

Homemade Goat Milk Infant Formula

Whole Milk Version

Recipe makes 1 cup (8 ounces)

- 1 tablespoon** CapraMilk® Whole Goat Milk Powder
- ½ teaspoon** Organic Coconut Oil
- ½ teaspoon** Organic Olive Oil
- 1 tablespoon** Organic, Raw Turbinado sugar
- ⅛ teaspoon** Unsulphured Blackstrap Molasses
- ⅛ teaspoon** Primal Defense® Kids Probiotics
- ¼ teaspoon** NutriStart® Multivitamin Powder
- 1 scoop (1,450mg)** CapraColostrum® colostrum powder*
- Based on weight** Nordic Naturals® Baby DHA*

Fill the bottle up with 5 oz. very hot (120 F) water. Add coconut oil and wait for oil to melt. Add olive oil, molasses, and turbinado sugar. Shake well. When contents are well mixed, add milk powder and cold water so that the total volume is 8 ounces. Shake well. Lastly add probiotics (to ensure their viability) and any other once-per-day ingredients (vitamins, colostrum, or DHA) Shake well one last time. When making larger batches, mix all the ingredients with only half the required water until everything is well mixed and then finish by adding the remaining water to the final desired level.

	1 pint	1 quart	1 gallon
Water	2 cups	4 cups	16 cups
Goat Milk	2 tbsp	4 tbsp	1 cup
Coconut Oil	1 tsp	2 tsp	8 tsp
Olive Oil	1 tsp	2 tsp	8 tsp
Turb. Sugar	2 tbsp	4 tbsp	1 cup
Molasses	¼ tsp	½ tsp	2 tsp
Probiotics	¼ tsp per day		
Vitamins	¼ tsp per day		
Colostrum	1 scoop per day (1,450 mg)		
DHA	Once per day based on weight		

Please talk with your doctor before starting your infant on a new formula program

**optional ingredients*



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