

Basketball Shooting/Dribbling

Kings/Queens of the Court

@pe4everykid

Equipment: 1 basketball per student, 6 basketball hoops

Set-up: Students in 6 groups. They choose one hoop to shoot at (line up near free throw line).

Game Play: When the music starts, students begin shooting at their hoop. If they make it, that counts as 1 point for their team. If they miss, they go to the end of their line and get ready to shoot again. Once a team has scored 10 points total, they go to the middle circle (center court) and practice dribbling. They are now the Kings/Queens of the Court. Once another team reaches 10 points, they come to the middle and knock out the previous team becoming the new Kings/Queens of the Court. Play continues until the song is over/or time is up. Whichever team is in the middle when the game ends is the winner!



Physical Education Learning Packets 4 Basketball Answers

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