

FLAG FOOTBALL

PACKET # 31

INSTRUCTIONS

This Learning Packet has two parts: (1) text to read and (2) questions to answer.

The text describes a particular sport or physical activity, and relates its history, rules, playing techniques, scoring, notes and more.

The Response Forms (questions and puzzles) check your understanding and appreciation of the sport or physical activity.

INTRODUCTION

Flag football is a game that can be enjoyed by everyone. It includes running, throwing and catching. A team's strategy is the most important part of the game. Pads or helmets are not required since tackling or blocking is not allowed.

In flag football games, teams of five players throw and run with a football to move down the field. The team with the ball is referred to as the offense and the team without the ball is called the defense. The defense tries to stop the offense by pulling a flag out of the belt of the player who has the ball.



HISTORY OF THE GAME

The game of American football has been played since the mid-1800's. The first college game occurred between Princeton and Rutgers in November of 1869. The professional game of football has been played in some form since 1895.

It is believed that touch football had its beginnings in the 1930's and that flag football was played in the early 1940's as a recreational sport for military personnel. Recreational

Physical Education Learning Packets Flag Football

Lingsheng Yao



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Resources in Education ,1979 Completed Research in Health, Physical Education, Recreation and Dance, Including International Sources ,1982 Research in Education ,1973 **Research in Education** ,1973 *Dynamic Physical Education for Elementary School Children* Victor Paul Dauer,Robert P. Pangrazi,1975 **Journal of Physical Education and Recreation** ,1981 **Journal of Health, Physical Education, Recreation** ,1974 **Associations' Publications in Print** ,1981 1981 in 2 v v 1 Subject index v 2 Title index Publisher title index Association name index Acronym index Key to publishers and distributors abbreviations Creating Educational Futures Don E. Glines,1995 Strategies ,2005

Encyclopedia of Associations ,2006-12 **Private Independent Schools** ,1981 *Resources in Education* ,1979

Boys' Life ,1946-06 Boys Life is the official youth magazine for the Boy Scouts of America Published since 1911 it contains a proven mix of news nature sports history fiction science comics and Scouting **Flag Football Rules** ,1959

The New Woman's Survival Sourcebook Kirsten Grimstad,Susan Rennie,1975 **El-Hi Textbooks and Serials in Print** ,1985 Flag Football University of Florida,2006-01-30 **Directory of Special Libraries and Information Centers** ,2009 **Ninth Grade Flag Football for a Modular Schedule Physical Education Program** Melvin C. Bailey,1970

Physical Education Learning Packets Flag Football Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Physical Education Learning Packets Flag Football**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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