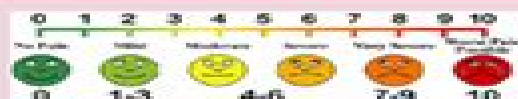


Introduction

PEG: A Three-Item Scale Assessing Pain Intensity and Interference

1. Pain Level on Average Past Week



1. What number best describes your pain on average in the past week?

2. How Pain has Interfered



What number best describes how, during the past week, pain has interfered with your enjoyment of life?

3. How Pain Interfered with General Activities



What number best describes how, during the past week, pain has interfered with your general activities?

Computing the PEG Score

To compute the PEG score, add the 3 responses to the questions above, then divide by 3 to get a final score out of 10.

The final PEG score can mean very different things to different patients. The PEG score, like most other screening instruments, is most useful in tracking changes over time. The PEG score should decrease over time after therapy has begun.

Checklist

When **CONSIDERING** long-term opioid therapy

Set realistic goals for pain and function based on diagnosis (e.g. walk around the block).

- ☐ Check that non-opioid therapies tried and optimized.
- ☐ Discuss benefits and risks (eg, addiction, overdose) with patient.
- ☐ Evaluate risk of harm or misuse.

Checklist (cont)

- Discuss risk factors with patient.
- Check prescription drug monitoring program (PDMP) data.
- Check urine drug screen.
- ☐ Set criteria for stopping or continuing opioids.
- ☐ Assess baseline pain and function (eg, PEG score).
- ☐ Schedule initial reassessment within 1–4 weeks.
- ☐ Prescribe short-acting opioids using lowest dosage on product labeling; match duration to scheduled reassessment.
- If RENEWING without patient visit**
 - ☐ Check that return visit is scheduled < 3 months from last visit
- When REASSESSING at return visit**

Continue opioids only after confirming clinically meaningful improvements in pain and function without significant risks or harm.

 - ☐ Assess pain and function (eg, PEG); compare results to baseline.
 - ☐ Evaluate risk of harm or misuse:
 - Observe patient for signs of over-sedation or overdose risk.
 - If yes: Taper dose.
 - Check PDMP.
 - Check for opioid use disorder if indicated (eg, difficulty controlling use).
 - If yes: Refer for treatment.
 - ☐ Check that non-opioid therapies optimized.
 - ☐ Determine whether to continue, adjust, taper, or stop opioids.
 - ☐ Calculate opioid dosage-morphine milligram equivalent (MME).
 - If ≥ 50 MME/day total (≥ 50 mg hydrocodone; ≥ 33 mg oxycodone), increase frequency of follow-up; consider offering naloxone.
 - Avoid ≥ 90 MME /day total (≥ 90 mg hydrocodone; ≥ 60 mg oxycodone), or carefully justify; consider specialist referral.
 - ☐ Schedule reassessment at regular intervals (≤ 3 months)



Pain Assessment Guide Cheat Sheet

Geoffrey C. Gurtner, Peter C. Neligan

A red circular graphic with a gradient, appearing as a partial circle or a thick curved line, located to the right of the authors' names.

Pain Assessment Guide Cheat Sheet:

A Guide to Pain Medicine Joseph Chuan Shih Yang, Siu Lun Tsui, 2002-05-01 Pain is the most common symptom when sickness occurs. The treatment of any illness is directed towards both the cure of underlying pathology and the decrease of suffering. Every health care provider should be familiar with pain medicine. In the last decade an overwhelming amount has been added to our knowledge of pain and its management. By contrast with the textbooks on this complex subject, *A Guide to Pain Medicine* is intended to be a convenient practical reference. It provides up to date information on specific topics of frequent relevance to the work of the general practitioner. The book is designed for clear presentation of the pertinent facts and recent advances on pain medicine. As such it also serves as a primer for more comprehensive study. The reader is encouraged to bring the book to the clinic and ward for reading and reference. In this way a firm foundation for pain medicine could be acquired.

