

A black and white photograph of a muscular man in mid-air, performing a jump over a large, dark, rectangular box. The man is shirtless, showing a very defined abdominal and chest muscle structure. He is wearing dark athletic shorts and sneakers. The background is dark with a subtle hexagonal pattern. The overall aesthetic is high-contrast and emphasizes physical strength and athletic performance.

# ROCKTAPE

Go stronger, longer

# Rock Tape Manual

**R Barnett**



## **Rock Tape Manual:**

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