

Counselor's Treatment Manual

*Matrix Intensive Outpatient
Treatment for People With
Stimulant Use Disorders*



Samhsa Matrix Counselor39s Treatment Manual

O García



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Counselor's Family Education Manual - Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders
Department Of Health And Human Services, 2019-11-23 The Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders IOP package provides a structured approach for treating adults who abuse or are dependent on stimulant drugs The approach followed in the treatment package was developed by the Matrix Institute in Los Angeles California and was adapted for this treatment package by the Knowledge Application Program of the Center for Substance Abuse Treatment of the Substance Abuse and Mental Health Services Administration SAMHSA The Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders IOP package provides a structured approach for treating adults who abuse or are dependent on stimulant drugs The approach followed in the treatment package was developed by the Matrix Institute in Los Angeles California and was adapted for this treatment package by the Knowledge Application Program of the Center for Substance Abuse Treatment of the Substance Abuse and Mental Health Services Administration SAMHSA

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Using Matrix with Women Clients U. S. Department of Health and Human Services, 2013-06-26 The Matrix Intensive Outpatient Treatment for People with Stimulant Use Disorders Counselor's Treatment Manual originally published in 1995 by the Matrix Center and reproduced by SAMHSA in 2006 has been used by thousands of addiction treatment counselors The Matrix treatment model grew from a need for structured evidence based treatment for clients who abuse or are dependent on stimulant drugs particularly methamphetamine and cocaine The program model has been well received by the addiction treatment field and the demand for the Matrix program materials has been very high At the same time as the field became more experienced with the use of the program materials a need was identified for tailoring of program materials to certain special populations In 2005 an adaptation to the Matrix materials was developed for Native American American Indian persons In 2006 an additional adaptation was prepared for men who have sex with men *Counselor's Treatment Manual*, 2006

Counselor's Treatment Manual: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders U.S. Department of Health and Human Services, 2019-03-17 The Matrix IOP method was developed initially in the 1980s in response to the growing numbers of individuals entering the treatment system with cocaine or methamphetamine dependence as their primary substance use disorder Many traditional treatment models then in use were developed primarily to treat alcohol dependence and were proving to be relatively ineffective in treating cocaine and other stimulant dependence Obert et al 2000 To create effective treatment protocols for clients dependent on stimulant drugs treatment professionals at the Matrix Institute drew from numerous treatment approaches incorporating into their model methods that were empirically tested and practical Their treatment model incorporated elements of relapse prevention cognitive behavioral psychoeducation and family approaches as well as 12 Step program support Obert et al 2000 Counselor's Treatment

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Disorders U.S. Department of Health and Human Services,2019-03-17 The handouts in this book will help you get the most out of your Matrix treatment Some handouts ask questions and have spaces for your answers Other handouts ask you to read and think about a subject or an idea or they contain advice or reminders about recovery It is a good idea to keep and review the handouts after you have used them They will help you stay strong as you continue in your recovery During each treatment session your counselor will ask you to follow along on the handout while he or she goes over it with the group The counselor will give you time to think about what it says and write your answers to questions it may ask The group will then discuss the handout You should share your thoughts and ask questions during this time If you still have questions there will be more time to ask questions during the last part of each session

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Department of Health a. . . Services,2013-06-26 The Matrix IOP method was developed initially in the 1980s in response to the growing numbers of individuals entering the treatment system with cocaine or methamphetamine dependence as their primary substance use disorder Many traditional treatment models then in use were developed primarily to treat alcohol dependence and were proving to be relatively ineffective in treating cocaine and other stimulant dependence Obert et al 2000 To create effective treatment protocols for clients dependent on stimulant drugs treatment professionals at the Matrix Institute drew from numerous treatment approaches incorporating into their model methods that were empirically tested and practical Their treatment model incorporated elements of relapse prevention cognitive behavioral psychoeducation and family approaches as well as 12 Step program support Obert et al 2000

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