Pain Assessment and Pharmacologic Management - E-Book Chris Pasero, Margo McCaffery, 2010-10-04 *Pain Assessment and Pharmacologic Management* by highly renowned authors Chris Pasero and Margo McCaffery is destined to become the definitive resource in pain management in adults. It provides numerous reproducible tables, boxes, and figures that can be used in clinical practice and emphasizes the benefits of a multimodal analgesic approach throughout. In addition, Patient Medication Information forms for the most commonly used medications in each analgesic group can be copied and given to patients. This title is an excellent resource for nurses to become certified in pain management. Presents best practices and evidence based guidelines for assessing and managing pain most effectively with the latest medications and drug regimens. Features detailed step by step guidance on effective pain assessment to help nurses appropriately evaluate pain for each patient during routine assessments. Provides reproducible tables, boxes, and figures that can be used in clinical practice. Contains Patient Medication Information forms for the most commonly used medications in each analgesic group to be copied and given to patients. Offers the authors' world renowned expertise in five sections: Underlying Mechanisms of Pain and the Pathophysiology of Neuropathic Pain includes figures that clearly illustrate nociception and classification of pain by inferred pathology. Assessment includes tools to assess patients who can report their pain as well as those who are nonverbal such as the cognitively impaired and critically ill patients. Several pain rating scales are translated in over 20 languages. Nonopioids includes indications for using acetaminophen or NSAIDs and the prevention and treatment of adverse effects. Opioids includes guidelines for opioid drug selection and routes of administration and the prevention and treatment of adverse effects. Adjuvant Analgesics presents different types of adjuvant analgesics for a variety of pain types including persistent chronic pain, acute pain, neuropathic pain, and bone pain. Prevention and treatment of adverse effects is also covered. Includes helpful Appendices that provide website resources and suggestions for the use of opioid agreements and for incorporating pain documentation into the electronic medical record. Covers patients from young adults to frail older adults. Provides evidence based practical guidance on planning and implementing pain management in accordance with

current TJC guidelines and best practices Includes illustrations to clarify concepts and processes such as the mechanisms of action for pain medications Features spiral binding to facilitate quick reference Pain Margo McCaffery,Chris Pasero,1999 Pain Clinical Manual advocates an interdisciplinary approach to the care of patients with often under treated pain This book makes the application to scientific knowledge to the development of practical tools and guidelines for the care of patients in all clinical settings and all age groups Provides ready to use forms and recommendations for pain care committees to assist health care facilities to prepare for JCAHO inspections Includes two FREE pocket size laminated cards equianalgesic charts to assist clinicians with dose calculations when changing routes of administration or analgesics and dosing guides to commonly used adjuvants and nonopioids Includes FREE access to Mosby s PAIN WEBSITE The most clinically useful book ever published on pain written by authorities who helped establish the pain management movement Includes 11 new chapters and five expanded and updated chapters to provide the most accurate up to date and comprehensive pain management information Includes icons to alert the reader to important need to know information such as pediatric content patient examples and reproducible material Features over 200 boxes and tables to help quickly locate key information and apply complex concepts at the bedside Presents a unique multidisciplinary perspective Provides ready to use practical proven and reproducible tools pain assessment and documentation forms and guides to analgesic use Contains patient information handouts on analgesics and nondrug methods of pain relief to educate the patient family caregiver about the patient s specific pain management Includes reproducible key policies procedures and protocols to assist the clinician in implementing patient focused interdisciplinary pain management Presents pharmacology content in four chapters the three analgesic groups and an overview of how to combine them to provide a readily understandable reference and practical resource Includes quick guides with illustrations of selected pain problems such as pain related to sickle cell disease peripheral neuropathy and fibromyalgia Contains pain rating scales in over 20 languages to enhance patient clinician communication in culturally diverse populations *The Long-term Care Nursing Desk Reference* Barbara Acello,2005 From pain assessment methods to intravenous drip calculations the Long Term Care Nursing Desk Reference offers long term care nurses virtually every tool they need to provide high quality regulation compliant long term resident care Written by accomplished author and speaker Barbara Acello MS RN this authoritative reference is jam packed with practical need to know patient care information essential policies and procedures and vital regulatory and safety requirements In short the Long Term Care Nursing Desk Reference is the book you and your nurses have been waiting for **The Psychiatric Cheat Sheet** Harsha Willow Ramsey,2024-12-30 Master Psychiatric Nursing and Mental Health Care with Confidence Are you looking for a trusted resource to deepen your knowledge of mental health care refine your clinical skills and prepare effectively for exams This comprehensive guide is designed for nursing students mental health practitioners and educators who seek clarity practical tools and actionable insights to excel in the field of psychiatric nursing Packed with evidence based practices

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[Pain Medicine](#) Siu Lun TSUI, Phoon Ping CHEN, Kwok Fu Jacobus Ng, 2010-08-01

This is designed as a textbook for medical practitioners preparing for higher qualification examinations in pain medicine as well as a reference book for other medical and allied healthcare workers

A unique feature of the book is its multidisciplinary approach to manage pain

This is reflected by the contributors multi national cultural origin and the diversity in their medical background

anaesthesiology neurosurgery orthopaedic surgery internal medicine clinical oncology clinical psychology nursing physiotherapy and occupational therapy

