

AMERICAN RED CROSS WATER SAFETY INSTRUCTOR

Course Syllabus

June Wilden: Wellness (Room 109B)

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Course Description -

The purpose of this course is to train instructor candidates to teach water safety, including the Basic Water Rescue course, six levels of the Learn to Swim and Parent and Child Aquatics. Note: This Water Safety Instructors course is not designed to teach you the required strokes. This course is dedicated to developing the skills you will need to instruct and plan course in the American Red Cross Swimming and Water Safety program

Prerequisites: To be eligible to take the Water Safety Instructor course a prospective candidates must

1. Be at least 16 years old on or before the final scheduled session of the Instructor course. (Candidates must provide proof of age, such as a driver's license or birth certificate.)
2. Possess one of the following:
 - a. Possess a Fundamentals of Instructor Training (FIT) certificate issued within the past 12 months.
 - b. Have a current Health and Safety Services Instructor Authorization (F5736 or C3005)
3. Successfully pass the Precourse written test and skills test.

PRECOURSE SKILLS TEST CONSISTS OF THE FOLLOWING SKILLS:

1. Long shallow dive into a minimum of 9 feet of water, perform a surface dive, retrieve a 10 pound brick in 6 to 10 feet of water, and bring it to the surface.
2. Perform a wading assist with equipment. Bring the victim safely to the side of the pool.
3. Enter shallow water and approach a facedown victim with a suspected spinal injury. Use the Head Splint to establish the airway and maintain in-line stabilization.

Red Cross Water Safety Instructor Recertification Answers

LL Leslie

A decorative graphic consisting of a light blue horizontal bar with a rounded right end, and a red circular shape partially visible behind it.

Red Cross Water Safety Instructor Recertification Answers:

Hearings, Reports and Prints of the House Committee on Education and Labor United States. Congress. House. Committee on Education and Labor, 1974 **Youth Camp Safety Act, Hearings Before the Select Subcommittee on Labor Of..., 93-2, May 15, 16; June 12 and 13; Bear Mountain, N.Y., June 7, 1974** United States. Congress. House. Education and Labor, 1974 *Youth Camp Safety Act* United States. Congress. House. Committee on Education and Labor. Select Subcommittee on Labor, 1974 Literacy Instruction in the Content Areas Patricia L. Anders, Barbara J. Guzzetti, 2020-07-24 Like its predecessor *Literacy Instruction in the Content Areas* Second Edition is written for undergraduate graduate and in service teachers who want to integrate literacy processes into their content area instruction In addition to extensive updating of earlier material this new edition extends its coverage to include new chapters on adolescents out of school literacy experiences and their in school preferences digital resources for content learning and considerations for the reading specialist In doing so however the authors have tried to maintain the brevity stylistic clarity and classroom focus of the earlier volume Key features of this important new book include Teaching Flexibility Although written with the needs of pre service teachers in mind theory and research are treated in sufficient depth to make the book suitable for graduate courses and for teacher study groups It is also appropriate for secondary reading specialists or literacy coaches responsible for establishing or maintaining a school wide literacy program Changes in New Edition All chapters have been reorganized and most of the text rewritten In addition new chapters not usually included in content area reading texts were added These cover 1 adolescents out of school literacy experiences and in school preferences 2 digital resources for content learning and 3 considerations for the reading specialist Socio Cultural Perspective Like other volumes in the Literacy Teaching Series the perspective of this one is socio cultural and constructivist It recognizes that classroom teaching and learning are closely intertwined with surrounding school and community cultures as well as the culture and language of the subject being studied Likewise literacy is not simply a matter of reading and writing but involves using multiple literacies to negotiate and construct meaning Practical Orientation Although supporting theory and research are included in all chapters instructional strategies with illustrative examples from practicing teachers are included in most chapters Each chapter concludes with Application Activities and From Our Professional Library references *Army Digest* ,1966 *Army Information Digest* ,1966 The Architect William David, 2015-11-24 If you enjoy art and architecture you may be surprised to discover a distinct similarity between a great work of art and a magnificent building as well as to that of a wonderful fulfilling long term relationship between a man and a woman Although you will learn if you are not already aware you cannot rely on luck alone to achieve happiness in marriage The art of choosing a mate requires as much forethought as designing a building or creating an oil painting *The Architect* Time Out of Mind will help you know whether a person you date is worth pursuing after two dates or less Perhaps during your next first date with someone new of interest you will want to ask a few

specific and relevant personal questions After considering the answers thoroughly you now have more information to decide whether your date is worth pursuing After dating awhile and before bonding or considering a long term commitment shouldn't you also have a clear understanding of your special person's relational needs beginning perhaps as early as the end of the first date You will find the answer to that question and many others you may have never thought to ask in this captivating novel about two young people Ed Decker and Camilla Holmes Their story spans forty years beginning in the late 1950s and how their early boy girl relationship influenced their lives **Safe Kids** Vivian Kramer Fancher,1991-09-03 With immunization against major childhood diseases widely available parental concerns in the nineties are focused on safety issues A handbook and working reference for parents of children from birth through high school Using positive guidelines rather than a list of do's and don'ts the book will help you provide your child with a sense of security and the ability to act and react in challenging situations Topics covered include school street transportation recreation and medical safety spending time at home alone sexual abuse and more Parents and children will learn how to handle the hazards of today's complex world *Cincinnati Magazine* ,1984-03 Cincinnati Magazine taps into the DNA of the city exploring shopping dining living and culture and giving readers a ringside seat on the issues shaping the region *School Life* ,1940 *Aquatics Guide* ,1963 **Cincinnati Magazine** ,1984-02 Cincinnati Magazine taps into the DNA of the city exploring shopping dining living and culture and giving readers a ringside seat on the issues shaping the region New Rudman's Questions and Answers on The-- OTA ,1992 *Parents* ,2000 *School Life* ,1940 **Proceedings [of The] Annual Meeting** National College Physical Education Association for Men (U.S.),1978 *Lifesaving and Water Safety Instruction* Charles E. Silvia,1960 Journal of Health, Physical Education, Recreation ,1951 **Communication, Education & Travel** Pamela Fehl,2010 Profiles 15 careers that allow workers to contribute to jobs that conserve energy and protect the environment **Beach & Pool and Swimming** ,1949

The Top Books of the Year Red Cross Water Safety Instructor Recertification Answers The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the fascinating narratives that have captivated audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Red Cross Water Safety Instructor Recertification Answers : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens' "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and gripping novel that will keep you speculating until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

<https://crm.avenza.com/About/virtual-library/Documents/oracle%20database%2011g%20real%20application%20clusters%20handbook%202nd%20edition%20press.pdf>

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