

# HAHS Cheerleading Merit/Demerit System



## Demerit Offenses

- **Tardy/leaving early**
  - \*Includes after half-time
  - \*On time is **READY** to practice or cheer!
  - \*If going to be late the cheerleader must contact **EVERY TIME. We need it** the coaches directly. **NOT** another cheerleader. **within 2 day after a missed game/practice).**
  - Excused (1)
  - Unexcused (2)
  - Doctor Excuse/other Emergency (0)
- **Absent from games or sponsored events**
  - Excused (1)
  - Unexcused (3)
  - Doctor Excuse or other +Emergency (0)
  - \*If missing a game or event, the cheerleader must contact the coaches directly prior to the game/event, **NOT** another cheerleader. Work is **NOT** an excuse!
- **Failure to attend practice/leaving early**
  - Excused (1)
  - Unexcused (3)
  - Doctor Excuse or other emergency (0)
  - \*If missing a practice please contact the coaches directly prior to missing, **NOT** another cheerleader.
- **Turning in money, permission slips or items that need signed/returned**  
(1) per day late
- **Failure to be dressed appropriately for games/practice** (1)  
\*uniform, poms, socks, shoes, no jewelry, bows etc.
- **Showing Disrespect to Coaches/Squad Members (includes negatively speaking about one another and rude comments/behavior)** (3)
- **Not showing respect during the National Anthem** (2)
- **Unsportsmanlike Conduct** (2)
- **Profanity at practice/game** (3)
- **Lack of Cooperation at practice/games** (1)  
\*Includes excessive talking, refusing to do cheers/chants/etc.
- **Not having a current/active way of contact for the coaches to reach the cheerleader** (3) each time  
\*not responding to emails/texts about practices, games, etc. when asked

# Sample Cheerleading Demerit Form

**SJ Ball**



**Sample Cheerleading Demerit Form:**

Uncover the mysteries within Explore with is enigmatic creation, Embark on a Mystery with **Sample Cheerleading Demerit Form** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( PDF Size: \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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