

OBESITY **interventions** **IN** underserved **communities**

**EVIDENCE AND
DIRECTIONS**

EDITED BY

**Virginia M. Brennan, Shiriki K. Kumanyika
& Ruth Enid Zambrana**

Obesity Interventions In Underserved Communities Evidence And Directions

ML Morrison



Obesity Interventions In Underserved Communities Evidence And Directions:

Obesity Interventions in Underserved Communities Virginia M. Brennan, Shiriki K. Kumanyika, Ruth Enid Zambrana, 2014-12-08 Groundbreaking approaches to preventing and reducing obesity among minority low income and other medically underserved communities in the United States The obesity epidemic has a disproportionate impact on communities that are hard hit by social and economic disadvantages In Obesity Interventions in Underserved Communities a diverse group of researchers explores effective models for treating and preventing obesity in such communities The volume provides overviews of the literature at specific junctures of society and health e g the effectiveness of preschool obesity prevention programs as well as commentaries that shape our understanding of particular parts of the obesity epidemic and field reports on innovative approaches to combating obesity in racial ethnic minority and other medically underserved populations in the United States Authors make specific recommendations to policy makers which are designed to reverse the rising rate of obesity dramatically The thirty one literature reviews commentaries and field reports collected here address obesity prevention and treatment programs implemented across a spectrum of underserved populations with particular attention paid to children and adolescents Aimed at students clinicians and community workers in public health and health policy as well as family medicine and pediatrics sociology childhood education and nutrition and deeply informed by fieldwork this book demonstrates the importance of taking a full contextual view both historical and current when considering the challenge of reversing upward obesity trends among ethnic minorities impoverished people and other underserved populations [Obesity Interventions in Underserved Communities](#) Virginia M. Brennan, Shiriki K. Kumanyika, Ruth Enid Zambrana, 2014-12-08 Aimed at students clinicians and community workers in public health and health policy as well as family medicine and pediatrics sociology childhood education and nutrition and deeply informed by fieldwork this book demonstrates the importance of taking a full contextual view both historical and current when considering the challenge of reversing upward obesity trends among ethnic minorities impoverished people and other underserved populations

Primary Care of the Medically Underserved, An Issue of Physician Assistant Clinics Vincent Morelli, Roger Zoorob, Joel J. Heidelbaugh, 2018-11-21 This issue of Physician Assistant Clinics guest edited by Drs Vincent Morelli Roger Zoorob and Joel J Heidelbaugh is devoted to Primary Care of the Medically Underserved Articles in this issue include Primary Care Issues in Rural Populations Primary Care Issues in Inner City America and Internationally Medical Care for Undocumented Immigrants National and International Issues Pediatric and Adolescent Issues in Underserved Populations Women s Select Health Issues in Underserved Populations Medical Care of the Homeless An American and International Issue Occupational Health and Sleep Issues in Underserved Populations Infectious Disease Issues in Underserved Populations Psychological Issues in Medically Underserved Patients Substance Use Issues Among the Underserved United States and International Perspectives Diet and Obesity Issues in the Underserved Exercise and Sports Medicine Issues in

Underserved Populations Environmental Justice and Underserved Communities Climate Change and Underserved Communities Geriatric Care Issues An American and an International Perspective Cardiovascular Health Disparities in Underserved Populations Cancer in the Medically Underserved Population and International Comparisons in Underserved Health Issues Policies Needs and Projections CME credits are also available to subscribers of this series **New Directions**

in Behavioral Intervention Development for Pediatric Obesity, An Issue of Pediatric Clinics of North America

Sylvie Naar-King, 2016-07-06 Almost one out of every three US children is overweight or obese with minority youth at highest risk There are limited efficacious pediatric obesity interventions available for clinicians and successful weight loss trials for minority youth are rare Even fewer interventions have been shown to significantly improve clinical health outcomes such as adiposity blood pressure and cholesterol level and maintenance of behavior change over the long term remains a challenge Translation I research in which bench findings are applied to the bedside is uncommon in the behavioral arena Thus advances in our understanding of fundamental human processes such as motivation emotion cognition self regulation decision making stress and social networks are not being optimally applied to our most pressing behavioral health problems This issue of Pediatric Clinics will focus on promising behavioral treatments in the pipeline that have been translated from basic behavioral science and are the process of refinement and proof of concept testing **WE Matter!** Wendi S.

