



RUSH Caring for Caregivers

Caring for Caregivers aims to support family or friends that are providing care for adults 60 and older. Focusing on What Matters to the caregiver, we assist in developing a plan for the caregivers' health and well-being that incorporates the care needs of the older adult.

1. **Skill Building Meetings** can include occupational therapists, nurses, pharmacists, or nutritionists in teaching skills to caregivers, such as transferring patients without injuring themselves or performing basic medical care.
2. **Planning for What Matters Sessions** with our social worker to discuss what matters most to both caregiver and care recipient and develop health and life plans that reflect your preferences.
3. **Care Team Planning Meetings** involve learning to create and work with care teams most effectively, focusing on communicating effectively and ensuring that older adults and their caregivers are included in planning for care.

Initial session is provided at no cost. Additional services are covered by most insurances. Support for Rush Caring for Caregivers is made available through a generous grant from the RRF Foundation for Aging.

For more information,
call 312.563.0350 or
email us at
caregivers@rush.edu

Tower Resource Center
1620 W. Harrison St.
4th Floor, Suite 04527

Services can be provided
by phone, virtual or in-
person.

Parking is available at the
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and Harrison Streets.

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the signs to the Tower.

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Harrison Street. Parking at
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validated in full.



Rush Manual For Caregivers

Kristen Mauk



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The Rush Manual for Caregivers ,2004 **Fundamental Concepts and Skills for Nursing - E-Book** Susan C. deWit,Patricia A. Williams,2013-01-24 NEW Rationales for NCLEX review questions at the end of each chapter help you understand why your choices were correct or incorrect NEW Full text reviews by experts in the field offer consistency and ease understanding as you progress through the book NEW Evolve margin icons denote supplemental material for students on Evolve NEW Evidence Based Practice margin icons point out the most current and evidence based information NEW In depth discussion of the Quality and Safety Education for Nurses QSEN within the text provides the knowledge skills and attitudes necessary to continuously improve the quality and safety of the healthcare systems **The Family Caregiver's Manual** David Levy,2016-04-04 A complete step by step guide offering problem solving and coping skills applicable to every caregiver s unique circumstances Drawing from over twenty five years of experience Levy provides caregivers with a model for effective planning and problem solving focusing on the nonclinical aspects of caregiving which are often neglected by medical professionals Caring for young and old victims of disability illness and chronic disorders Finding ways to make our healthcare system work Assembling core information about a loved one s life Developing a realistic view of how much care a loved one needs today and may need tomorrow and understanding that continuum of care Locating resources that can make a difference in making sure a loved one s care needs are met Finding a good family caregiver support group Overcoming the roadblocks the caregiver s feelings of distress and failure can create Taking a practical approach to that overused phrase Take care of yourself David Levy JD is a gerontologist and a recognized family caregiver expert Levy holds a Doctor of Jurisprudence and is a Florida Supreme Court Certified Family Mediator in family caregiving and a certified Family Conflict Dynamics Profiler He facilitates weekly family caregiver support groups and counsels family caregivers both pro bono and privately **Understanding Alzheimer's Disease** Neal R. Cutler,John J. Sramek,2010-02-11 Alzheimer s disease has received growing attention in recent years because the affected population is growing quickly as life spans in America creep ever upward As they near retirement many Americans start to fear that any minor memory lapse misplacing the keys or forgetting a name might spell Alzheimer s In reality such incidents are a normal part of the aging process In Alzheimer s disease such incidents progress to a point at which they interfere with normal daily activities on a regular basis and memory loss becomes progressively more disabling This book is written for anyone interested in learning more about Alzheimer s disease people who have it their families and caregivers professionals who serve such people teachers and anyone with a general interest in the disease An important feature of this book is a clear explanation of the basic biology of the disease Here is information about who gets the disease how it is diagnosed and what happens to people who have it A large section is devoted to the subject of caring for affected individuals including legal and financial planning advice and pointers for finding outside support services Existing treatments are discussed along with suggestions for handling many symptoms without

