



RÉGIS MARCON

Un chef
3 étoiles
s'invite
dans
votre
cuisine



Ses cours de cuisine,
toutes ses techniques de chef,
comme si vous y étiez !

CHÈNE 

Regis Marcon Etoiles Sinvite Cuisine

Puja Mehta



Regis Marcon Etoiles Sinvite Cuisine:

Un chef 3 étoiles s'invite dans votre cuisine Régis Marcon, 2015-09-30 Régis Marcon ses cours de cuisine toutes ses techniques de chef comme si vous y étiez Régis Marcon chef triplement étoilé du restaurant Régis Jacques Marcon Saint Bonnet Le Froid crin de nature entre Haute Loire et Haute Ardèche nous ouvre les portes de ses cours de cuisine A chaque saison venez vous vader avec lui dans les champs et les bois puis passez en cuisine et table autour de produits gîteux et tonnants reflets de la nature environnante Apprenez cuisiner et goûter l'agneau en croûte de foin de Cistre le minestrone de homard ou pour les plus audacieux la brochette de banane aux morilles et pain d'épices la tarte soufflée aux châtaignes et toutes ses recettes sublimant herbes et champignons devenus au fil des ans l'emblème de la maison Chaque recette est expliquée avec informations sur le produit astuces variantes et tours de mains Régis Marcon fait aussi un tour des ustensiles de pro des différents modes de cuisson et des sauces fumets bouillons indispensables pour bien cuisiner Tout cela c'est le chef qui vous le donne

Best of Régis Marcon Régis Marcon, 2015-03-12 Le meilleur de Régis et Jacques Marcon en 11 recettes Un véritable cours de cuisine en pas pas illustré Avec conseils et astuces Pour réussir ses recettes comme ces grands chefs

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