

Camp Physical



To Parent(s)/ Guardian(s): Complete this section and give this form to your child's health-care provider for review.

Dates will attend camp: from _____ to _____

Camper Name: _____

☐ Male ☐ Female

Birth Date: _____

Age on arrival at Camp: _____

Camper home address: _____

City: _____ State: _____ Zip Code: _____

Custodial parent(s) phone: (_____) _____ (_____) _____

Parent(s)/ guardian(s) stop here. Rest of form to be completed by medical personnel.

The following non-prescription medications are commonly stocked in camp Health Centers and are used on an as needed basis to manage illness and injury. **Medical personnel:** Cross out those items the camper **SHOULD NOT** be given.

Acetaminophen (Tylenol)
Ibuprofen (Advil, Motrin)
Phenylephrine (Sudafed PE)
Pseudoephedrine (Sudafed)
Chlorpheniramine maleate
Quartenerin
Dextromethorphan
Diphenhydramine (Benadryl)
Generic Cough Drops
Chloraseptic (sore throat spray)
Lice shampoo or scabies cream (Nix or Elimite)

Calamine Lotion
Bismuth subsalicylate (Pepto-Bismol)
Laxatives (Ex-Lax)
Hydrocortisone 1% Cream
Topical Antibiotic Cream
Aloe Vera

Diet/Nutrition: ☐ Eats a regular diet. ☐ Has a medically prescribed meal plan or dietary restrictions; (describe below)

The camper is undergoing treatment at this time for the following conditions: (describe below)
None.

Medication: No daily medications. Will take the following prescribed medication(s) while at camp: name, dose, frequency- describe below)

Other treatments/therapies to be continued at camp: (describe below) ☐ None needed.

Physical Exam done today: Yes No

If "No," date of last physical: _____

ACA accreditation standards require physical examination for new 12 months.

Weight _____ lbs Height _____ ft _____ in

Blood Pressure _____/_____. Allergies: ☐ No Known Allergies

- ☐ To Food (list)
- ☐ To Medications (list)
- ☐ To the Environment (insect stings, hay fever, etc.- list)
- ☐ Other Allergies (list)

Describe previous reactions:

Do you feel that the camper will require limitations or restrictions while at camp? No Yes

If "Yes" to the question above, what do you recommend? (describe below-attach additional information if needed)

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Table of Contents Sample Camp Physical Form

1. Understanding the eBook Sample Camp Physical Form
 - The Rise of Digital Reading Sample Camp Physical Form
 - Advantages of eBooks Over Traditional Books
2. Identifying Sample Camp Physical Form
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Sample Camp Physical Form
 - User-Friendly Interface
4. Exploring eBook Recommendations from Sample Camp Physical Form

- Personalized Recommendations
- Sample Camp Physical Form User Reviews and Ratings
- Sample Camp Physical Form and Bestseller Lists
- 5. Accessing Sample Camp Physical Form Free and Paid eBooks
 - Sample Camp Physical Form Public Domain eBooks
 - Sample Camp Physical Form eBook Subscription Services
 - Sample Camp Physical Form Budget-Friendly Options
- 6. Navigating Sample Camp Physical Form eBook Formats
 - ePub, PDF, MOBI, and More
 - Sample Camp Physical Form Compatibility with Devices
 - Sample Camp Physical Form Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Sample Camp Physical Form
 - Highlighting and Note-Taking Sample Camp Physical Form
 - Interactive Elements Sample Camp Physical Form
- 8. Staying Engaged with Sample Camp Physical Form
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Sample Camp Physical Form
- 9. Balancing eBooks and Physical Books Sample Camp Physical Form
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Sample Camp Physical Form
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Sample Camp Physical Form
 - Setting Reading Goals Sample Camp Physical Form
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Sample Camp Physical Form

- Fact-Checking eBook Content of Sample Camp Physical Form
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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