

HAHS Cheerleading Merit/Demerit System



Demerit Offenses

- **Tardy/leaving early**
 - *Includes after half-time
 - *On time is **READY** to practice or cheer!
 - *If going to be late the cheerleader must contact **EVERY TIME. We need it** the coaches directly. **NOT** another cheerleader. **within 2 day after a missed game/practice).**
 - Excused (1)
 - Unexcused (2)
 - Doctor Excuse/other Emergency (0)
- **Absent from games or sponsored events**
 - Excused (1)
 - Unexcused (3)
 - Doctor Excuse or other +Emergency (0)
 - *If missing a game or event, the cheerleader must contact the coaches directly prior to the game/event, **NOT** another cheerleader. Work is **NOT** an excuse!
- **Failure to attend practice/leaving early**
 - Excused (1)
 - Unexcused (3)
 - Doctor Excuse or other emergency (0)
 - *If missing a practice please contact the coaches directly prior to missing, **NOT** another cheerleader.
- **Turning in money, permission slips or items that need signed/returned**
(1) per day late
- **Failure to be dressed appropriately for games/practice** (1)
*uniform, poms, socks, shoes, no jewelry, bows etc.
- **Showing Disrespect to Coaches/Squad Members (includes negatively speaking about one another and rude comments/behavior)** (3)
- **Not showing respect during the National Anthem** (2)
- **Unsportsmanlike Conduct** (2)
- **Profanity at practice/game** (3)
- **Lack of Cooperation at practice/games** (1)
*includes excessive talking, refusing to do cheers/chants/etc.
- **Not having a current/active way of contact for the coaches to reach the cheerleader** (3) each time
*not responding to emails/texts about practices, games, etc. when asked

Sample Cheerleading Demerit Form

B Lingard

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the name B Lingard.

Sample Cheerleading Demerit Form:

Decoding **Sample Cheerleading Demerit Form**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Sample Cheerleading Demerit Form**," a mesmerizing literary creation penned with a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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