

The New Sleep Scoring Manual—The Evidence Behind The Rules

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The seven manuscripts that comprise this issue of the *Journal of Clinical Sleep Medicine* are designed as evidence review papers to provide the underpinnings for “The AASM Manual for the Scoring of Sleep and Associated Events: Rules, Terminology, and Technical Specifications” that is being simultaneously published as a separate volume. The rules and specifications of the manual are based on either 1) high levels of evidence from the review papers or, when evidence is insufficient, 2) the results of a standardized consensus process. The seven topical areas of the review papers: digital analysis and reporting parameters, visual scoring, arousal, cardiac events, movements, respiratory events, and pediatric scoring reflect the charge of the scoring manual task forces to develop reference material to support the development of a more comprehensive scoring manual. The authors who crafted the review papers also served as members of the respective task forces for the scoring manual and participated in consensus decision-making for the scoring manual.

Each review paper is organized to provide a historical perspective, a review and evidence grading of the validity and/or reliability of measures, and a discussion of future areas for research. Reference to previous standardized scoring and methods has been included, when appropriate, even when these references are based on theoretical considerations, expert opinion, or consensus. The scope of over 1,500 total articles reviewed in the seven manuscripts reflects both a PubMed literature search performed for all human studies, in English, published between 1968 and September 2004, and additional “pearling” of articles by task forces. The criteria for evidence levels generally followed Sackett, although in some instances appropriate modifications were made to complement the nature of the content area. Evidence tables produced by the evidence grading in each review paper are published online at <http://www.aasmnet.org/JCSM/Search.aspx>. Readers are also referred to the introduction of “The AASM Manual for the Scoring of Sleep and Associated Events: Rules, Terminology, and Technical Specifications” for a more complete discussion of the scoring manual development and a detailed acknowledgement of the many contributors.

In addition to providing reference for the AASM scoring manual development, readers should find that the review papers published in this issue of JCSM provide a comprehensive and current examination of a broad scope of topical areas in polysomnography. Since the AASM scoring manual is an iterative process, future editions of the manual will undoubtedly require a reexamination of evidence to address the rapidly evolving science of the metrics for examining sleep.

New Sleep Scoring Manual

**Donald L. Schomer, Fernando Lopes da
Silva**



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Polysomnography for the Sleep Technologist Bonnie Robertson, Buddy Marshall, Margaret-Ann Carno, 2013-10-25 The only sleep technology text written by experienced polysomnography educators Polysomnography for the Sleep Technologist Instrumentation Monitoring and Related Procedures covers the procedural knowledge you need to understand sleep studies A sequential learning model systematically covers electronics instrumentation recording parameters data acquisition ancillary equipment troubleshooting recording quality infection control basic positive pressure therapy and cardiopulmonary monitoring and intervention essential to polysomnography In depth discussions of polysomnographic technology in the clinical evaluation physiological monitoring and testing instrumentation diagnosis infection control management and prevention of a wide spectrum of sleep related disorders and daytime alertness offers comprehensive coverage of polysomnography technology Expert content written by the same authors who were instrumental in producing a standardized model curriculum outline Unique sequential approach builds concepts over time and simplifies the material s complexity Over 150 full color graphs charts and illustrations supply visual guidance End of chapter review questions help you assess your knowledge and prepare for certification as a sleep technologist Chapter outlines learning objectives key terms and a bulleted chapter summary supplies a standard format to help you identify and focus on key content **The Gating and**

Maintenance of sleep and Wake: New Circuits and Insights Michael Lazarus, Sakiko Honjoh, Kaspar Emanuel Vogt, Ada Eban-Rothschild, Yu Hayashi, Qinghua Liu, Takeshi Sakurai, 2020-10-09 This eBook is a collection of articles from a Frontiers Research Topic Frontiers Research Topics are very popular trademarks of the Frontiers Journals Series they are collections of at least ten articles all centered on a particular subject With their unique mix of varied contributions from Original Research to Review Articles Frontiers Research Topics unify the most influential researchers the latest key findings and historical advances in a hot research area Find out more on how to host your own Frontiers Research Topic or contribute to one as an author by contacting the Frontiers Editorial Office frontiersin.org/about/contact **Hankey's Clinical Neurology**

