



Guy Gilbert

Nos fragilités

**Comment les accepter
et les surmonter**

Philippe Rey

Nos Fragilités Comment Les Accepter Et Les Surmonter

Brendan G. Carr



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Nos fragilités Guy Gilbert, 2013 La pression quotidienne du monde moderne rythmes de travail course la consommation manque de temps personnel est la cause de bien des fragilités maladie chômage divorce échec scolaire solitude Comment y faire face Guy Gilbert connaît mieux que quiconque les blessés de la vie jeunes en perdition couples fragiles malades personnes en recherche d'emploi viennent lui demander conseil Il a toujours su les accueillir les écouter leur parler leur indiquer des pistes pour s'en sortir C'est le fruit de ces nombreuses rencontres qu'il nous livre ici De précieuses recommandations grâce auxquelles chacun apprendra accepter ses fragilités les surmonter et en comprendre le sens Un très beau message d'espoir par temps troublés

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