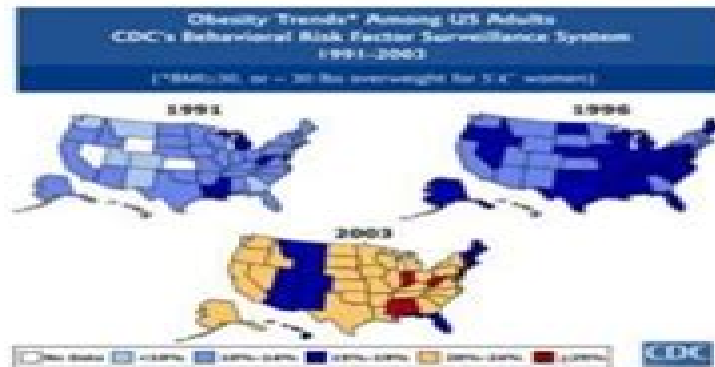


Obesity in America

The news of the Obesity Epidemic in America started in the year 2001. It was a tidal wave of health care officials and organizations all coming to the same conclusion, America was in trouble, obesity in the country was of epidemic proportions for both children and adults. Associated healthcare costs of obesity to the American economy were estimated at \$117 - \$242 billion annually and 300,000 deaths per year.¹ These costs and cautions were touted from the highest levels of government, including the surgeon general, the Centers for Disease Control and Prevention (CDC), as well as the American Medical Association (AMA). Internationally, The World Health Organization (WHO) was concerned about a possible obesity pandemic dating back to 2000.

"Overweight and obesity are defined as abnormal or excessive fat accumulation that presents a risk to health. A crude population measure of obesity is the body mass index (BMI), a person's weight (in kilograms) divided by the square of his or her height (in meters). A person with a BMI of 30 or more is generally considered obese. A person with a BMI equal to or more than 25 is considered overweight."²



This display demonstrates the increasing rates of obesity in the United States from 1991 - 2003, when news of the issue started to disseminate. Whether the news did not diffuse sufficiently, or if the solution was over simplified to the equation that "energy in equals energy out" is under debate, but the fact that the epidemic did not improve is not.

Research Paper On Obesity In America

R Sandford



Research Paper On Obesity In America:

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