

# Home Health Aide Practice Test

When giving a bed bath, how often should the water be changed?

- A) as often as needed to have warm, clean water at all times
- B) just once
- C) only after washing the perineal area
- D) only after washing the front half of the patient - ANS A) as often as needed to have warm, clean water at all times

Which of the following items is used in the prevention and treatment of bedsores or pressure sores?

- A) rubber sheets
- B) air mattress
- C) emesis basin
- D) arm restraints - ANS B) air mattress

Proper feeding techniques include:

- A) Just one spoonful per bite
- B) Feed the patient slowly and make sure all food is swallowed
- C) Feed the patient while laying flat on the bed
- D) Allow the spoon to go to the back of the tongue - ANS B) Feed the patient slowly and make sure all food is swallowed

If a client is wearing anti-embolism stocking, what would be an important thing to assess for?

- A) Ultrasound for deep vein thrombosis
- B) Tingling or lack of sensation
- C) Bounding Pulses - ANS B) Tingling or lack of sensation

When performing these health skills on a client it is always important to:

- A) Have consent from the client
- B) Wash your hands before and after
- C) Explain exactly what you are doing
- D) All of the above - ANS D) All of the above

What is not a sign or symptom of dehydration?

# Sample Home Health Aide Practice Test

**Anthem**



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