

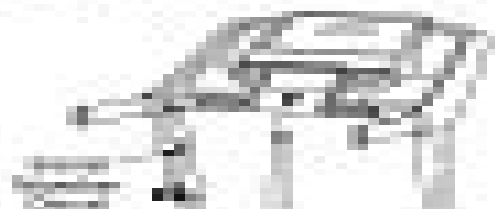
# PRO-FORM 300 LT

www.proform.com

## USER'S MANUAL

Model No. PF300LT  
Serial No. \_\_\_\_\_

For more information, contact ProForm customer support at 1-800-999-0000.



### IMPORTANT: READ CAREFULLY

To ensure your safety and the safety of others, please read this manual carefully before using the treadmill.

### PLEASE READ CAREFULLY

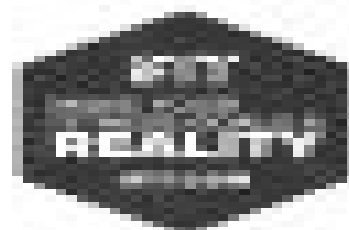
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Please read this manual carefully.

### CAUTION

Read all instructions carefully before using this equipment. Save this manual for future reference.



# Proform Zt3 Treadmill Owners Manual

**Helming**



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