Nutrition-Multiple Choice Questions

- 1. Kwashiorkor is deficiency disease of
 - a. Carbohydrates
 - b. Proteins.
 - c. Iron
 - d. Vitamin D
- 2. The vitamin which help the eye to adjust vision in dim light is
 - a. Vitamin A.
 - b. Vitamin D.
 - e. Vitamin E.
 - d. Vitamin K.
- Osteomalacia is the deficiency disease of
 - a. Vitamin B
 - b. Vitamin D.
 - c. Vitamin E.
 - d. Vitamin K
- 4. The vitamin associated with blood clotting is
 - a. Vitamin B
 - b. Vitamin D.
 - c. Vitamin E.
 - d. Vitamin K.
- 5. Vitamin made up of thiazol and pyridine moiety is
 - a. Vitamin Ba
 - b. Vitamin Be
 - c. Vitamin B12
 - d. Biotin
- 6. Beri beri is the deficiency disease of
 - a. Vitamin Ba
 - b. Vitamin Be
 - c. Vitamin D
 - d. Niacin
- 7. Riboflavin exit in the form of ----- coenzyme
 - a. NAD
 - b. NADP
 - c. FAD
 - d. Non of these
- 8. Deficiency of ----- vitamin leads to glossits
 - a. Vitamin B:
 - b. Vitamin Be
 - c. Vitamin Biz
 - d. Ninein
- 9. Pellagra is the disease caused by the deficiency of
 - a. Vitamin Br

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Arshad Iqbal

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