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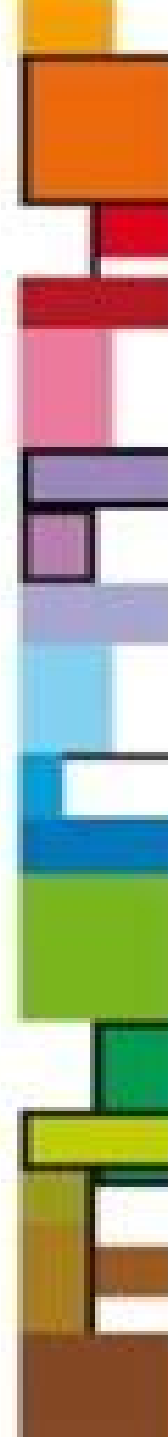
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Sexualité, couple et TCC

Les difficultés sexuelles

VOLUME 1

- Aspects théoriques
- Méthodologie pratique
- Dysfonctions sexuelles
- Compulsions sexuelles



Sexualité Couple Et Tcc Volume Les Difficultés Sexuelles

**François-Xavier Poudat, Madeleine
Beaudry, Jean-Marie Boisvert, Noëlla
Jarrousse, Gilles Trudel**

Sexualité Couple Et Tcc Volume Les Difficultés Sexuelles:

Sexualité, couple et TCC. Volume 1 : les difficultés sexuelles François-Xavier Poudat, Sylvie Aubin, François de Carufel, Pascal de Sutter, Noëlla Jarrousse, Gilles Trudel, 2011-12-19 L utilisation des TCC en sexothérapie et en thérapie de couple a démontré son efficacité dans la résolution des problèmes sexuels et des dysharmonies conjugales Cet ouvrage illustre de nombreux cas cliniques présente les prises en charge classiques en thérapie comportementale et cognitive intégrant les courants les plus récents outils stratégiques et solutionnistes et d autres techniques comme la sophrologie hypnose l EMDR Eye Movement Desensitization and Reprocessing et la pleine conscience Il conserve les principes d apprentissage ainsi que les données de l expérience scientifique et détaille l analyse fonctionnelle la définition d objectifs l évaluation et les traitements Ce volume 1 est consacré aux dysfonctions obsessions et compulsions sexuelles La première partie expose les principes de l analyse fonctionnelle en sexothérapie comportementale selon différentes lectures comportementale systémique cognitive motivationnelle troisième vague et intègre une réflexion sur l action du thérapeute dans son alliance et son questionnement avec le client la lumière des protocoles actuels la deuxième partie décrit les dysfonctions sexuelles féminines et masculines Enfin la troisième partie est dédiée à l hypersexualité et aux paraphilies avec un chapitre spécifique sur la pédophilie et la pédosexualité Cet ouvrage crit par des experts en sexothérapie et TCC est un outil précieux destiné aux professionnels de santé mentale sexothérapeutes thérapeutes de couple et médecins qui y trouveront les informations les plus récentes tant sur le plan clinique que thérapeutique

Sexualité, couple et TCC. Volume 2 : les difficultés conjugales François-Xavier Poudat, Madeleine Beaudry, Jean-Marie Boisvert, Noëlla Jarrousse, Gilles Trudel, 2011-12-19 L utilisation des TCC en sexothérapie et en thérapie de couple a démontré son efficacité dans la résolution des problèmes sexuels et des dysharmonies conjugales Cet ouvrage illustre de nombreux cas cliniques présente les prises en charge classiques en thérapie comportementale et cognitive intégrant les courants les plus récents troisième vague outils stratégiques et solutionnistes et d autres techniques comme la sophrologie hypnose et l EMDR Eye Movement Desensitization and Reprocessing Il conserve les principes d apprentissage ainsi que les données de l expérience scientifique et détaille l analyse fonctionnelle la définition d objectifs l évaluation et les traitements Ce volume 2 est consacré à la relation de couple et aux difficultés qui s y rattachent La première partie est dédiée aux dysharmonies conjugales les hypothèses explicatives des difficultés de couple leur évaluation et les thérapies de couple y sont détaillées Les auteurs ont associé aux protocoles classiques de TCC une lecture plus spécifiquement motivationnelle de pleine conscience et d acceptation La deuxième partie présente trois contextes de vie où la sexualité et le couple sont au centre de bouleversements psychophysiologiques la sexualité des adolescents le retentissement sexuel et affectif après le cancer les conséquences sexuelles conjugales après un trauma sexuel La troisième partie développe le concept de dépendances affectives notion intégrant certaines conduites addictives et compulsives de substitution de fusion conjugale d'ivresse ou de passion Cet ouvrage crit par des experts en sexothérapie et TCC est un outil précieux destiné aux professionnels de santé mentale sexothérapeutes thérapeutes

