives serves as a checkpoint and study tool Patient education and legal and ethical features help relate content to practical use NEW Chapter reviews medical terminology anatomy and physiology and pathology to help you build a solid foundation NEW Reorganized and expanded content on medical office accounts includes collections banking and practice management NEW Artwork focused on the workings of a modern medical office includes updated illustrations and photographs of procedures and medical records NEW Expanded and updated sample certification exams help you practice and prepare for certification NEW Streamlined presentation refines organization and writing for easy comprehension NEW Coverage of patient centered care featured throughout textbook

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