# HOURS OF SERVICE RULES

# 14-HOUR SHIFT LIMIT

DOT rules limit truckers to 14-hour shifts after a 10-hour rest. A new shift requires another 10-hour break, irrespective of driving time or tasks within the 14 hours.



# 11.00

## 11-HOUR DRIVING LIMIT

Within a 14-hour shift, you can drive for 11 hours max, followed by a mandatory 10-hour break.

# 60/70-HOUR RULE

Weekly driving is capped at 60 hours over seven days or 70 hours over eight days, with a mandatory 34-hour break to reset the clock, allowing drivers to resume.





#### SPLIT SLEEPER BERTH RULE

The split sleeper berth rule offers flexibility, allowing you to divide your 10-hour rest into 8/2 or 7/3 splits. Each split affects your 14-hour driving clock differently, providing added convenience for varied schedules and delays.

# **New Hours Of Service Rules**

**Rachel S Tattersall** 

**New Hours Of Service Rules:** 

# New Hours Of Service Rules Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the energy of words has become more evident than ever. They have the ability to inspire, provoke, and ignite change. Such could be the essence of the book **New Hours Of Service Rules**, a literary masterpiece that delves deep to the significance of words and their affect our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

https://crm.avenza.com/data/uploaded-files/index.jsp/seduced%20surrender%20book.pdf

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