

DIY body scrubs

Tumeric sugar scrub:

- 1/2 cup granulated sugar
- 1/4 cup coconut oil / oil of choice
- 1 tablespoon tumeric
- essential oils (optional)



Whipped sugar scrub:

- 1/2 cup granulated sugar
- 1/4 cup coconut oil (solid)
- 1/4 cup shea butter
- 1 teaspoon vanilla extract / own flavoring extract
- Few drops essential oil (optional)



Coffee sugar scrub:

- 1/2 ground coffee
- 1/4 cup brown sugar
- 1/4 cup coconut oil / oil of choice
- 1 teaspoon vanilla essence



Recipe For Homemade Body Scrub

Kaja Brockman



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