drugs Understanding Alzheimer s Disease describes the most current knowledge of how and why it arises and gives information about the many avenues being explored in search of a cure With its chapters on causes and on the search for treatments this guide will be of interest to a wider section of the population than other books on the disease **Clinical Alzheimer Rehabilitation** Prem P. Gogia,Nirek Rastogi,2008-08-15 If knowledge and preparation are the best defense and offense for managing AD challenges this book is an excellent way to obtain those tools Shirley Sahrman PT PhD FAPTA from the Forward Despite the increasing prevalence of Alzheimer s disease AD current research remains limited and AD is still one of the most mysterious diseases to date even to health professionals This up to date resource for AD clinicians and caregivers serves to demystify AD and dementia at large This comprehensive and easy to read guidebook contains the latest research on dementia and AD in the elderly population including the causes and risk factors of AD diagnosis information and symptoms and progressions of the disease Significant emphasis is given to the physical mental and verbal rehabilitation challenges of patients with AD Key Features Outlines specific rehabilitation goals for the physical therapist occupational therapist speech language pathologist and general caregiver Includes chapters on prevention and treatment of AD caring for AD patients within the home and long term institutional care of AD Provides guidelines on how to address rehabilitation challenges including strength building to prevent falls swallowing exercises to prevent malnutrition and speech language skills to promote communication With this book Gogia and Rastogi set forth the necessary care giving and diagnostic tools to address the ongoing challenge of caring for AD patients tools that have been clinically proven to help arrest this devastating neurogenerative disease *Gerontological Nursing* Kristen Mauk,2010-10-25 Gerontological Nursing Competencies for Care Second Edition is a comprehensive and student accessible text that offers a holistic and inter disciplinary approach to caring for the elderly The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing AACN and the John A Hartford Foundation Institute for Geriatric Nursing Building upon their knowledge in prior medical surgical courses this text gives students the skills and theory needed to provide outstanding care for the growing elderly population It is the first of its kind to have more than 40 contributing authors from many different disciplines Some of the key features include chapter outlines learning objectives discussion questions personal reflection boxes and case studies *An Alzheimer's Surprise Party: Unveiling the Mystery, Inner Experience, and Gifts of Dementia* Tom Richards,Stan Tomandl,2009-06-18 NEW 2009 EDITION ALZHEIMER S ASSOCIATION RECOMMENDED RESOURCE An Alzheimer s Surprise Party investigates the widely held belief that dementia is only a mindless pathology Instead the authors discover an essential soulful spiritual process that can be facilitated right from Alzheimer s onset This book provides pioneering and innovative research on the Alzheimer s pandemic and serves as an intimate intense compelling beacon shining light on the disease s potential for deeper meaning and spiritual healing I strongly recommend this as an original method of understanding and dealing with people in Alzheimer s and other dementias DR ARNOLD MINDELL PhD

founder of Process Oriented Psychology This book is revolutionary in providing hope and meaning for patients relatives friends caregivers and professionals in the management of Alzheimer s and other dementias DR ROSEMARY SHINKWIN MD MRCPsych *Practical Pharmacology in Rehabilitation* Lynette Carl,Joseph Gallo,Peter Johnson ,2014 Practical Pharmacology in Rehabilitation discusses the effects of medications in the rehabilitation process and assists rehabilitation professionals in designing patient specific therapy plans based on coexisting disease states and medications used

Geriatric Rehabilitation Manual Timothy L. Kauffman,John O. Barr,Michael L. Moran,2007-01-01 This manual gives step by step guidance on the evaluation and treatment of geriatric diseases and disorders It covers incidence of disorders diagnostic tests associated diagnoses clinical implications for mobility and rehabilitation techniques It offers a broad overview of the effects of aging on all body systems Special geriatric considerations for laboratory assessment thermoregulations and pharmacology are also discussed This manual is a resource for all training clinicians in geriatric care and is a quick reference guide for students and practitioners in this field *Alzheimer's Disease Sourcebook* Karen Bellenir,1999 It provides information to help patients and their families understand the differences between reversible and irreversible causes of dementia comprehend the results of current research initiatives and know what to expect as Alzheimer s disease progresses A glossary and resource listings provide additional sources of help and information BOOK JACKET

The Caregiver's Manual Gene B. Williams,Patie Kay,1995 Care-Giving in Dementia V3 Gemma M. M. Jones,Bère M. L. Miesen,2004 Care Giving in Dementia Volume 3 is updated to incorporate the rapid and palpable changes that have taken place in this area It will prove invaluable to health and mental health professionals caring for people with dementia

Illinois Alzheimer's Disease Assistance Plan, 1994 Illinois Alzheimer's Disease Assistance Plan,1995 **Innovative Interventions To Reduce Dementia Caregiver Distress** David W. Coon, PhD,Dolores Gallagher-Thompson, PhD, ABPP,Larry W. Thompson, PhD,2002-10-31 Increasing evidence has demonstrated that caregivers of dementia victims are at risk for depression and other medical problems In what ways can health care providers improve or maintain the well being of dementia caregivers This volume provides an overview of emerging themes in dementia caregiving research and presents a broad array of practical strategies for reducing caregiver distress including interventions for specific populations such as ethnic minority caregivers male caregivers and caregivers with diverse sexual orientations Innovative approaches include the value of partnering with primary care physicians to improve quality of life for both patient and caregiver and the use of technological advances to help distressed caregivers A timely cutting edge book written for clinicians of varying backgrounds who provide direct services to families of dementia victims For Further Information Please Click Here *Illinois Alzheimer's Disease Assistance Plan ,1997* *Clinical Practice with Caregivers of Dementia Patients* Mary Kaplan,1996 First published in 1996 Routledge is an imprint of Taylor Francis an informa company Alzheimer Disease Sourcebook Karen Bellenir,2008 Provides basic consumer health information about Alzheimer disease and other dementias with tips for coping

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