

Group Note Template

Basic Information			
Session Date	Session Start/Stop Time	No. of Clients in Session	Therapist Name
1/12/2022	12:30 - 2:30	3	Dr Lucy Smith
Group Summary			
<p>Group Summary</p> <p>There were 3 clients today within the group therapy session, and are patients of my practice. All are facing similar substance abuse issues with alcohol, and are practicing sobriety.</p>			
<p>Discussion Topic</p> <p>Today's discussion topic is dealing with sobriety, as part of substance abuse therapy. Clients are encouraged to talk about their experiences so far, and how no alcohol is affecting their day to day.</p>			
Intervention			
<p>The session began with introductions, and then with sharing experiences, if comfortable.</p> <p>The clients were then lead through multiple thought exercises considering how life trajectories, relationships, impulses, self-esteem, and work has/has not been affected by their alcohol decisions. This lead to interesting insight, more personal anecdotes and group support, as well as some questions.</p> <p>The final part of the session involved goal-setting, where clients were encouraged to set goals to achieve within the next month. Small steps are recommended, and each client is expected to report back within the next session.</p>			
Plan			
<p>All three clients were happy to meet next time, now having established support. Clients also agreed to make progress on their individual goals set, and will report back in the next session. Each client will also continue to see me privately throughout the month.</p>			
Therapist Signature		Next Session Date	
		15/02/2023	

Sample Group Counseling Notes

Rebecca Branstetter



Sample Group Counseling Notes:

Handbook of Group Counseling and Psychotherapy Janice L. DeLucia-Waack, Cynthia R. Kalodner, Maria Riva, 2013-12-02 The most comprehensive and thoroughly researched text available on this topic Handbook of Group Counseling and Psychotherapy Second Edition underscores the notion that group work is improved through increased collaboration between researchers and practitioners Edited by renowned leaders in the field this thoroughly updated and revised Second Edition explores current literature and research and offers suggestions for practice in psycho educational counseling and therapy groups The Handbook is divided into five main sections current and historical perspectives best practices multicultural and diverse groups groups in special settings and an introduction to special topics *The School Psychologist's Survival Guide* Rebecca Branstetter, 2012-05-01 A practical and accessible guide for helping school psychologists meet their everyday challenges In this newest addition to the Jossey Bass Survival Guide series popular blogger Rebecca Branstetter offers help for school psychologists who must often travel to multiple school sites deal with students with severe disabilities meet with concerned parents and manage school crises The book is filled with practical advice proven strategies and useful tools complete with reproducible forms letters and checklists for busy professionals Filled with the tools strategies and ideas for school psychologists who must deal with the myriad challenges of working with a diverse group of students often in multiple locations Another book in the popular Jossey Bass Survival Guide Series Rebecca Branstetter is an experienced school psychologist and popular blogger Notes from the School Psychologist studentsgrow.blogspot.com This vital resource offers a down to earth guide for both novice and seasoned school psychologists **Baby Jails** Philip G. Schrag, 2020-01-21 I worked in a trailer that ICE had set aside for conversations between the women and the attorneys While we talked their children most of whom seemed to be between three and eight years old played with a few toys on the floor It was hard for me to get my head around the idea of a jail full of toddlers but there they were For decades advocates for refugee children and families have fought to end the U S government's practice of jailing children and families for months or even years until overburdened immigration courts could rule on their claims for asylum Baby Jails is the history of that legal and political struggle Philip G Schrag the director of Georgetown University's asylum law clinic takes readers through thirty years of conflict over which refugee advocates resisted the detention of migrant children The saga began during the Reagan administration when 15 year old Jenny Lisette Flores languished in a Los Angeles motel that the government had turned into a makeshift jail by draining the swimming pool barring the windows and surrounding the building with barbed wire What became known as the Flores Settlement Agreement was still at issue years later when the Trump administration resorted to the forced separation of families after the courts would not allow long term jailing of the children Schrag provides recommendations for the reform of a system that has brought anguish and trauma to thousands of parents and children Provocative and timely Baby Jails exposes the ongoing struggle between the U S government and immigrant advocates over

the duration and conditions of confinement of children who seek safety in America *The AMHCA Handbook of Essential Forms and Marketing Strategies* Mark Vellucci, 2000 This manual provides essential information for counselors in private practice who are either just starting out or have established practices It is organized into six sections which contain forms relating to different aspects of practice The material can be used to create new forms or adapted for individual use They can also serve to generate marketing ideas help work with managed care organizations and improve billing Chapter 1 concerns office policy and procedures and contains sample letters to clients on policy discontinuation of therapy and other acknowledgements Chapter 2 deals with billing to insurance companies and individuals Chapter 3 considers client release and consent forms Chapter 4 discusses intake clinical evaluations and progress monitoring Chapter 5 presents marketing ideas Chapter 6 explains how to work with managed care organizations A CD ROM accompanies the manual JDM