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 cognitive integrant les courants les plus recents outils strategiques et solutionnistes et d autres techniques comme la sophro
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 evaluation et les traitements Ce volume 1 est consacre aux dysfonctions obsessions et compulsions sexuelles La premiere
 partie expose les principes de l analyse fonctionnelle en sexothérapie comportementale selon differentes lectures
 comportementale systemique cognitive emotionnelle troisieme vague et integre une reflexion sur l action du therapeute dans
 son alliance et son questionnement avec le client A la lumiere des protocoles actuels la deuxieme partie decrit les
 dysfonctions sexuelles feminines et masculines Enfin la troisieme partie est dediee a l hypersexualite et aux paraphilies avec
 un chapitre specifique sur la pedophilie et la pedosexualite Cet ouvrage ecrit par des experts en sexothérapie et TCC est un
 outil precieux destine aux professionnels de sante mentale sexotherapeutes therapeutes de couple et medecins qui y
 trouveront les informations les plus recentes tant sur le plan clinique que therapeutique Sexualité, couple et TCC
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 cognitive int grant les courants les plus r cents troisi me vague outils strat giques et solutionnistes et d autres techniques
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 valuation et les traitements Ce volume 2 est consacr la relation de couple et aux difficult s qui s y rattachent La premi re
 partie est d di e aux dysharmonies conjugales les hypoth ses explicatives des difficult s de couple leur valuation et les th
 rapies de couple y sont d taill es Les auteurs ont associ aux protocoles classiques de TCC une lecture plus sp ciquement
 motionnelle de pleine conscience et d acceptation La deuxi me partie s int resse trois contextes de vie o la sexualit et le
 couple sont au centre de bouleversements psychophysiologiques la sexualit des a n s le retentissement sexuel et affectif apr s

le cancer les conséquences sexo conjugales après un trauma sexuel La troisième partie développe le concept de dépendances affectives notion intégrant certaines conduites addictives et compulsives de séduction de fusion conjugale d'ivresse ou de passion Cet ouvrage crit par des experts en sexothérapie et TCC est un outil précieux destiné aux professionnels de santé mentale sexothérapeutes thérapeutes de couple et médecins qui y trouveront les informations les plus récentes tant sur le plan clinique que thérapeutique

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Table of Contents Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles

1. Understanding the eBook Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - The Rise of Digital Reading Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Advantages of eBooks Over Traditional Books
2. Identifying Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - User-Friendly Interface
4. Exploring eBook Recommendations from Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Personalized Recommendations
 - Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles User Reviews and Ratings
 - Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles and Bestseller Lists
5. Accessing Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles Free and Paid eBooks
 - Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles Public Domain eBooks
 - Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles eBook Subscription Services
 - Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles Budget-Friendly Options
6. Navigating Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles eBook Formats

- ePub, PDF, MOBI, and More
- Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles Compatibility with Devices
- Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Highlighting and Note-Taking Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Interactive Elements Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
- 8. Staying Engaged with Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
- 9. Balancing eBooks and Physical Books Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Setting Reading Goals Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Fact-Checking eBook Content of Sexualiteacute Couple Et Tcc Volume Les Difficulteacutes Sexuelles
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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