



Bell pepper, Coriander, and Chicha Morada Warabi Mochi

Warabi mochi is a chewy dessert made from warabi starch, a starch extracted from the root of the warabi fern. Typically eaten the night Japanese celebrate, with freshly roasted sweetpotato congee and black sugar syrup, it has an old-fashioned charm.

HOW TO PREPARE EACH

BELL PEPPER WARABI MOCHI

1/2 cup (120 g) sugar, roughly chopped
1/2 cup water
1/2 cup warabi starch
1/2 cup water

For the filling, use 1/2 cup roughly chopped red bell pepper, 1/2 cup water, and 1/2 cup granulated sugar.

CORIANDER WARABI MOCHI

1/2 cup (120 g) sugar, roughly chopped
1/2 cup water
1/2 cup warabi starch
1/2 cup water

For the filling, use 1/2 cup coriander leaves, 1/2 cup water, and 1/2 cup granulated sugar.

CHICHA MORADA WARABI MOCHI

1/2 cup (120 g) sugar
1/2 cup water
1/2 cup warabi starch
1/2 cup water

For the filling, use 1/2 cup chicha morada syrup, 1/2 cup granulated sugar, and 1/2 cup water.

Measuring accuracy is critical when making warabi mochi.

For the Bell Pepper Warabi Mochi, make the filling first. Place the bell pepper (20 g) and water (20 ml) in a food processor and mix until pulsed. Place the sugar and water (20 g) in a saucetpan and melt the sugar. Cook to room temperature and transfer to the refrigerator to chill.

Place the bell pepper (20 g) into a food processor and mix by adding water (20 ml) little by little, until pulsed. Place the pulse, water mochi, and sugar (20 g) in another food processor and mix until the mixture spreads over the heat, until the mixture thickens. Cook to room temperature.

Stretch the warabi mochi dough and filling into squares each. Push the dough a little, cut a filling in the center, and gently shape into a ball.

For the Chicha Morada Mochi, place the chicha morada in a food processor and mix by adding water (20 ml)

until pulsed in a saucetpan, add the chicha morada, water mochi, sugar, and water (20 ml). Mix with a wire whisk. For the mixture using spatula over low heat, until the mixture thickens. Cook to room temperature. Form into balls as for the bell pepper warabi mochi.

For the Chicha Morada Warabi Mochi, make the filling first. Place the pulse chicha morada (20 g), sugar powder in a saucetpan and heat until the sugar and sugar powder dissolves. Cook to room temperature and transfer to the refrigerator to chill.

Place the chicha morada, water, water mochi, and sugar (20 g) in a saucetpan and stir the mixture using spatula over low heat, until the mixture thickens. Cook to room temperature. Form into balls as for the bell pepper warabi mochi.

Warabi mochi can be substituted with kaniwa or yamamochi.

They do not keep long, so eat soon after making them. It's filled in the refrigerator, they turn white and tough.

Nobu The Cookbook

Taras Grescoe



Nobu The Cookbook:

Reviewing **Nobu The Cookbook**: Unlocking the Spellbinding Force of Linguistics

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