Essential topics in pain medicine are grouped under five sections

- scientific basis of pain medicine
- common clinical pain conditions
- pain pharmacology
- interventional procedures and multidisciplinary approach

Different aspects and approaches in modern pain medicine are covered including advances in research on pain mechanism

- pain psychology
- epidemiology
- diagnosis
- pain assessment
- patient evaluation
- pain medications
- up to date interventional procedures
- cognitive behavioral therapy and other specialized therapeutic modalities

Besides the above topics which assist the patient in fighting acute chronic and cancer pain there are two chapters dedicated to paediatric and geriatric patients respectively as special consideration is needed for these age groups

Health Assessment and Physical Examination Mary Ellen Zator Estes, Pauline Calleja, Karen Theobald, Theresa Harvey, 2019-10-24

Health assessment is an ongoing process that evaluates the whole person as a physical

psychosocial and functional being whether they are young or old well or ill This market leading text presents health assessment physical examination information and skills for health professionals who undertake these types of assessments Health Assessment and Physical Examination is scaffolded from foundation to more advanced health assessment following a body systems approach and a head to toe approach It uses the ENAP Examine Normal Abnormal Pathophysiology approach as a tool for students to collect useful information An applied case study at the end of each chapter walks students through an example of an assessment This comprehensive yet student friendly text is noted for its high quality case studies pedagogical elements and excellent student resources Unique to this text are the advanced topics and Urgent findings which highlights serious or life threatening signs or critical assessment findings that need immediate attention Coders' Specialty Guide 2026: Pain Management AAPC,2026-01-31 As unique as pain management is among medical specialties coding for pain management is uniquely difficult But we have the perfect solution to boost your reporting accuracy and ensure your claims establish medical necessity What s more we ll also help you boost your productivity It s all in the intelligently designed easy access layout of the Coders Specialty Guide 2026 Pain Management You can rely on this resource to conveniently get all the code info you need for clean audit ready claims CPT to ICD 10 CM crosswalks procedural illustrations NCCI edits global indicators RVUs and more We ve even included descriptions of procedures in easy to understand terms along with coding tips for faster on target pain management coding Error proof your claims with everything you need at your fingertips Pain management CPT and HCPCS Level II procedure and service codes including 2026 new and revised codes Official descriptors for Category I III codes for simpler code selection Lay term explanations to help you understand complex procedures Insider coding and billing tips for reporting specific CPT codes Updated Medicare reimbursement rates for physicians and hospitals RVUs for facility and non facility for more accurate payments Modifier crosswalks NCCI edits for easier bundling decisions Helpful indicators global days diagnostic tests and more Pain management terminology with easy to understand definitions Quick view ICD 10 CM crosswalks to check medical necessity Index of all specialty codes with page numbers for simpler code lookup Dictionary style headers with code ranges on each page Detailed anatomical illustrations Stay on top of CPT changes and reap prompt and equitable reimbursement with the Coders Specialty Guide 2026 Pain Management CPT is a registered trademark of the American Medical Association

Veterinary Technician and Nurse's Daily Reference Guide Mandy Fults,Kenichiro Yagi,2022-04-26 The revised and expanded new edition of this classic reference to daily skills used by veterinary technicians Veterinary Technician and Nurse s Daily Reference Guide Canine and Feline provides rapid access to the information veterinary technicians need in clinical practice With an easy to use tabular format the book covers diagnostic and patient care skills diseases and conditions preventive care anatomy anesthesia and all other major areas of veterinary technician education and training Chapters written by experienced veterinary specialists integrate charts tables and concise explanatory text to enable quick and

