

Conference Paper

Personal Hygiene and Sanitation in Cafeterias at University X in Depok, Indonesia

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Abstract

The study aimed to identify personal hygiene and sanitation practices among 99 food handlers working in the cafeterias at University X. This was a cross-sectional study. Research was conducted between April and July 2016 in a university in Depok, Indonesia. There are 16 cafeterias at the university. Purposive sampling methods applied. The population of this research was the food handlers in the university's cafeterias.

The laboratory test that detected the number of worm eggs/gram in participants' feces was applied to determine the worm infection. Information on the participants' personal hygiene and the sanitation of the cafeteria facilities was collected through interviews and observation.

The results showed that four participants had intestinal parasitic worm infections. A personal hygiene assessment found that 83% of participants did not have appropriate hygiene, and 95% of the cafeterias had inadequate sanitation of facilities.

Certification, medical checkups for food handlers, and regular training in safe food-handling practices should be considered.

Keywords: Worm, intestinal parasite, feces, personal hygiene, sanitation

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1. INTRODUCTION

Intestinal parasitic worm are one of the causes of food borne diseases, which result in 1 in 10 people falling ill, 33 million Disability-Adjusted Life Years (DALYs), and 420,000 deaths every year [23]. *Ascaris lumbricoides*, *T. Trichiura* atau whipworm [6, 9, 13], and hookworm [12] are types of intestinal parasitic worms that are commonly found in human intestines [4]. An estimated 1,121 million people in the world are infected with

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