Resources in Women's Educational Equity, 1980 Literature cited in AGRICOLA Dissertations abstracts international ERIC ABI INFORM MEDLARS NTIS Psychological abstracts and Sociological abstracts Selection focuses on education legal aspects career aspects sex differences lifestyle and health Common format bibliographical information descriptors and abstracts and ERIC subject terms used throughout Contains order information Subject author indexes Resources in Education, 1998 Research in Education, 1971 Group Counseling for School Counselors Greg Brigman, Barbara Earley, 1991 Many ways of working with elementary through high school students in groups to provide maximum services in the minimum of time are presented in this book of 80 reproducible handouts You get more than 100 fully designed group sessions on general topics such as self concept friendship and refusal skills to name just a few **American Vocational Journal**, 1973 *Virginia Counselors Journal*, 1993 **School Counseling Practicum and Internship** Helen S. Hamlet, 2016-10-28 School Counseling Practicum and Internship 30 Essential Lessons combines crucial counselor knowledge with the experience of experts in the field into one practical guide for addressing the real world of school counseling Drawing on more than a decade of teaching author Helen S Hamlet PhD presents a collection of lessons and techniques that includes forms websites activities and current information focusing on a range of challenging issues This unique text is a resource that practicum and internship students counselor educators and practicing school counselors will keep and refer to for years to come **Group Counseling** Don C. Dinkmeyer, James J. Muro, 1979 *The Theory and Practice of Group Psychotherapy* Irvin D. Yalom, 1995 Hailed by Jerome Frank as the best book that exists on the subject today and for the foreseeable future Irvin D Yalom's *The Theory and Practice of Group Psychotherapy* has long been the standard text in its field Indeed in a survey reported in the *American Journal of Psychiatry* it was cited as one of the ten most influential psychiatry publications of the past decade and it was one of the very few judged to be of seminal or lasting value In this completely revised and expanded fourth edition updated to reflect the American Psychiatric Association's latest diagnostic manual the DSM IV Dr Yalom presents the most recent developments in the field drawing on nearly a decade of new research as well as his own

broad clinical wisdom and experience This edition features new sections on combining individual and group therapy the latest information about brief group therapy and how to modify group work to deal with the newly emerging homogeneous focal groups including survivor groups as well as updated references and new clinical vignettes drawn from the author's recent practice Throughout Dr Yalom has updated the style and content of the chapters while retaining valid research and clinical observations Illustrating the text are vivid cases from nearly two thousand group sessions that he has led over the past decade The Theory and Practice of Group Psychotherapy is an informative text that is at once scholarly and lively This new edition is the most up to date incisive and comprehensive text on group therapy available today *The Clinical Documentation Sourcebook* Donald E. Wiger,1997-05-05 Accompanying floppy disk contains 24 ready to use sample forms that meet the documentation requirements of virtually every managed care organization Page 4 of cover *Group Counseling* Merle M. Ohlsen,1977 Drug Court Mitchell B. Mackinem,Paul C. Higgins,2008 Through their evaluation interpretation monitoring sanctioning and more drug court professionals judge the moral worth of drug offenders as they treat and manage the offenders through drug court Drug Court will be of interest to a diverse audience including the areas of criminal justice law legal studies drug treatment counseling and sociology BOOK JACKET **Relapse Prevention and Recovery Promotion in Behavioral Health Services , Current Index to Journals in Education ,2002**

Foundations of Addictions Counseling Dave Capuzzi,Mark D. Stauffer,2008 Foundations of Addiction Counseling explores the techniques and skills a new practitioner will need in the real world with chapters by expert scholars while providing a thorough review of the theory history and research of addiction counseling This comprehensive text offers prospective counselors the tools and strategies they will need for working with general and special populations including assessment tools strategies for outpatient and inpatient treatment information about maintenance and relapse prevention and counseling strategies for couples families children and adolescents and recovering addicts **Group Counseling** Edward E. Jacobs,Robert L. Masson,Riley L. Harvill,1998 This widely used and respected book will help you learn how to lead and move beyond simply being a group facilitator Group Counseling presents an active creative multisensory approach to group counseling for counselors as well as professionals in group leadership positions Ed Jacobs Robert Masson and Riley Harvill discuss the many facets of group counselling and provide insightful examples that demonstrate how each skill can be applied in a wide range of settings to produce efficient working groups Well organized readable and filled with helpful instructions on all aspects of group work Group Counseling provides a look at the intricacies of leading a group

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