

Pregnancy, Childbirth, *and* *the* Newborn

The Complete Guide

REVISED & UPDATED

"A true and well-rounded treasure!
All expecting families need practical,
common sense, and readily accessible
information. Inside this very
comprehensive resource,
support abounds."

—JENNIE JOSEPH, founder
of Commonsense Childbirth

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Janet Whalley BSN, IBCLC
Ann Keppler MN
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Pregnancy Childbirth And The Newborn Complete Guide

Kathleen Armour



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