

Physical Education Lesson Plan

Grade Level:	Unit:	Lesson Focus:
2nd Grade	Ball Skills	Dribbling With A Hand

ESSENTIAL QUESTION:

What are the key elements to dribbling a ball?

1. Finger pads
2. Head looking up
3. Dribble ball waist level
4. Push ball towards the floor (don't slap)

INTENDED STUDENT PERFORMANCE OBJECTIVES:

Psychomotor:	The student will be able to...dribble in their own space with good form
Cognitive:	The student will be able to...tell the teacher what part of the hand you dribble a ball with
Affective:	The student will be able to...cooperate with others to "peel" student's bananas to get them free in the Banana Bunch game

INTENDED TEACHER PERFORMANCE OBJECTIVES:

During The Lesson The Teacher Will...:	<ul style="list-style-type: none"> ...attempt to use each student's name at least once. ...attempt to give each student specific feedback pertaining to skill development and improvement. ...move around the gym so that all students can be observed.
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EQUIPMENT NEEDED:	AMOUNT NEEDED:	EQUIPMENT NEEDED:	AMOUNT NEEDED:
Beanbags	1 for every 2 students	Foam bananas	2 or 3
Playground balls	1 for every student	Cones	4
Pinnies	2 or 3		

REFERENCES:

Instantly Active poster of "Banana Bunch" game.
P.E. Central - "Red Light, Green Light, 3-2-1" game.

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Kathleen Armour



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Table of Contents Physical Science Cap Lesson Plan Grade 1

1. Understanding the eBook Physical Science Cap Lesson Plan Grade 1
 - The Rise of Digital Reading Physical Science Cap Lesson Plan Grade 1
 - Advantages of eBooks Over Traditional Books
2. Identifying Physical Science Cap Lesson Plan Grade 1
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Physical Science Cap Lesson Plan Grade 1
 - User-Friendly Interface
4. Exploring eBook Recommendations from Physical Science Cap Lesson Plan Grade 1
 - Personalized Recommendations
 - Physical Science Cap Lesson Plan Grade 1 User Reviews and Ratings
 - Physical Science Cap Lesson Plan Grade 1 and Bestseller Lists

5. Accessing Physical Science Cap Lesson Plan Grade 1 Free and Paid eBooks
 - Physical Science Cap Lesson Plan Grade 1 Public Domain eBooks
 - Physical Science Cap Lesson Plan Grade 1 eBook Subscription Services
 - Physical Science Cap Lesson Plan Grade 1 Budget-Friendly Options
6. Navigating Physical Science Cap Lesson Plan Grade 1 eBook Formats
 - ePub, PDF, MOBI, and More
 - Physical Science Cap Lesson Plan Grade 1 Compatibility with Devices
 - Physical Science Cap Lesson Plan Grade 1 Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Physical Science Cap Lesson Plan Grade 1
 - Highlighting and Note-Taking Physical Science Cap Lesson Plan Grade 1
 - Interactive Elements Physical Science Cap Lesson Plan Grade 1
8. Staying Engaged with Physical Science Cap Lesson Plan Grade 1
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Physical Science Cap Lesson Plan Grade 1
9. Balancing eBooks and Physical Books Physical Science Cap Lesson Plan Grade 1
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Physical Science Cap Lesson Plan Grade 1
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Physical Science Cap Lesson Plan Grade 1
 - Setting Reading Goals Physical Science Cap Lesson Plan Grade 1
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Physical Science Cap Lesson Plan Grade 1
 - Fact-Checking eBook Content of Physical Science Cap Lesson Plan Grade 1
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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