

Psychotherapy DAP Note

Psychiatric Social Worker

Date of Exam: 4/28/2012

Time of Exam: 9:00:56 AM

Patient Name: Conner, Andrea

Patient Number: 1000010644560 Improvement is occurring. "My social life now revolves around exercise instead of drinking with my friends."

Problem Pertinent Review of Symptoms: Feelings of anxiety are denied. Andrea denies experiencing dysphoric moods. Sleep disturbance is not reported. Andrea describes rare substance cravings. She denies the temptation to use. Andrea denies use. Andrea reports that she has been regularly attending AA meetings. A sample for urine drug screening was obtained. She has maintained sobriety. Impulsive behaviors are not reported. Content of Therapy: The patient's substance abuse problems were the main issue this session. Feelings of shame were also expressed.

Therapeutic Interventions: The focus of today's session was on helping the patient increase insight and understanding. The main therapeutic techniques used involved the exploration of the patterns of certain behaviors. Therapeutic efforts also included aiding the patient in identifying the precipitants of unproductive feelings and behaviors. . The importance of abstinence was also reviewed.

MENTAL STATUS: Andrea is alert, attentive, casually groomed, and relaxed. She exhibits speech that is normal in rate, volume, and articulation and is coherent and spontaneous. Language skills are intact. Mood is entirely normal with no signs of depression or mood elevation. Affect is appropriate, full range, and congruent with mood. Insight into illness is normal. Social judgment is intact. Signs of chemical withdrawal are exhibited by Andrea. Mild signs of anxiety which appear to be secondary to withdrawal are present.

DIAGNOSES: The following Diagnoses are based on currently available information and may change as additional information becomes available.

Axis I: Alcohol Abuse, 305.00 (Active)

INSTRUCTIONS / RECOMMENDATIONS / PLAN: Link to Treatment Plan Problem: Substance Abuse Short Term Goals: Andrea will make plans for a recreation activity that does not involve alcohol or drugs, within one week.

Target Date: 4/29/2012 ----- Excellent progress in reaching these goals and resolving problems seemed evident today. Recommend that the interventions and short term goals for this problem be re-written at the next Treatment Team meeting.

Sample Case Note Substance Abuse

Eric Wagner, Holly Waldron



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Contemporary Case Studies in Clinical Mental Health for Children and Adolescents Jennifer N. Baggerly, Athena A. Drewes, 2024-01-05 Practicing counselors psychologists social workers and graduate students emerging into mental health professions are often faced with complex cases that do not conform neatly to theoretical textbooks It can be difficult to overcome the communication barrier and correctly interpret the awkward or shocking things children and adolescents may say in a therapeutic setting Contemporary Case Studies in Clinical Mental Health for Children and Adolescents is a versatile case based practical treatment guide for child and adolescent therapy that provides current real world clinical examples undergirded by a theoretical approach This resource provides both a succinct discussion of diagnoses and theories as well as in depth step by step treatment guidance through contemporary case studies of diverse children and adolescents to apply and challenge typical textbook definitions Editors Baggerly and Drewes further address the dramatic changes in contemporary issues from the COVID pandemic race related events and political unrest to technological innovation and how these events might impact these demographics in a therapeutic context Mental health professionals will find this resource a handy modern guide and reference to better support diverse children and adolescents in their practice *Women and Substance Use: Specific Needs and Experiences of Use, Others' Use and Transitions Towards Recovery* Lucy Webb, Guilherme Messas, Sarah Fox, 2023-12-15 *Social Actions Technician (drugs/alcohol) (AFSC 73470 B)* S. John Gallardo, 1984 **Psychological Well-Being in the Gulf States** Justin Thomas, 2013-11-08 Few regions of the planet have undergone such rapid social transition as the Arabian Gulf States Psychological Well Being in the Gulf States explores the implications of these rapid changes in terms of mental health and psychological well being **Numerical Index of Departmental Forms** United States. Air Force, 1986 Alcohol and Crime Gavin Dingwall, 2013-07-23 Alcohol is massively associated with crime Evidence from the British Medical Association found that alcohol use is associated with 60 70 per cent of murders 70 per cent of stabbings 50 per cent of fights or assaults in the home For non violent offences the association is very strong as well 88 per cent of those arrested for criminal damage 83 per cent for breach of the peace 41 per cent for theft and 26 per cent for burglary had drunk in the four hours prior to their arrest At the same time there has been intense concern about public drunkenness in town and city centres especially on the part of young people and the cost and damage this causes This book seeks to understand the nature of the connection between alcohol and crime and the way the criminal justice system responds to the problem providing a clear and accessible account and analysis of the subject It draws upon a wide range of sources and research findings and also sets the subject within a broader comparative context It takes an interdisciplinary approach and includes a sociological account of the role of alcohol in British society a criminological analysis of the link between alcohol and crime and a philosophical consideration of individual responsibility for harm caused whilst intoxicated and a legal analysis of different approaches that can be adopted as a response to alcohol related offending