Philip B. Gorelick, Fernando D. Testai, Graeme J. Hankey, Joanna M. Wardlaw, 2020-12-29 The rapid expansion of clinical knowledge in the field of neurology warrants a new edition of this highly regarded textbook of neurology In addition to the anchor chapters on major areas such as headache stroke developmental disorders dementia epilepsy acquired metabolic disorders and others several new chapters have been added to meet the clinical demand for those in practice This edition features new chapters on neurotoxicology neuroimaging and neurogenetics including basic and more advanced concepts for the practitioner Finally as the health care system continues to evolve a new chapter on population health and systems of care reflects current practice in team care patient centric approaches and value based care Pithy bullet points and standard prose allow the reader to assimilate concepts and key messages with ease Summary tables neuroimages photomicrographs neuroanatomic drawings gross and microscopic neuropathologic specimen photos graphics and summary boxes further

enhance the text Chapters are crafted in a way to appeal to both the visuospatial and analytic functional centers of the brain as we stimulate the senses and learn Hankey's Clinical Neurology Third Edition will be of value to medical students physicians in training neurology fellows neurologist and neurosurgeon practitioners and advanced practice professionals e.g. nurse practitioners and physician assistants who are faced with neurologic practice challenges *World Congress on Medical Physics and Biomedical Engineering September 7 - 12, 2009 Munich, Germany* Olaf Dössel, Wolfgang C.

Schlegel, 2010-01-04 Present Your Research to the World The World Congress 2009 on Medical Physics and Biomedical Engineering the triennial scientific meeting of the IUPESM is the world's leading forum for presenting the results of current scientific work in health related physics and technologies to an international audience With more than 2 800 presentations it will be the biggest conference in the fields of Medical Physics and Biomedical Engineering in 2009 Medical physics biomedical engineering and bioengineering have been driving forces of innovation and progress in medicine and healthcare over the past two decades As new key technologies arise with significant potential to open new options in diagnostics and therapeutics it is a multidisciplinary task to evaluate their benefit for medicine and healthcare with respect to the quality of performance and therapeutic output Covering key aspects such as information and communication technologies micro and nanosystems optics and biotechnology the congress will serve as an inter and multidisciplinary platform that brings together people from basic research R D industry and medical application to discuss these issues As a major event for science medicine and technology the congress provides a comprehensive overview and in depth first hand information on new developments advanced technologies and current and future applications With this Final Program we would like to give you an overview of the dimension of the congress and invite you to join us in Munich Olaf Dössel Congress President Wolfgang C

Personal Comfort Systems for Improving Indoor Thermal Comfort and Air Quality Faming Wang, Bin Yang, Qihong Deng, Maohui Luo, 2023-05-31 This book first describes fundamental knowledge on human thermal comfort adaptive thermal comfort thermal comfort in sleeping environments modeling of human thermal comfort and thermal comfort assessment using human trials Next it presents an in depth review of concept progress and evaluation of various personal comfort system summarizes important findings and feasible applications current gaps as well as future research needs The seven chapters included in this section are task ambient conditioning systems personalized ventilation systems electric fans personal comfort systems thermoelectric systems personal thermal management systems and wearable personal thermal comfort systems This book provides valuable guidance for personal comfort system design and further improvement on the personal comfort performance It will be a valuable resource for academic researchers engineers in industry and government regulators in the field of sustainable buildings and built environment **Niedermeyer's Electroencephalography** Donald L.

