

Action Research for Professional Development

What is action research?

Action research is a term which refers to a practical way of looking at your own work to check that it is as you would like it to be. Because action research is done by you, the practitioner, it is often referred to as practitioner based research; and because it involves you thinking about and reflecting on your work, it can also be called a form of self-reflective practice.

The idea of self reflection is central. In traditional forms of research – empirical research – researchers do research on other people. In action research, researchers do research on themselves. Empirical researchers enquire into other people's lives. Action researchers enquire into their own. Action research is an enquiry conducted by the self into the self. You, a practitioner, think about your own life and work, and this involves you asking yourself why you do the things that you do, and why you are the way that you are. When you produce your research report, it shows how you have carried out a systematic investigation into your own behaviour, and the reasons for that behaviour. The report shows the process you have gone through in order to achieve a better understanding of yourself, so that you can continue developing yourself and your work.

Action research is open ended. It does not begin with a fixed hypothesis. It begins with an idea that you develop. The research process is the developmental process of following through the idea, seeing how it goes, and continually checking whether it is in line with what you wish to happen. Seen in this way, action research is a form of self evaluation. It is used widely in professional contexts such as appraisal, mentoring and self assessment.

Sample Action Research Paper

M Mark



Sample Action Research Paper:

This book delves into Sample Action Research Paper. Sample Action Research Paper is an essential topic that needs to be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Sample Action Research Paper, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:

- Chapter 1: Introduction to Sample Action Research Paper
- Chapter 2: Essential Elements of Sample Action Research Paper
- Chapter 3: Sample Action Research Paper in Everyday Life
- Chapter 4: Sample Action Research Paper in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, this book will provide an overview of Sample Action Research Paper. This chapter will explore what Sample Action Research Paper is, why Sample Action Research Paper is vital, and how to effectively learn about Sample Action Research Paper.

3. In chapter 2, this book will delve into the foundational concepts of Sample Action Research Paper. This chapter will elucidate the essential principles that need to be understood to grasp Sample Action Research Paper in its entirety.

4. In chapter 3, this book will examine the practical applications of Sample Action Research Paper in daily life. This chapter will showcase real-world examples of how Sample Action Research Paper can be effectively utilized in everyday scenarios.

5. In chapter 4, the author will scrutinize the relevance of Sample Action Research Paper in specific contexts. The fourth chapter will explore how Sample Action Research Paper is applied in specialized fields, such as education, business, and technology.

6. In chapter 5, the author will draw a conclusion about Sample Action Research Paper. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Sample Action Research Paper.

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