
Financial Impact of Divorce on Children and Their Families

Jay D. Teachman
Kathleen M. Paasch

Abstract

This article reviews the evidence pertaining to the financial impact of divorce on children and their families. While there is some variance as to the degree of change, the preponderance of evidence suggests that women and children experience substantial financial declines upon divorce while divorced men's relative income remains stable or even increases. Given this decline in women and children's economic status, the impact of public assistance programs is next considered followed by a discussion of child support and property settlements. The authors then present a discussion of roadblocks to economic recovery and recommend policies to improve the financial status of divorced mothers with children.

The preponderance of evidence suggests that, following divorce, custodial parents—almost always mothers—suffer considerable decline in economic well-being. Why is this so? To some degree, the economic distress suffered by mothers and children is structural. That is, given the nature of fixed costs (for example, housing and transportation), it is cheaper to live in one household than in two. Because two households are formed when a couple divorces, the same resources must now cover greater fixed costs. Moreover, costs attendant to marital disruption, such as legal fees and relocation costs, can drain either partner's financial reserves.¹

The situation for mothers and children is made more precarious by pre-existing differences in earning power. In general, fathers earn more than mothers partly because of greater human capital development and greater returns to this capital. When a man and woman live together, his earnings are shared more or less equally. After divorce, however, fathers are much less likely to share their earnings as equally, dramatically reducing the resources available to mothers and children, even if the mother works.

In this article, we review evidence pertaining to the financial impact of divorce on children and their families. We find that mothers and children often experience a substantial decline in income following a divorce. Fathers are much less likely to experience such a decline and often experience an increase in income, especially if one considers income relative to basic needs based on family size. Indeed, the fact that fathers are substantially less likely to experience a drop in economic well-being following divorce leads

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