

Diabetes Cheat Sheet



tl:dr pharmacy
pharmacy simplified

Do You Have Diabetes?

Take Any of the Following Tests:

Hemoglobin A1c ≥5.5%†	Fasting Glucose Test ≥126 mg/dL‡	Glucose Tolerance Test ≥200 mg/dL‡	Random Glucose Test ≥200 mg/dL‡
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Any of the Above True ≥ 2 Days? That, Son, Is How You Get Diabetes.

Hypoglycemia Management

Defined As: Blood Glucose < 70 mg/dL

Symptoms: Sweating, Tremor, Hunger, HA, AMS

Can Take PO?

Can't Take PO?

15 gm Carbs
(3-4 Glucose Tabs, 1/2 Cup
Juice, Non-Diet Soda)

IV Access?

D50% (25 mL / 12.5 gm IV
Push)

No IV Access?

Glucagon 1 mg
PO

Wait 15 Minutes, Check Glucose

Repeat Dose Until BG > 70 mg/dL

Drug Interactions

Diabetes Drug	Interacting Drug(s)	Mechanism
Repaglinide	2C8 Inhibitors: Gemfibrozil Fluconazole Niacitidine Delvirdine Ketoconazole	Repaglinide is a 2C8 substrate (decreased metabolism, may increase concentration and hypoglycemic effect).
Sulfonylureas Nateglinide	2C9 Inhibitors: Fluconazole Trimethoprim Amiodarone Zafirlukast	Sulfonylureas and Nateglinide are 2C9 substrates (decreased metabolism, may increase concentration and hypoglycemic effect).
Repaglinide	3A4 Inhibitors: Macrolides (NOT Azithromycin) Voriconazole Diltiazem Itraconazole Ketoconazole Fluoxetine Fluvoxamine HIV Protease Inhibitors Delavirdine	Repaglinide is a 3A4 substrate (decreased metabolism, may increase concentration and hypoglycemic effect).
Acarbose	Digoxin	Acarbose may decrease digoxin absorption, leading to decreased Digoxin levels.

Drugs with Potential Weight Gain Effect

Insulin	Sulfonylureas	Meglitinides	Thiazolidinediones*
(All)	Chlorpropamide Glibenclamide Glyburide Gliclazide	Repaglinide Nateglinide	Pioglitazone Rosiglitazone

*More likely due to potential fluid retention, not fat

Basic Treatment Considerations

A1c Goal: 6.5% (AAACE) or 7% (ADA)

Non-Insulin Dependent: Initiate with Metformin
Insulin Dependent: Initiate with Insulin

For A1c ≥9% (ADA) or ≥7.5% (AAACE), consider multiple agents

Drug	A1c Effect	Note
Metformin	1 - 1.5%	Monotherapy
Insulin	0.9 - 1.1%	Varies, No Max Dose
SGLT2 Inhibitors	0.7 - 1%	
GLP-1 Agonists	1%	
DPP-IV Inhibitors	0.7%	
Meglitinides	0.7%	
Sulfonylureas	0.8%	
Thiazolidinediones	0.8%	
Alpha Glucosidase Inhibitors	0.6 - 0.7%	
Pramlintide	0.36%	Must Take w/ Insulin

Drugs with Potential Cardiovascular Benefit

SGLT-2 Inhibitors	Empagliflozin
GLP-1 Agonists	Liraglutide Semaglutide

Drugs with Potential Weight Loss Benefit

Biguamides	Metformin
SGLT-2 Inhibitors	Canagliflozin Empagliflozin Dapagliflozin Ertugliflozin
GLP-1 Agonists	Esemotide Liraglutide Semaglutide

Drugs That May Cause Hypoglycemia

Insulin	(All)
Sulfonylureas	Chlorpropamide Glibenclamide Glyburide Gliclazide
Meglitinides	Repaglinide Nateglinide

Agents Possibly Used for DM

Bile Acid Sequestrants	Colesevelam
Dopamine Agonist	Bromocriptine

Quick Guide To Diabetes Medications

Minjie Lin



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