Outer conversation	Inner conversation
Therapist: [] Well, good afternoon. Is it the first time you have come to this therapy center?  Client: Hmmm.	
Therapist: Hmmm, yes, I don't know if you have an	
idea about where you are or how a therapy center works?	
Client: Na, no, not really. It is just the doctor who gave me this address and telephone number. The lady	
just said that I had to come here at this time and for the rest	
Therapist: Oh, yes, OK. (00.45)	(00.45)
Maybe I will briefly explain about this center and how it works and, euh, maybe if you also euh, you can pose me the question you have	I feel tense. I think to make a good sta that the client feels
Client: Ah yes, OK.	as much as possibl

# **Sample Mock Therapy Dialogue For Depression**

**Daniel F McAuley** 

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