

QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PST.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

Generic	NAMES	Brand	Usual Daily Dosage Range	Sedation	AChE ¹	NE	Selective Action On Neurotransmitters ²	
							5-HT	DA
imipramine		Tofranil	150-300 mg	mid	mid	++	+++	0
desipramine		Norpramin	150-300 mg	low	low	+++++	0	0
amitriptyline		Elavil	150-300 mg	high	high	++	+++++	0
nortriptyline		Aventyl, Pamelor	75-125 mg	mid	mid	+++	++	0
protriptyline		Vivactil	15-40 mg	mid	mid	+++++	+	0
trimipramine		Surmontil ³	100-300 mg	high	mid	++	++	0
doxepin		Sinequan, Adapin ³	150-300 mg	high	mid	++	+++	0
clomipramine		Anafranil	150-250 mg	high	high	0	+++++	0
maprotiline		Ludomil	150-225 mg	high	mid	+++++	0	0
amoxapine		Asendis	150-400 mg	mid	low	+++	++	0
trazodone		Desynel	150-400 mg	mid	none	0	+++++	0
nefazodone		Generic Only	100-300 mg	mid	none	0	+++	0
fluoxetine		Prozac ⁴ , Sarafem	20-80 mg	low	none	0	+++++	0
bupropion-X.L.		Wellbutrin-X.L. ⁴	150-400 mg	low	none	++	0	++
sertraline		Zoloft	50-200 mg	low	none	0	+++++	+
paroxetine		Paxil	20-50 mg	low	low	+	+++++	0
venlafaxine-X.R.		Effexor-X.R. ⁴	75-350 mg	low	none	++	+++	+
desvenlafaxine		Pristiq	50-400 mg	low	none	++	+++	+
fluvoxamine		Luvax	50-300 mg	low	low	0	+++++	0
mirazapine		Remeron	15-45 mg	mid	mid	+++	+++	0
citalopram		Celexa	10-60 mg	low	none	0	+++++	0
escitalopram		Lexapro	5-20 mg	low	none	0	+++++	0
duloxetine		Cymbalta	20-80 mg	low	none	++++	++++	0
atomoxetine		Strattera	60-120 mg	low	low	+++++	0	0
MAO INHIBITORS								
phenelzine		Nardil	30-90 mg	low	none	+++	+++	+++
tranylcypromine		Parnate	20-60 mg	low	none	+++	+++	+++
selegiline		Emsam (patch)	6-12 mg	low	none	+++	+++	+++

¹AChE: Anticholinergic Side Effect

²NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, ++ = moderate effect, +++ = high effect)

³Fluoxetine, but likely effects

⁴Available in standard formulation and time release (XR, XL, or CR). Prozac available in 90mg time released/weekly formulation.

BIPOLAR DISORDER MEDICATIONS

Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level	Generic	NAMES	Brand	Dosage	Daily Range	Serum ¹ Level
lithium carbonate		Eskalith, Lithonate	600-2400	0.6-1.5	divalproex		Depakote		750-1500	50-100
lithium aspartate					lamotrigine		Lamictal		50-500	(2)
fluoxetine		Symbyax	6/25-12/50mg ⁴	2	topiramate		Topamax		50-300	(3)
carbamazepine		Tegretol, Equetro	600-1600	4-10+	gabapine		Gabril		4-12	(3)
oxcarbazepine		Trileptal	1200-2400	(2)						

¹Lithium levels are expressed in mEq/L; carbamazepine and valproic acid levels express in mg/mL.

²Serum monitoring may not necessary. ³Not yet established. ⁴Available in: 6/25, 6/50, 12/25, and 12/50mg formulations.

ANTI-OBSESSIONAL

Generic	NAMES	Brand	Dose Range ¹
clomipramine		Anafranil	150-300 mg
fluoxetine		Prozac ¹	20-80 mg
sertraline		Zoloft ¹	50-200 mg
paroxetine		Paxil ¹	20-60 mg
fluvoxamine		Luvax ¹	50-300 mg
citalopram		Celexa ¹	10-60 mg
escitalopram		Lexapro ¹	5-30 mg

¹Often higher doses are required to control obsessive-compulsive symptoms than the doses generally used to treat depression.

PSYCHO-STIMULANTS

Generic	NAMES	Brand	Daily Dosage ¹
methylphenidate		Ritalin	5-50 mg
methylphenidate		Concerta ²	18-54 mg
methylphenidate		Metadate	5-40 mg
methylphenidate		Methylton	10-60 mg
methylphenidate		Daytrana (patch)	15-30 mg
dexamethylphenidate		Focalin	5-40 mg
dextro-amphetamine		Dexedrine	5-40 mg
lisdexamphetamine		Vyvanse	30-70 mg
pemoline		Cylert	37.5-112.5 mg
d- and l-amphetamine		Adderall	5-40 mg
modafinil		Provigil, Sparlon	100-400 mg

¹None: Adult Doses.

²Sustained release

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