Williams, 2021-11-29 Increasingly social cultural and political discourse is deeming Black women and girls to be a critical group to engage We are told their lives should matter and yet there is also overwhelming evidence that Black women and girls continue to be what Malcolm X declared The most neglected person in America This critical volume engages a conversation at the intersection of the fields of education and psychology among recognized Black women scholars that contemporizes the discourse about Black women s and girls diversity their sociocultural contexts and various approaches to communal and clinical work with them to support their mental health wellness and thrivance WE Matter Intersectional Anti Racist Feminist Interventions with Black Girls and Women is a significant new contribution to Black Studies Mental Health and Gender Studies and will be a great resource for academics researchers and advanced students of Sociology Psychology Education and Politics The chapters in this book were originally published as a special issue of Women Therapy [Access](#) Dr. Amy Lee, Douglas Ramsthal CFP®, Jessica Carpenter RDN MBA, 2022-01-07 Access Addressing the Obesity Crisis By Dr Amy Lee Douglas Ramsthal CFP and Jessica Carpenter RDN MBA As a trained physician seeing the many types of patients in Dr Amy Lee s years of practice she has come to realize that what she does in treating a patient with obesity is a not straightforward There is not one type of diet regimen for everyone just as if there is not one pill that fixes all problems She finds herself working backwards by first meeting someone with the condition of overweightness followed by digging into their history on the root cause of the outcome What needs to be recognized is the many causes which could be genetic predisposition environmental forces complications from mental health or simply taking a medication with adverse reactions

of weight gain In order for practitioners like Dr Lee to carry out this job they need the medical community as well as the ancillary services to recognize the complexity of what it takes to fully make an impact in this patient population If they do not make changes and move forward this epidemic of obesity will surely become the next pandemic Dr Lee s hope in publishing Access Addressing the Obesity Crisis is to share with her colleagues the other side of the practice often overlooked or under recognized This is an attempt to shed a little light to what they are doing as medical bariatricians and the impact they can make for their patients

Childhood and Adolescent Obesity Lauren A. Stutts,2016-10-31 This book covers the development and treatment of childhood and adolescent obesity It is written from a biopsychosocial perspective and explores obesity from a holistic perspective and addresses the extent of the obesity epidemic and how obesity is defined and assessed in children It also chronicles the varying causes and contributors to childhood obesity as well as the physical psychological and social consequences of it The author highlights how a psychologist assesses childhood obesity and the potential psychological disorders related to obesity and also includes descriptions of specific interventions for childhood obesity The intervention section integrates a community based perspective that is often lacking in the literature and specifically addresses underserved populations Finally this book concludes with practical case studies discussion questions and case recommendations

Writing Blackgirls' and Women's Health Science Jameta Nicole Barlow,2023-12-21 This field of Black girls and women s health BGWH science is both transdisciplinary and interdisciplinary As such the contributors to this edited collection offer a unique lens to BGWH science expanding our collective scientific worldviews The contributing authors draw upon their ontological and epistemological knowledge to formulate pathways and inform methodologies for doing research and praxis to address BGWH Each contributor draws upon these knowledges and offers the reader a way to better understand how their framing and writing can create change in the health of Black girls and women

Community Health Workers in Action Melvin Delgado,2020 Health is a universal topic although complex to understand because to adequately cover it requires the introduction of an historical context and socio cultural factors Health and health inequities touch the lives of millions of people of color across all regions and a desperate search for innovative ways of reaching them in an affirming and cost effective manner This search translates into cultural and linguistic programs that empower and foster social change bringing immense rewards and challenges Community health workers offer tremendous promise in getting much needed health care to those in most need allowing for innovative practice in reaching those in greatest need Health care health workers urban communities

Global Practices and Training in Applied Sport, Exercise, and Performance Psychology J. Gualberto Cremades,Lauren S. Tashman,2016-05-20 Global Practices and Training in Applied Sport Exercise and Performance Psychology offers case analysis as a vehicle to address issues and experiences in the application of sport exercise and performance psychology SEPP and the supervision training of individuals to become professionals in the field A follow up to Becoming a Sport Exercise and Performance Psychology Professional 2014 this book

features a discussion of real world case examples which highlight various aspects of professional practice as well as supervision and training Professionals from around the world including the United States and Canada Europe Asia Africa and Australia share diverse experiences providing a uniquely in depth global perspective The case studies contained in the book were selected to provide insight into specific elements of applied practice and supervision training through a global lens as well as demonstrate the value of incorporating case analysis and reflection into one s training and continued professional development Case analysis is an essential part of learning and instruction Beyond educating the reader about theories and research on related topics in the field case analysis allows for more complex levels of learning including analysis synthesis and evaluation of diverse scenarios In Part I of this book the cases focus on applied SEPP practice Part II is comprised of cases that focus on training and supervision This book is essential reading for graduate students and neophyte professionals in the field for whom it is critical to learn how to effectively apply knowledge to real world sport exercise and performance psychology scenarios In addition the book is a useful resource for seasoned and expert practitioners and supervisors who can use case analysis as a means of continuing their professional development

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