Schomer, Fernando Lopes da Silva, 2012-10-18 The leading reference on electroencephalography since 1982 Niedermeyer's Electroencephalography is now in its thoroughly updated Sixth Edition An international group of experts provides

comprehensive coverage of the neurophysiologic and technical aspects of EEG evoked potentials and magnetoencephalography as well as the clinical applications of these studies in neonates infants children adults and older adults This edition s new lead editor Donald Schomer MD has updated the technical information and added a major new chapter on artifacts Other highlights include complete coverage of EEG in the intensive care unit and new chapters on integrating other recording devices with EEG transcranial electrical and magnetic stimulation EEG TMS in evaluation of cognitive and mood disorders and sleep in premature infants children and adolescents and the elderly A companion website includes fully searchable text and image bank *Clinical Neurophysiology* Jasper R. Daube, Devon I. Rubin, 2009-05-22

Clinical Neurophysiology Third Edition will continue the tradition of the previous two volumes by providing a didactic yet accessible presentation of electrophysiology in three sections that is of use to both the clinician and the researcher The first section describes the analysis of electrophysiological waveforms Section two describes the various methods and techniques of electrophysiological testing The third section although short in appearance has recommendations of symptom complexes and disease entities using electroencephalography evoked potentials and nerve conduction studies *Clinical Neurophysiology* Devon I. Rubin, 2021-06-04 Clinical neurophysiologic testing plays a critical role as a complement to the clinical assessment in patients who are being evaluated for a variety of neurologic symptoms Many different techniques and methods of assessment can be used to evaluate the function of the nervous system including electroencephalography electromyography evoked potentials movement disorder studies and sleep studies An accurate understanding of the role of these tests and reliable technical performance and interpretation of these studies is critical in clinical practice This new edition in the Contemporary Neurology Series remains an essential resource for physicians and technologists learning or utilizing clinical neurophysiology in their training or practice This fifth edition updates the basic concepts underlying each of the techniques used in clinical neurophysiology and provides detailed descriptions of the methods findings studies and value of the wide range of electrophysiologic testing available for patients with epilepsy and spells neuromuscular diseases movement disorders demyelinating diseases sleep disorders autonomic disorders and those undergoing orthopaedic and neurosurgical procedures in the operative setting The role of each type of study the interpretation of findings and the application of the studies to different types of clinical problems are detailed throughout the text It is a practical textbook for neurologists physiatrists and clinical neurophysiologists in clinical or research practice or in training **Issues in**

Neurology and Neuroscience: 2013 Edition , 2013-05-01 *Issues in Neurology and Neuroscience* 2013 Edition is a ScholarlyEditions book that delivers timely authoritative and comprehensive information about Additional Research The editors have built *Issues in Neurology and Neuroscience* 2013 Edition on the vast information databases of ScholarlyNews You can expect the information about Additional Research in this book to be deeper than what you can access anywhere else as well as consistently reliable authoritative informed and relevant The content of *Issues in Neurology and Neuroscience*

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Edition, 2012-01-09. Issues in Neurology Research and Practice 2011 Edition is a ScholarlyEditions eBook that delivers timely, authoritative and comprehensive information about Neurology Research and Practice. The editors have built Issues in Neurology Research and Practice 2011 Edition on the vast information databases of ScholarlyNews. You can expect the information about Neurology Research and Practice in this eBook to be deeper than what you can access anywhere else as well as consistently reliable, authoritative, informed and relevant. The content of Issues in Neurology Research and Practice 2011 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions and companies. All of the content is from peer-reviewed sources and all of it is written, assembled and edited by the editors at ScholarlyEditions and available exclusively from us. You now have a source you can cite with authority, confidence and credibility. More information is available at <http://www.ScholarlyEditions.com> **Neurology Secrets E-Book** Joseph S. Kass, Eli M.

Mizrahi, 2010-04-30. Revised and updated Neurology Secrets 5th Edition has the answers you need. A two-color page layout, portable size and a list of the Top 100 Secrets in neurology help you better meet the challenges you face today. You'll find all the features you rely on from the Secrets Series: a question and answer format, lists, mnemonics, tables and an informal tone that make study or reference fast and easy. Expedites reference and review with a question and answer format, bulleted lists, mnemonics and practical tips from the authors. Features a two-color page layout, Key Points boxes and lists of useful web sites to enhance your reference power. Presents a chapter containing Top 100 Secrets providing you with a quick and concise overview of essential material for last minute study or self assessment. Fits comfortably in the pocket of your lab coat to allow quick access to essential information when you need it the most. Presents completely revised chapters covering all of today's most common neurologic conditions and their treatment to keep you up to date. Postmenopausal Diseases and Disorders

