

PERSONAL TRAINING CONTRACT

PARTIES

- This Personal Training Contract (hereinafter referred to as the "Agreement") is entered into on _____ (the "Effective Date"), by and between _____, with an address of _____ (hereinafter referred to as the "Company"), and _____, with an address of _____ (hereinafter referred to as the "Client") (collectively referred to as the "Parties").

SERVICES

- The Services to be provided by the Company to the Client are enlisted below:
 1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____
 7. _____
 8. _____
 9. _____
 10. _____
- The personal training provided by the Company will last for a period of _____ minutes per session.
- The Parties agree that the trainer will be assigned to the Client by the Company and is subject to change at any time. In case the Client requests a new Trainer, the Company will make every effort to provide one and accommodate if the circumstances allow.

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