



Pharmacology



Drug Fundamentals, Plus the Most Frequently Prescribed Drug Classifications—including Indications, Reactions, Examples & More

definitions

- pharmacodynamics** Study of the mechanisms of action of drugs within the body and how drugs produce their effects in the body
- pharmacogenetics** Study of drug reactions in the body that are unanticipated or unusual, and may have a hereditary basis for the response
- pharmacokinetics** Study of drug actions as they move through the body; the way the body absorbs, distributes, metabolizes and excretes drugs; mathematical study of drugs based on time and dose
- pharmacology** Study of biologically active compounds, how they react in the body and how the body reacts to them
- pharmacotherapeutics** Study of drugs used to prevent, treat or diagnose disease
- pharmacy** Preparation and dispensing of drugs
- toxicology** Study of harmful or poisonous effects of drugs

drug names



pharmacodynamics

- Receptors**
 - Protein molecules with one or more binding sites, located on cell membranes
- Receive a signal from the body's chemicals: neurotransmitters, hormones, enzymes
- Signal will cause a molecular event on the inside of the cell to occur
- Drugs Enhance (agonists, diminish (partial agonists) or block (antagonists) the generation, transmission or reception of the signal
- Affinity: Attraction between a drug and a receptor
- High affinity: Drug will bind easily to the receptor
- Low affinity: Requires a higher concentration of the drug to get a therapeutic response
- Drug Potency**
 - Amount of drug required to produce a therapeutic response
- Dose Response Curve**
 - Effective Dose (ED₅₀): Amount of drug that produces a therapeutic response in 50% of the people taking it
 - Toxic Dose (TD₅₀): Amount of drug that produces adverse effects in 50% of the people taking it
 - Therapeutic Index (TI): Margin of safety; ratio between the TD and the ED
 - The higher the TI, the safer the drug is considered to be; in general, nonprescription drugs have much higher TIs than prescription drugs

pharmacokinetics

- Routes drugs take to get into the body**
 - Oral**
 - Enters the body through the GI tract
 - Taken by mouth, through the rectum, under the tongue or held in the cheeks
 - Intravenous**
 - Enters the body through a different means (i.e., other than the GI tract)
 - Can be injected into the veins, arteries, muscles, spinal cord, or under the skin, inhaled through the lungs, transdermally through the skin via ointment or patch
- Absorption**
 - Bioavailability**: Percent absorbed into systemic circulation after administration
 - Bioavailability** depends on route of administration as well as the drug's ability to cross membranes and reach its target
 - First Pass Effect**
 - Drugs absorbed through the stomach and small intestine must pass through the liver before circulating systemically
 - Liver can inactivate the drug, making less of the drug available to reach the target organ
 - Absorption at cellular level occurs through passive transport, active transport, pinocytosis and facilitated diffusion
- Distribution**
 - Influenced by several factors:
 - Tissue permeability**: Ability of drug to pass through the membranes readily affects the extent to which the drug moves around in the body
 - Blood flow**: Drugs in the blood stream, will get to the organs and tissues that are highly perfused
 - Plasma proteins binding**: Drug can bind to a protein that will render the drug inactive; only an unbound drug can attach to the receptors
 - Binding to subcellular components
 - Blood pH
- Drug Storage Sites**
 - Adipose Tissue**: Primary site; lipid-soluble drugs tend to remain for long periods of time due to low metabolic rates of drugs and poor blood perfusion of tissue
 - Some Toxic agents** like heavy metals
 - Muscle**: Binding can cause muscle to store drugs
 - Chemo**: Liver and kidneys
- Metabolism**
 - Bioreformation**: Chemical changes that occur in the drug following administration
 - Metabolite**: Altered version of the chemical compound
 - Can have a higher or lower rate of activity than the original drug; if higher, drug is given as an inactive or prodrug form
 - Prodrug**: Requires metabolism or activation of drug in order for it to act within the body
- Excretion**
 - First order**: Rate of removal of drug from the body is proportional to the concentration of the drug in the plasma
 - Half-life**: Time required to decrease the blood levels of a drug by one-half
 - A one-time drug dosage will be eliminated almost completely by 5 half-lives
 - A drug given on a continuous dosage schedule will reach steady state concentration after 5 half-lives
 - Steady state**: Rate of drug administration is equal to the rate of drug excretion
 - Organs that excrete drugs: Kidneys, lungs, sweat glands, mammary glands, salivary glands, skin and GI tract

schedule drugs



- | Schedule Class | Characteristics |
|-------------------|--|
| Schedule 1: C-I | High abuse potential; not legal; no acceptable medical use; no prescriptions available |
| Schedule 2: C-II | High abuse potential and severe dependence liability; current, accepted medical use; prescription drug signed; not stamped prescription; 30-day supply; no refills |
| Schedule 3: C-III | Less abuse potential, low-moderate physical dependence; high psychological dependence; by prescription only, expires within 6 months; max. 3 refills on one script |
| Schedule 4: C-IV | Less abuse potential than C-III drugs; accepted medical use; limited physical and psychological dependence; written or verbal prescription, expires in 6 months; max. 3 refills on one script |
| Schedule 5: C-V | Limited abuse potential; accepted medical use; small amounts of narcotics used as antitussives (cough medicine) or antidiarrheals; may not need a prescription but must be recorded as a transaction |

- Examples (C-I to C-IV)**
 - Heron, LSD, cocaine, marijuana, methaqualone
 - Opium, morphine, coca, methadone
 - Amphetamine, codeine, barbiturates, Valium, Xanax, anabolic steroids
 - Clonidine, hydralazine, nifedipine, paroxetine, phenobarbital

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Michael Hoelscher



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Table of Contents Pharmacology Quick Reference Guide

1. Understanding the eBook Pharmacology Quick Reference Guide
 - The Rise of Digital Reading Pharmacology Quick Reference Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Pharmacology Quick Reference Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Pharmacology Quick Reference Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Pharmacology Quick Reference Guide

- Personalized Recommendations
- Pharmacology Quick Reference Guide User Reviews and Ratings
- Pharmacology Quick Reference Guide and Bestseller Lists
- 5. Accessing Pharmacology Quick Reference Guide Free and Paid eBooks
 - Pharmacology Quick Reference Guide Public Domain eBooks
 - Pharmacology Quick Reference Guide eBook Subscription Services
 - Pharmacology Quick Reference Guide Budget-Friendly Options
- 6. Navigating Pharmacology Quick Reference Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Pharmacology Quick Reference Guide Compatibility with Devices
 - Pharmacology Quick Reference Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Pharmacology Quick Reference Guide
 - Highlighting and Note-Taking Pharmacology Quick Reference Guide
 - Interactive Elements Pharmacology Quick Reference Guide
- 8. Staying Engaged with Pharmacology Quick Reference Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Pharmacology Quick Reference Guide
- 9. Balancing eBooks and Physical Books Pharmacology Quick Reference Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Pharmacology Quick Reference Guide
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Pharmacology Quick Reference Guide
 - Setting Reading Goals Pharmacology Quick Reference Guide
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Pharmacology Quick Reference Guide

- Fact-Checking eBook Content of Pharmacology Quick Reference Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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