

## Best Workflow: Import MP4 Video into Adobe Premiere Pro

**Summary:** Read this article and you will learn the best and easiest way editing MP4 files in Premiere Pro CS3/CS4/CS5/CS6 by transcoding mp4 to Premiere Pro compatible videos.

**Q1:** Hi I'm Hayley, I was just wondering, I have footage in a strange format; .mp4, and it wont import into Premiere CS3. Someone asked me if I had all the updates, etc, I do, and still no luck with it...I was thinking of doing a reinstall of it, but if i do that, I will likely have to download all my updates and stuff all over again, and in the end, the mp4 thing still may not work. Before I try the reinstall, I was just wondering if anything else can be done about the format.

Any ideas, friends? Thanks in advance!

**Q2:** I recorded using camera app in Windows 8. It names the files as mp4 but Adobe Premier Pro CS4 wasn't able to import it. Try rename to mpg, m4v doesn't work, converting using Free Make Video Converter to WMV, MP4, MPG also doesn't work.

**Q3:** When I attempt to import XDCAM EX clips or MP4 files into Adobe Premiere Pro CS5, I receive the error message "Unsupported format or damaged file." Every time I try, all I get are codes/words and I'm having trouble. Please help?



# Problems Mp4 Manual

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