efficient retrieval of information Focusing on practical skills and knowledge the fourth edition features extensively revised material incorporating the latest developments evidence based guidelines and best practices in veterinary medicine Brand new chapters describe licensure and certifications in veterinary technology and discuss nursing theory and science and its relation to veterinary nursing Expanded and updated coverage includes novel therapeutics in dermatology vaccination standards pain assessment and management stress free handling and nursing care strategies RECOVER CPR guidelines and more Equally useful in the classroom and in the clinic this popular quick reference guide Provides new and updated content including coverage of advancements in diagnostic capabilities and of pharmacologic agents used in treatment and management of disease states Contains hundreds of clear illustrations and high quality photographs Includes a comprehensive table of contents in each chapter Features a companion website with forms and worksheets self review questions vocabulary flashcards links to online resources and PowerPoint slides Veterinary Technician and Nurse s Daily Reference Guide Canine and Feline Fourth Edition remains an invaluable resource for both student and practicing veterinary technicians and nurses of all skill and experience levels **Clinical Practice Guideline** ,1992 **Charting Made Incredibly Easy!** Lippincott,2012-03-29 In its Fourth Edition Charting Made Incredibly Easy provides up to the minute guidelines on documentation in a comprehensive clear concise practical and entertaining manner The book reviews the fundamental aspects of charting such as the medical record the nursing process and legal and professional requirements guidelines for developing a solid plan of care and the variety of charting formats currently being used It also addresses the specific requirements for charting in acute care home care and long term care and rehabilitation settings Special elements found throughout the book make it easy to remember key points This edition includes new information on cultural needs assessment HIPAA National Patient Safety Goals and electronic health records *The Long-Term Care Legal Desk Reference* Barbara Acello,2006 **Textbook of Palliative Nursing** Department of Nursing Education and Research City of Hope National Medical Center Betty R. Ferrell Research Scientist,Supportive Care Program Nessa Coyle Director, Pain & Palliative Service Department of Neurology Memorial Sloan-Kettering Cancer Center,2005-11-10 Originally published in 2001 the Textbook of Palliative Nursing has become the standard text for the field of hospice and palliative care nursing In this new edition the authors and editors have updated each chapter to ensure that the content is evidence based and current references are included They also have retained the important focus on case studies throughout the text and practical clinically relevant tables figures and other resources Like the previous edition this text has an introductory section of the general principles of palliative care followed by a comprehensive section on symptom assessment and management encompassing twenty one different symptoms Other key sections include psychosocial support and spiritual care providing holistic perspective on care of patients facing advanced disease The text also includes an innovative section on special populations addressing those most in need of palliative care The textbook is a useful resource for all nurses with the

excellent section on end of life care across settings In this new edition the pediatric palliative care section has been greatly expanded and includes seven separate chapters on pediatric care It includes a section on special issues addressing topics such as ethical considerations nursing research and public policy perspectives and concludes with a section presenting models of excellence including six international models This edition also offers a narrative on dying based on a spouse's perspective The text includes an appendix with an extensive list of resources for nurses in the field **Connections**, 2001

Quality Assurance and Performance Improvement Emmanuel Anene, 2012-03-05 This book is intended to aid home health owners administrators and managers in practicing good goal directed and efficient care of their patients It is my intention that if this book is properly put to use by all home health care professionals the home health agencies and their patients will benefit immensely Home Health Care has and will continue to undergo changes The use of qualified staff and the effective management of the agencies by their owners and administrators through knowledge and understanding of home health rules and regulations is key to coping with the changes *The Royal Marsden Manual of Cancer Nursing Procedures* Sara Lister, Lisa Dougherty, Louise McNamara, 2018-10-02 The Royal Marsden is the world's first hospital dedicated to cancer diagnosis treatment research and education a centre of excellence with an international reputation for ground breaking research and pioneering the very latest in cancer treatments and technologies as well as specialising in cancer diagnosis and education This companion volume to the internationally successful The Royal Marsden Manual of Clinical Nursing Procedures is designed to support practitioners who work specifically with oncology patients by providing detailed evidence based procedures and rationale and problem solving guidance on all aspects of oncology nursing The Royal Marsden Manual of Cancer Nursing Procedures is organized and structured to represent the needs of the patient along their care pathway Provides the latest evidence underpinning all procedures Includes information on haematological procedures pain assessment and management wound care oncological emergencies and end of life care Gives detailed guidelines on supporting patients living with cancer with practical information on such things as benefits exercise and nutrition The Royal Marsden Manual of Cancer Nursing Procedures is an invaluable definitive resource for all those involved in the provision of cancer care and support to patients and their families **The Royal Marsden Manual of Clinical Nursing Procedures** Lisa Dougherty, Sara Lister, 2015-03-05 Nationally recognised as the definitive guide to clinical nursing skills The Royal Marsden Manual of Clinical Nursing Procedures has provided essential nursing knowledge and up to date information on nursing skills and procedures for over 30 years Now in its 9th edition this full colour manual provides the underlying theory and evidence for procedures enabling nurses to gain the confidence they need to become fully informed skilled practitioners Written with the qualified nurse in mind this manual provides up to date detailed evidence based guidelines for over 200 procedures related to every aspect of a person's care including key information on equipment the procedure and post procedure guidance along with full colour illustrations and photos Following extensive market research this ninth edition

