

Volleyball Unit Test

Name _____

Period _____ Grade _____

Teacher Mr. Misch (please circle the correct answer)



1. What is the ideal order of hits that would take place after a serve?

- A) set, bump, spike B) bump, set, spike C) spike, bump, set D) bump, spike, set

2. Which is not a cue when setting?

- A) get in forward stride position
B) form a window with hands above the face
C) contact the ball with the forearms
D) follow through in the direction of the intended flight

3. Which is not a cue for the bump pass?

- A) get in forward stride position
B) interlock hands
C) contact the ball with the finger pads
D) follow through in the direction of the intended flight

4. Which is not a cue for the underhand serve?

- A) stand straight up with feet together to start the serve
B) hold the ball in the non dominant hand
C) swing arm like a pendulum
D) transfer weight from rear foot to front foot

5. What is the best hit to use when the ball approaches you waist height or below?

- A) bump B) set C) spike D) underhand serve

Physical Education Learning Packets Volleyball Answer

RM Cervero



Physical Education Learning Packets Volleyball Answer:

Embracing the Melody of Term: An Psychological Symphony within **Physical Education Learning Packets Volleyball Answer**

In a global taken by screens and the ceaseless chatter of instantaneous conversation, the melodic splendor and psychological symphony developed by the published word usually disappear into the background, eclipsed by the relentless noise and interruptions that permeate our lives. But, nestled within the pages of **Physical Education Learning Packets Volleyball Answer** an enchanting fictional prize full of raw emotions, lies an immersive symphony waiting to be embraced. Crafted by a masterful musician of language, that interesting masterpiece conducts visitors on a mental journey, well unraveling the hidden tunes and profound affect resonating within each cautiously crafted phrase. Within the depths of this poignant review, we can explore the book is key harmonies, analyze their enthralling writing type, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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