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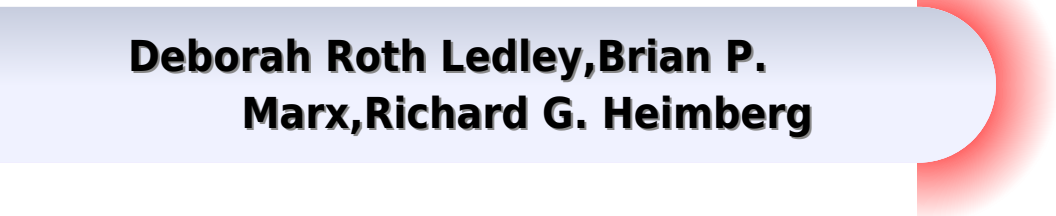
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- Session Information:** Includes fields for Date, Session Number, and Session Type.
- Goals:** A section for listing session goals.
- Cognitive-Behavioral Therapy (CBT) Techniques:** A table with columns for Technique, Description, and Homework. It lists various techniques such as Mindfulness, Cognitive Restructuring, and Exposure Therapy.
- Homework Assignments:** A section for listing homework tasks.

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**Deborah Roth Ledley, Brian P.
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