

Spinal Cord Syndromes

Cervical Cord Syndromes



- Most commonly injured by a **trauma** or **compression** injury
- Symptoms at thoracic level are present up the L1, then the L1-L5
- Loss of proprioception, **temperature** in sensory distribution

Thoracic Cord Syndromes



- Most commonly caused by a **trauma** or **compression** injury
- Complete loss of pain & temperature sensation in sensory distribution below the level of lesion
- Some proprioception & vibration

Lumbar Cord Syndromes



- Most commonly caused by **damage** to the **thoracic** vertebrae
- Complete loss of proprioception, **temperature**, **vibration**, & **pain**
- Some vibration in lower

Cauda Equina Syndromes



- Caused by **damage** to **many** roots of the **thoracic** & **lumbar** spinal system
- Loss of vibration in **lower** extremities
- Can cause **incontinence** in the groin (saddle anesthesia)

Conus Medullaris Syndromes



- Most commonly caused by **compression** fracture
- Asymmetric** loss of motor function, **temperature**, **vibration**, & **proprioception** in lower extremities
- Complete loss of pain, temperature, & vibration

Conus Medullaris Syndromes



- Caused by **damage** to the **thoracic** spinal roots of spinal cord
- Complete loss of motor function, **temperature**, **vibration**, & **proprioception** in lower extremities

Spinal Cord Injury

The American Spinal Injury Association (ASIA) Impairment Scale

The ASIA Impairment Scale is a standardized neurological examination used to assess motor & sensory impairment following a spinal cord injury.

A

COMPLETE INJURY

- ✗ sensory function below lesion
- ✗ sensory function below lesion

B

INCOMPLETE INJURY

- ✗ sensory function below lesion
- ✓ sensory function below lesion

C

INCOMPLETE INJURY

- ✓ sensory function below lesion
- ✓ sensory function below lesion

muscle grade $\leq$ 3/5

D

INCOMPLETE INJURY

- ✓ sensory function below lesion
- ✓ sensory function below lesion

muscle grade $\geq$ 3/5

FUNCTION REMAINS

- ✓ sensory function below lesion
- ✓ sensory function below lesion

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Myelomeres & Functions

Level	Autonomic/Physiologic Function	Motor
C1-C2	Upper extremity sensory control, swallowing, neck motion	Independent in most activities, independent in dressing, some arm independence in reaching, can use independent manipulators, can use shoulder manipulator (no flexion)
C4	Shoulder, elbow, fingers	Independent manipulators, can use shoulder manipulator (no flexion)
C5	Shoulders, elbows, wrists, hands, head/neck, partial thorax	Independent in most activities, can use shoulder manipulator (no flexion), can use elbow manipulator (no flexion), can use wrist manipulator (no flexion)
C6	Forearm, wrist, sensation, sensation, proprioception, sensation, sensation, sensation	Independent in most activities, can use shoulder manipulator (no flexion), can use elbow manipulator (no flexion), can use wrist manipulator (no flexion)
C7	Forearm, wrist, sensation, sensation, proprioception, sensation, sensation, sensation	Independent in most activities, can use shoulder manipulator (no flexion), can use elbow manipulator (no flexion), can use wrist manipulator (no flexion)
C8	Forearm, wrist, sensation, sensation, proprioception, sensation, sensation, sensation	Independent in most activities, can use shoulder manipulator (no flexion), can use elbow manipulator (no flexion), can use wrist manipulator (no flexion)
T1-T12	Control of posture, sensation, sensation, sensation, sensation, sensation, sensation	Independent in most activities, can use shoulder manipulator (no flexion), can use elbow manipulator (no flexion), can use wrist manipulator (no flexion)
L1-L5	Independent in most activities, can use shoulder manipulator (no flexion), can use elbow manipulator (no flexion), can use wrist manipulator (no flexion)	Independent in most activities, can use shoulder manipulator (no flexion), can use elbow manipulator (no flexion), can use wrist manipulator (no flexion)

Spinal Cord Injury Levels

C1-C2	neck flexion & extension, no posture
C3	limited neck flexion, no arm/shoulder
C4	shoulder extension/manipulation, no shoulder flexion
C5	shoulder able to flexion, flexion, no arm/shoulder extension
C6	arm/shoulder, no arm/shoulder
C7	elbow, wrist, forearm, no fingers
C8	shoulder flexion, shoulder abduction, no fingers flexion, no arm
T1	fingers, shoulder
T2-T12	arm/shoulder
L1-L2	leg flexion
L3	leg flexion
L4	shoulder flexion, no arm/shoulder
L5	leg flexion, no arm
S1	leg flexion
S2	shoulder flexion, no arm/shoulder

Based on the ASIA Grade A (complete) injury. Specific functions will vary by ASIA level.

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CL Gary



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