

ADULT INTEREST CHECKLIST

Place a checkmark in the corresponding column if the following activities interest you.

ACTIVITY	CURRENTLY DO	INTERESTED
Gardening/yardwork		
Sewing/needlework		
Playing cards/games		
Thrifting/collecting		
Working on cars/motorcycles		
Listening to music/singing		
Watching TV		
Cooking		
Attending classes		
Dancing		
Reading		
Traveling		
Visiting with family		
Exercising		
Home repairs		
Painting/drawing		
Sports:		
Photography		
Crafts		
Pet care		
Other:		

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Occupational Therapy Interest Inventory Checklist

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