5.A 30-year-old female complains of fatigue, constipation, and weight gain. There is no prior history of neck surgery or radiation. Her voice is hourse and her skin is dry. Serum is elevated and T4 is low. The most likely cause of these findings is:

- A. Autoimmune disease
- B. Pituitary hypofunction
- C. Thyroid carcinoma
- D. Viral infection of thyroid

6. Which one of the following statements about lifestyle modifications in patients with hypertension is correct

- A. Excess dietary sodium may decrease the antihypertensive effects of medications, but it does not alter their effect on proteinuria.
- B. Although the Dietary Approaches to Stop Hypertension diet is recommended by clinical guidelines, its effectiveness has not been verified in research trials
- C. Weight loss and exercise may improve glycemic control and insulin sensitivity in diabetic patients.
- Diabetic patients should begin lifestyle modifications when hypertension is diagnosed
- 7. Measles is characterized by each of the following EXCEPT:
- A. Bronchitis
- B. Photophobia
- C. Rash peaks as the fever falls

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