contains the procedures and changes in practice that reflect modern acute nursing care includes thoroughly reviewed and updated evidence underpinning all procedures is organised and structured to represent the needs of a patient along their care pathway integrates risk management into relevant chapters to ensure it is central to care contains revised procedures following hands on testing by staff and students at Kingston University is also available as an online edition **Plastic Surgeon: 6 Volume Set - E-Book** Peter C. Neligan, 2023-09-25 Comprehensive and fully up to date Dr Peter Neligan's six volume masterwork Plastic Surgery 5th Edition remains the gold standard text in this complex area of surgery Completely revised to meet the demands of both the trainee and experienced surgeon it features new full color clinical photos procedural videos and lectures across all six volumes Bonus material online includes additional text images and over 200 procedural videos that help you improve your mastery of the latest techniques Easily find the answers you need with an organization that features separate volumes covering Principles Aesthetic Craniofacial Head and Neck Surgery and Pediatric Plastic Surgery Lower Extremity Trunk and Burns Breast and Hand and Upper Extremity Each easily readable individual volume is a standalone comprehensive text full of salient and applicable anatomy and techniques Key procedures include gender affirmation management and surgery microsurgery and surgery for lymphedema aesthetic facial surgery aesthetic body surgery and the education training and practice of plastic surgery New digital video preface by Dr Neligan addresses the changes across all six volumes New treatment and decision making algorithms added to chapters where applicable New video lectures and editor narrated slide presentations offer a step by step audiovisual walkthrough of techniques and procedures Four new international experts join the editorial team and lead editor Peter C Neligan creates a cohesive tone throughout the chapters and content across all six volumes Evidence based advice from a diverse collection of experts allows you to apply the very latest advances in every area of plastic surgery and ensure optimal outcomes Purchase only the volumes you need or own the entire set with the ability to search across all six volumes online **Plastic Surgery E-Book** Geoffrey C. Gurtner, Peter C. Neligan, 2023-08-31 Selected for Doody's Core Titles 2024 in Plastic and Reconstructive Surgery Comprehensive and fully up to date the six volume Plastic Surgery remains the gold standard text in this complex area of surgery Completely revised to meet the demands of both the trainee and experienced surgeon Principles Volume 1 of Plastic Surgery 5th Edition features new full color clinical photos procedural videos lectures and authoritative coverage of hot topics in the field Editor narrated video presentations offer a step by step audio visual walkthrough of techniques and procedures New chapters cover value based healthcare health services research in plastic surgery education and teaching in plastic surgery and gender affirming surgery coverage throughout includes new pioneering translational work shaping the future of plastic surgery New digital video preface by Dr Peter C Neligan addresses the changes across all six volumes New treatment and decision making algorithms added to chapters where applicable New video lectures and editor narrated slide presentations offer a step by step audiovisual walkthrough of techniques and procedures Evidence based advice from an

expanded roster of international experts allows you to apply the very latest advances in plastic surgery and ensure optimal outcomes Purchase this volume individually or own the entire set with the ability to search across all six volumes online

Clinical Care Classification (CCC) System Manual Virginia Saba, 2006-10-09 Designated a Doody's Core Title The Preeminent Nursing Terminology Classification System The Clinical Care Classification CCC System described in this manual is the only standard coded nursing terminology that is based on sound research using the nursing process model framework and that meets the Patient Medical Record Information PMRI comparability requirement The CCC System allows patient care data generated by nurses to be incorporated into the PMRI database and enables nurses contributions to patient outcomes to be studied and acknowledged From the Foreword by Sheryl L Taylor BSN RN Senior Consultant Farrell Associates

TESTIMONIES ABC Coding Solutions Alternative Link developed ABC codes for nursing in collaboration with Dr Virginia Saba developer of the CCC system Approximately two hundred ABC codes were developed from the CCC System of Nursing Interventions to accurately document nursing and integrative health care processes classify and track clinical care and develop evidence based practice models thus filling significant gaps in older medical code sets Connie Koshewa Practitioner Relations Director ABC Coding Solutions Alternative Link The International Classification for Nursing Practice ICNP is a program of the International Council of Nurses ICN One of the first steps in the development of the ICNP was to collect and compare all the nursing concepts in existing nursing terminologies including the CCC To facilitate the goal of ICNP as a unified nursing language system a project is under way to map the CCC to the ICNP Version 1.0 This work will facilitate evaluation and ongoing development of both terminologies and allow ICN to compare data using CCC codes with data from other standard nursing terminologies Amy Coenen PhD RN FAAN Director ICNP Program International Council of Nurses

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