

Physical Education Lesson Plan

Grade Level:	Unit:	Lesson Focus:
2nd Grade	Ball Skills	Dribbling With A Hand

ESSENTIAL QUESTION:

What are the key elements to dribbling a ball?

1. Finger pads
2. Head looking up
3. Dribble ball waist level
4. Push ball towards the floor (don't slap)

INTENDED STUDENT PERFORMANCE OBJECTIVES:

Psychomotor:	The student will be able to...dribble in their own space with good form
Cognitive:	The student will be able to...tell the teacher what part of the hand you dribble a ball with
Affective:	The student will be able to...cooperate with others to "peel" student's bananas to get them free in the Banana Bunch game

INTENDED TEACHER PERFORMANCE OBJECTIVES:

During The Lesson The Teacher Will...:	...attempt to use each student's name at least once. ...attempt to give each student specific feedback pertaining to skill development and improvement. ...move around the gym so that all students can be observed.
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EQUIPMENT NEEDED:	AMOUNT NEEDED:	EQUIPMENT NEEDED:	AMOUNT NEEDED:
Beanbags	1 for every 2 students	Foam bananas	2 or 3
Playground balls	1 for every student	Cones	4
Pinnies	2 or 3		

REFERENCES:

Instantly Active poster of "Banana Bunch" game.
P.E. Central - "Red Light, Green Light, 3-2-1" game.

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Kathleen Armour



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