

Your Name: _____

Class Dates: _____

GENERAL COURSE INFORMATION

Course Purpose: The purpose of the American Red Cross Water Safety Instructor (WSI) course (v.14) is to train you to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing your understanding of how to use course materials, conduct training, and evaluate participant progress.

Prerequisites: To enroll in this course, you must be:

- At least **16 years old**
- **Able to swim 6 strokes at Level 4 proficiency:** front crawl, back crawl, elementary backstroke, sidestroke, and breaststroke for 25 yards each and butterfly for 15 yards
- **Able to tread water and back float** for 1 minute each

Completion Requirements: To receive a WSI certificate, you must:

- Successfully complete the Water Safety Instructor Online Course
- Successfully complete the online Orientation to the Swimming and Water Safety Program
- Download/Print all required Course Manuals and Class Forms
- Attend and actively participate in all course sessions and/or complete an authorized work plan
- Successfully complete class activities, including the required practice-teaching assignments
- Pass the final written exam with a score of 80% or better (40 correct out of 50 questions)

Maturity Requirement: You must also demonstrate throughout the course that you are mature and responsible by arriving at class on time at the start of class and after breaks, paying attention in class, completing assignments, behaving appropriately during all class activities, giving and receiving feedback when appropriate, and treating others with respect.

PRE-CLASS WORK

The following pre-class work must be completed prior to the first day of class. **Allow several days to do the pre-class work in case you have any issues with the online course.**

To complete the Pre-Class work, visit <http://www.safeswim.com/wsi-certification/>

1. Complete the WSI online course
2. Complete the Swimming & Water Safety Orientation
3. Print the Class Forms
4. Download the Course Manuals
5. Print the Study Guide

Note: Those who have not completed the pre-class work will NOT be allowed to continue in the WSI class.

WHAT TO BRING TO CLASS

- Proof that you are at least 16 years old
- Completed Registration form (printed)
- Online WSI course completion report (printed - round 6 due of Saturday, round 9 due of Sunday)
- Signed completion page from the Orientation to the Swimming and Water Safety Program (printed)
- Water Safety Instructor Manual (digital or printed copy)
- Swimming & Water Safety Manual (digital or printed copy)
- WSI Study Guide (printed copy)
- Stroke Performance Charts: Level 1 – Level 6 (digital or printed copy)
- Swim suit, towel, and dry comfortable clothes

Red Cross Wsi Study Guide

S Ashworth



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This book delves into Red Cross Wsi Study Guide. Red Cross Wsi Study Guide is a vital topic that needs to be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Red Cross Wsi Study Guide, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:

- Chapter 1: Introduction to Red Cross Wsi Study Guide
- Chapter 2: Essential Elements of Red Cross Wsi Study Guide
- Chapter 3: Red Cross Wsi Study Guide in Everyday Life
- Chapter 4: Red Cross Wsi Study Guide in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, this book will provide an overview of Red Cross Wsi Study Guide. This chapter will explore what Red Cross Wsi Study Guide is, why Red Cross Wsi Study Guide is vital, and how to effectively learn about Red Cross Wsi Study Guide.
3. In chapter 2, the author will delve into the foundational concepts of Red Cross Wsi Study Guide. The second chapter will elucidate the essential principles that need to be understood to grasp Red Cross Wsi Study Guide in its entirety.
4. In chapter 3, the author will examine the practical applications of Red Cross Wsi Study Guide in daily life. This chapter will showcase real-world examples of how Red Cross Wsi Study Guide can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Red Cross Wsi Study Guide in specific contexts. The fourth chapter will explore how Red Cross Wsi Study Guide is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Red Cross Wsi Study Guide. This chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Red Cross Wsi Study Guide.

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Table of Contents Red Cross Wsi Study Guide

1. Understanding the eBook Red Cross Wsi Study Guide

- The Rise of Digital Reading Red Cross Wsi Study Guide
- Advantages of eBooks Over Traditional Books
- 2. Identifying Red Cross Wsi Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Red Cross Wsi Study Guide
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Red Cross Wsi Study Guide
 - Personalized Recommendations
 - Red Cross Wsi Study Guide User Reviews and Ratings
 - Red Cross Wsi Study Guide and Bestseller Lists
- 5. Accessing Red Cross Wsi Study Guide Free and Paid eBooks
 - Red Cross Wsi Study Guide Public Domain eBooks
 - Red Cross Wsi Study Guide eBook Subscription Services
 - Red Cross Wsi Study Guide Budget-Friendly Options
- 6. Navigating Red Cross Wsi Study Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Red Cross Wsi Study Guide Compatibility with Devices
 - Red Cross Wsi Study Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Red Cross Wsi Study Guide
 - Highlighting and Note-Taking Red Cross Wsi Study Guide
 - Interactive Elements Red Cross Wsi Study Guide
- 8. Staying Engaged with Red Cross Wsi Study Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Red Cross Wsi Study Guide

9. Balancing eBooks and Physical Books Red Cross Wsi Study Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Red Cross Wsi Study Guide
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Red Cross Wsi Study Guide
 - Setting Reading Goals Red Cross Wsi Study Guide
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Red Cross Wsi Study Guide
 - Fact-Checking eBook Content of Red Cross Wsi Study Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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