

# CHARTING EXAMPLES FOR PHYSICAL ASSESSMENT

## CHARTING EXAMPLES FOR PHYSICAL ASSESSMENT

### SKIN, HAIR AND NAILS

Skin pink, warm, dry and elastic. No lesions or excoriations noted. Old appendectomy scar right lower abdomen 4 inches long, thin, and white. Sprinkling of freckles noted across cheeks and nose. Hair brown, shoulder length, clean, shiny. Normal distribution of hair on scalp and perineum. Hair has been removed from legs, axillae. Nails form 160 degree angle at base, are hard, smooth, and immobile. Nailbeds pink without clubbing. Cuticles smooth, no detachment of nailplate. Hands well-manicured with clear enamel.

### HEAD AND NECK

Head symmetrically round, hard, and smooth without lesions or bumps. Face oval, smooth, and symmetrical. Temporal artery elastic and nontender. Temporomandibular joint palpated with full range of motion without tenderness. Neck symmetric with centered head position and no bulging masses. C7 is visible and palpable with neck flexion. Has smooth, controlled, full range of motion of neck. Thyroid gland nonvisible but palpable when swallowing. Trachea in midline. Lymph nodes nonpalpable.

### EYE AND EAR

Acuity by Snellen chart O.D. 20/20, O.S. 20/20. Visual fields full by confrontation. Extraocular movements smooth and symmetric with no nystagmus. Eyelids in normal position with no abnormal widening or ptosis. No redness, discharge, or crusting noted on lid margins. Conjunctiva and sclera appear moist and smooth. Sclera white with no lesions or redness. No swelling or redness over lacrimal gland. Cornea is transparent, smooth, and moist with no opacities, lens is free of opacities. Irises are round, flat, and evenly colored. Pupils are equal in size and reactive to light and accommodation. Pupils converge evenly. Ears are equal in size bilaterally. Auricles are aligned with the corner of each eye. Skin smooth, no lumps, lesions, nodules. No discharge. Nontender on palpation. Small amount of moist yellow cerumen in external canal. Whisper test : patient repeats 2 syllable word.

### MOUTH, THROAT, NOSE, AND SINUS

Lips pink, smooth, and moist without lesions. Buccal mucosa pink, moist,

# Sample Physical Assessment Documentation

**Lauren Gardner**



## **Sample Physical Assessment Documentation:**

The book delves into Sample Physical Assessment Documentation. Sample Physical Assessment Documentation is an essential topic that must be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Sample Physical Assessment Documentation, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
    - Chapter 1: Introduction to Sample Physical Assessment Documentation
    - Chapter 2: Essential Elements of Sample Physical Assessment Documentation
    - Chapter 3: Sample Physical Assessment Documentation in Everyday Life
    - Chapter 4: Sample Physical Assessment Documentation in Specific Contexts
    - Chapter 5: Conclusion
  2. In chapter 1, this book will provide an overview of Sample Physical Assessment Documentation. The first chapter will explore what Sample Physical Assessment Documentation is, why Sample Physical Assessment Documentation is vital, and how to effectively learn about Sample Physical Assessment Documentation.
  3. In chapter 2, this book will delve into the foundational concepts of Sample Physical Assessment Documentation. The second chapter will elucidate the essential principles that need to be understood to grasp Sample Physical Assessment Documentation in its entirety.
  4. In chapter 3, this book will examine the practical applications of Sample Physical Assessment Documentation in daily life. This chapter will showcase real-world examples of how Sample Physical Assessment Documentation can be effectively utilized in everyday scenarios.
  5. In chapter 4, this book will scrutinize the relevance of Sample Physical Assessment Documentation in specific contexts. This chapter will explore how Sample Physical Assessment Documentation is applied in specialized fields, such as education, business, and technology.
  6. In chapter 5, the author will draw a conclusion about Sample Physical Assessment Documentation. The final chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Sample Physical Assessment Documentation.

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## **Sample Physical Assessment Documentation Introduction**

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