Faustino R. Pérez-López, 2019-07-10. Supported by the latest scientific data, this book serves as a guide to the clinical assessment of women's health during the second half of life, post-reproductive years, including approaches to the management of the most frequent age-related diseases and disorders and the most recent advances in treatment. In addition, it discusses preventive aspects of healthcare in post-reproductive women, identifying lifestyle measures to enhance healthy aging. By highlighting research gaps, it promotes the development of quick and easy-to-use assessment tools and predictive markers of age-related comorbidities. As such, the book is a valuable resource for researchers and clinicians alike. *Mental Health Care Issues in America* Michael Shally-Jensen, 2013-01-07. This two-volume encyclopedia examines the social, cultural and political dimensions of mental illness in America. Americans are becoming more cognizant of the importance of mental

wellness as incidents of bullying random shootings and eating disorders pervade our society This comprehensive resource provides an expansive overview of mental health and illness in the United States analyzing the current state of the health care system and objectively examining the therapies and treatment options traditionally recommended by the medical community Mental Health Care Issues in America An Encyclopedia covers major mental disorders theories and treatments delves into major advances and ongoing controversies in the field and shares the most current research on the subject in varied disciplines including ethnic studies criminal justice education and social work Each entry features a clear definition of the issue along with a brief review of its history Additionally the author situates the material within the mental health field as well as within society in general Organized alphabetically topics include advocacy legal issues media portrayals of psychological disorders and homelessness and mental illness

Diagnostic Biomedical Signal and Image Processing Applications With Deep Learning Methods Kemal Polat,Saban Öztürk,2023-04-30 Diagnostic Biomedical Signal and Image Processing Applications with Deep Learning Methods presents comprehensive research on both medical imaging and medical signals analysis The book discusses classification segmentation detection tracking and retrieval applications of non invasive methods such as EEG ECG EMG MRI fMRI CT and X RAY amongst others These image and signal modalities include real challenges that are the main themes that medical imaging and medical signal processing researchers focus on today The book also emphasizes removing noise and specifying dataset key properties with each chapter containing details of one of the medical imaging or medical signal modalities Focusing on solving real medical problems using new deep learning and CNN approaches this book will appeal to research scholars graduate students faculty members R D engineers and biomedical engineers who want to learn how medical signals and images play an important role in the early diagnosis and treatment of diseases Investigates novel concepts of deep learning for acquisition of non invasive biomedical image and signal modalities for different disorders Explores the implementation of novel deep learning and CNN methodologies and their impact studies that have been tested on different medical case studies Presents end to end CNN architectures for automatic detection of situations where early diagnosis is important Includes novel methodologies datasets design and simulation examples

Clinical Neurophysiology MD Devon Rubin,MD Jasper Daube,2016-03-31 Clinical neurophysiologic testing is an important component of evaluating patients with complaints that may be attributed to diseases of the central or peripheral nervous system This classic volume in the Contemporary Neurology Series covers the basic concepts underlying each of the testing techniques and provides comprehensive descriptions of the methods and wide range of electrophysiologic testing available for patients with epilepsy neuromuscular diseases movement disorders demyelinating diseases sleep disorders autonomic disorders and those undergoing orthopedic and neurosurgical procedures This text details the role of each study the interpretation of findings and their application clinical problems This text describes the multiple diagnostic procedures for diverse diseases of the neuromuscular system including electroencephalography EEG electromyography and nerve

