

Conference Paper

Personal Hygiene and Sanitation in Cafeterias at University X in Depok, Indonesia

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Abstract

The study aimed to identify personal hygiene and sanitation practices among 99 food handlers working in the cafeterias at University X. This was a cross-sectional study. Research was conducted between April and July 2016 in a university in Depok, Indonesia. There are 16 cafeterias at the university. Purposive sampling methods applied. The population of this research was the food handlers in the university's cafeterias.

The laboratory test that detected the number of worm eggs/gram in participants' feces was applied to determine the worm infection. Information on the participants' personal hygiene and the sanitation of the cafeteria facilities was collected through interviews and observation.

The results showed that four participants had intestinal parasitic worm infections. A personal hygiene assessment found that 83% of participants did not have appropriate hygiene, and 95% of the cafeterias had inadequate sanitation of facilities.

Certification, medical checkups for food handlers, and regular training in safe food-handling practices should be considered.

Keywords: Worm, intestinal parasite, feces, personal hygiene, sanitation

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1. INTRODUCTION

Intestinal parasitic worm are one of the causes of food borne diseases, which result in 1 in 10 people falling ill, 33 million Disability-Adjusted Life Years (DALYs), and 420,000 deaths every year [23]. *Ascaris lumbricoides*, *T. Trichiura* atau whipworm [6, 9, 13], and hookworm [12] are types of intestinal parasitic worms that are commonly found in human intestines [4]. An estimated 1,121 million people in the world are infected with

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Table of Contents Research Paper Personal Hygiene

1. Understanding the eBook Research Paper Personal Hygiene
 - The Rise of Digital Reading Research Paper Personal Hygiene
 - Advantages of eBooks Over Traditional Books
2. Identifying Research Paper Personal Hygiene
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Research Paper Personal Hygiene
 - User-Friendly Interface
4. Exploring eBook Recommendations from Research Paper Personal Hygiene
 - Personalized Recommendations
 - Research Paper Personal Hygiene User Reviews and Ratings
 - Research Paper Personal Hygiene and Bestseller Lists

5. Accessing Research Paper Personal Hygiene Free and Paid eBooks
 - Research Paper Personal Hygiene Public Domain eBooks
 - Research Paper Personal Hygiene eBook Subscription Services
 - Research Paper Personal Hygiene Budget-Friendly Options
6. Navigating Research Paper Personal Hygiene eBook Formats
 - ePub, PDF, MOBI, and More
 - Research Paper Personal Hygiene Compatibility with Devices
 - Research Paper Personal Hygiene Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Research Paper Personal Hygiene
 - Highlighting and Note-Taking Research Paper Personal Hygiene
 - Interactive Elements Research Paper Personal Hygiene
8. Staying Engaged with Research Paper Personal Hygiene
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Research Paper Personal Hygiene
9. Balancing eBooks and Physical Books Research Paper Personal Hygiene
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Research Paper Personal Hygiene
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Research Paper Personal Hygiene
 - Setting Reading Goals Research Paper Personal Hygiene
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Research Paper Personal Hygiene
 - Fact-Checking eBook Content of Research Paper Personal Hygiene
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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