conduction studies single fiber EMG polysomnography surface EMG patterns blood pressure pulse sweat measures vestibular function testing deep brain stimulator physiology and intraoperative monitoring It is a practical textbook for neurologists physiatrists and clinical neurophysiologists in clinical or research practice or in training Key Features of the New Edition Include 1 Fully updated chapters to reflect new research and techniques in clinical neurophysiology 2 Updated images illustrating key elements of techniques and basic concepts 3 Case examples for practical application Sleep Disorders Medicine E-Book Sudhansu Chokroverty, 2009-09-09 Dr Sudhansu Chokroverty a world recognized expert in sleep medicine presents the third edition of Sleep Disorders Medicine for the latest developments in this rapidly expanding specialty with coverage of neuroscience and clinical application In addition to summarizing basic science and important technological aspects of diagnosis and treatment this edition presents new chapters on sleep and memory consolidation neuroimaging and more in a color layout that makes it easy to access the latest advances in the field The text s manageable size and logical multi disciplinary approach make it the right choice for newcomers and experienced clinicians alike Covers all aspects of sleep medicine in a practical logical format divided into three sections the basic science of sleep physiology neuroanatomy and biochemistry the technical methods of recording and a clinical approach to patients with sleep complaints Represents the breadth of knowledge across disciplines through the contributions of 50 prominent names in the field of sleep medicine Provides a multidisciplinary approach to the diagnosis and management of sleep disorders with coverage of related fields such as pulmonology otolaryngology and psychiatry Includes a Glossary of Terms adapted from the American Sleep Disorders Association for quick reference to the sleep terminology used throughout the text Demonstrates how recent basic science advances affect clinical medicine through new chapters on Sleep Deprivation and Sleepiness Sleep and Memory Consolidation Neuroimaging in Sleep and Sleep Disorders Nutrition and Sleep Nature and Treatment of Insomnia Evolution of Sleep from Birth through Adolescence Sleep Disordered Breathing in Children and Women s Sleep Improves on the clarity and consistency of the text with a new completely redrawn art program including full color illustrations in the clinical section that enhances diagnostic material *Biological Psychiatry, Higher Nervous Activity* P. Pichot, 2013-06-29 The purpose of the World Psychiatric Association is to coordinate the activities of its Member Societies on a world wide scale and to advance enquiry into the etiology pathology and treatment of mental illness To further this purpose the Association organizes mono or multithematic Regional Symposia in different parts of the world twice a year and World Congresses dealing with all individual fields of psychiatry once every five or six years Between these meetings the continuation of the Association s scientific work is assured through the activities of its specialty sections each covering an important field of psychiatry The programs of the World Congresses reflect on the one hand the intention to present the coordinating functions of the Association and on the other to open a broad platform for a free exchange of views Thus the VII World Congress of Psychiatry held in Vienna from July 11 to 16 1983 was composed of two types of scientific events those structured by the Association

and those left to the initiative of the participants The first type comprised Plenary Sessions planned by the Scientific Program Committee and Section Symposia organized by the WPA sections the second embraced Free Symposia free papers video sessions and poster presentations prepared by the participants Altogether 10 Plenary Sessions 52 Section Symposia and 105 Free Symposia took place and 78 free papers and poster sessions and 10 video sessions were held

Review of Sleep Medicine E-Book Alon Y. Avidan, 2017-06-29 Successfully review sleep medicine whether you plan to improve your sleep medicine competency skills or prepare for the Sleep Medicine Certification Exam with this expanded review and test workbook that includes more than 1 400 interactive questions and answers Now in full color throughout Review of Sleep Medicine 4th Edition by Dr Alon Y Avidan features a new high yield format designed to help you make the most of your study time using figures polysomnography tracings EEG illustrations sleep actigraphy and sleep diaries tables algorithms and key points to explain challenging topics Includes concise summaries of all aspects of sleep medicine clinical summaries from epidemiology pathophysiology clinical features diagnostic techniques treatment strategies and prognostic implications Provides a library of assessment questions with comprehensive explanations to help you identify the reasoning behind each answer and think logically about the problems Offers the expertise of a multidisciplinary global team of experts including sleep researchers multispecialty sleep clinicians and educators The unique strength of this educational resource is its inclusion of all sleep subspecialties from neurology to pulmonary medicine psychiatry internal medicine clinical psychology and Registered Polysomnographic Technologists Perfect for sleep medicine practitioners sleep medicine fellows and trainees allied health professionals nurse practitioners sleep technologists and other health care providers as review tool quick reference manual and day to day resource on key topics in sleep medicine Provides a highly effective review with a newly condensed outline format that utilizes full color tables figures diagrams and charts to facilitate quick recall of information Includes new and emerging data on the function and theories for why we sleep quality assessment in sleep medicine and benefits and risks of sleep inducing medications Contains new chapters on sleep stage scoring sleep phylogenic evolution and ontogeny geriatric sleep disorders and quality measures in sleep medicine Features an expanded online question bank with 1 400 questions and answers that mimic the ABMS sleep exam in style and format

Principles and Practice of Sleep Medicine E-Book Meir H. Kryger, Thomas Roth, William C. Dement, 2015-12-29 For nearly 30 years Dr Meir Kryger's must have guide to sleep medicine has been the gold standard in this fast changing field This essential full color reference includes more than 20 unique sections and over 170 chapters covering every aspect of sleep disorders giving you the authoritative guidance you need to offer your patients the best possible care Evidence based content helps you make the most well informed clinical decisions An ideal resource for preparing for the sleep medicine fellowship examination New content on sleep apnea neurological disorders legal aspects of sleep medicine dental sleep medicine genetics circadian disorders geriatrics women's health cardiovascular diseases and occupational sleep medicine keeps you fully up to date Updates to

scientific discoveries and clinical approaches ensure that you remain current with new knowledge that is advancing the diagnosis and management of sleep disorders *Sleep and Breathing Disorders E-Book* Meir H. Kryger, 2016-07-01 Written specifically for non sleep medicine specialists this one of a kind reference guides you through every aspect of this complex field with authoritative advice from Dr Meir Kryger and other experts Vibrantly illustrated in full color it thoroughly covers the types of patients you re most likely to see in the outpatient setting and brings you up to date with the latest treatment methods both surgical and non surgical Consult this title on your favorite e reader conduct rapid searches and adjust font sizes for optimal readability Complete coverage of the patients you re most likely to encounter including special populations such as those with COPD obesity hypoventilation pregnancy neuromuscular disorders stroke and more Specific information on topics of interest to a wide variety of physicians heart failure and sleep disordered breathing surgical treatments including hypoglossal nerve stimulation oral appliances and the treatment of sleep apnea home sleep testing and different types of PAP devices Ideal for pulmonologists otolaryngologists cardiologists primary care physicians dentists and other healthcare providers who encounter patients with sleep and breathing disorders Full color illustrations throughout including a profusely illustrated chapter on physical diagnosis

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Table of Contents New Sleep Scoring Manual

1. Understanding the eBook New Sleep Scoring Manual
 - The Rise of Digital Reading New Sleep Scoring Manual
 - Advantages of eBooks Over Traditional Books
2. Identifying New Sleep Scoring Manual
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in a New Sleep Scoring Manual
 - User-Friendly Interface
4. Exploring eBook Recommendations from New Sleep Scoring Manual
 - Personalized Recommendations
 - New Sleep Scoring Manual User Reviews and Ratings
 - New Sleep Scoring Manual and Bestseller Lists

5. Accessing New Sleep Scoring Manual Free and Paid eBooks
 - New Sleep Scoring Manual Public Domain eBooks
 - New Sleep Scoring Manual eBook Subscription Services
 - New Sleep Scoring Manual Budget-Friendly Options
6. Navigating New Sleep Scoring Manual eBook Formats
 - ePub, PDF, MOBI, and More
 - New Sleep Scoring Manual Compatibility with Devices
 - New Sleep Scoring Manual Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of New Sleep Scoring Manual
 - Highlighting and Note-Taking New Sleep Scoring Manual
 - Interactive Elements New Sleep Scoring Manual
8. Staying Engaged with New Sleep Scoring Manual
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers New Sleep Scoring Manual
9. Balancing eBooks and Physical Books New Sleep Scoring Manual
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection New Sleep Scoring Manual
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine New Sleep Scoring Manual
 - Setting Reading Goals New Sleep Scoring Manual
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of New Sleep Scoring Manual
 - Fact-Checking eBook Content of New Sleep Scoring Manual
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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