Diagnosis, Conceptualization, and Treatment Planning for Adults Michel Hersen, Linda Krug Porzelius, 2001-08-01

In spite of the theoretical knowledge of diagnosis and assessment case conceptualization and treatment planning imparted by their course instructors most students are confused about the interrelationships of these processes in practice and are unable to apply what they have learned to the solution of thorny client problems This book is designed to bridge the gap between classroom and clinic In pragmatic fashion it walks beginners through the strategies needed to work with adults in outpatient settings and answers the questions they most frequently ask their clinical supervisors at the outset of their clinical apprenticeships Three chapters succinctly summarize the crucial general information and skills that must be reflected in a clinician's approach to any client Then following a standard format that facilitates understanding and comparison experts describe specific disorders one by one and present their own illustrative cases to point the way to effective targeting

Diagnosis Conceptualization and Treatment Planning for Adults will be an indispensable guide for mental health professionals in training who are facing their first assignments with clients **Signal Detection for Medical Scientists** Ram Tiwari, Jyoti Zalkikar, Lan Huang, 2021-06-24 Signal Detection for Medical Scientists Likelihood Ratio Based Test Based Methodology presents the data mining techniques with focus on likelihood ratio test LRT based methods for signal detection It emphasizes computational aspect of LRT methodology and is pertinent for first time researchers and graduate students venturing into this interesting field The book is written as a reference book for professionals in pharmaceutical industry manufactures of medical devices and regulatory agencies The book deals with the signal detection in drug device evaluation which is important in the post market evaluation of medical products and in the pre market signal detection during clinical trials for monitoring procedures It should also appeal to academic researchers and faculty members in mathematics statistics biostatistics data science pharmacology engineering epidemiology and public health Therefore this book is well suited for both research and teaching Key Features Includes a balanced discussion of art of data structure issues in signal detection statistical methods and analytics and implementation of the methods Provides a comprehensive summary of the LRT methods for signal detection including the basic theory and extensions for varying datasets that may be large post market data or pre market clinical trial data Contains details of scientific background statistical methods and associated algorithms that a reader can quickly master the materials and apply methods in the book on one's own problems **Alcohol and Drug Abuse**

Prevention and Control Program United States. Department of the Army, 1986 **Spanish and the Medical Interview: Clinical Cases and Exam Review - E-Book** Pilar Ortega, Marco Alemán, 2021-07-10 Offering a practical case based approach Spanish and the Medical Interview Clinical Cases and Exam Review is a unique immersive study and review resource for medical Spanish It provides extensive training and review in two formats the print book contains numerous cases spanning a wide variety of clinical settings formatted as a patient would present for medical attention while the audio cases provide multiple opportunities to hone your listening comprehension skills Together these learning components test your knowledge

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Improving the Care of People in Substance Misuse Services Kirsty MacLean Steel,Claire Palmer,2000 Contains a selection of clinical audit projects within substance misuse services all of which have been carried out in practice with some still in progress

de Swiet's Medical Disorders in Obstetric Practice Raymond Powrie,Michael Greene,William Camann,2010-07-06 Pregnancy affects the physiology of women as their bodies adapt to the growing life within them but how does this affect how you manage general or pre existing medical complaints How do you differentiate the effects of pregnancy from genuine medical conditions What are the effects of the standard treatments on the growing fetus What about breastfeeding In this brand new edition of de Swiet s Medical Disorders in Clinical Practice expert physicians present the best evidence and practical wisdom to guide you and your patients through their pregnancy and illness to a successful birth and early motherhood Using a combination of algorithms years of experience and an evidence based approach this book will help you to Diagnose difficult to identify conditions during pregnancy Effectively prescribe for pregnant and lactating women Overcome the challenges of imaging anesthesia and critical care for pregnant women de Swiet s assists you in navigating the many challenges pregnancy presents for both the patient and physician

Research Methods and Clinical Trials Mr. Rohit

Manglik,2024-07-11 EduGorilla Publication is a trusted name in the education sector committed to empowering learners with high quality study materials and resources Specializing in competitive exams and academic support EduGorilla provides comprehensive and well structured content tailored to meet the needs of students across various streams and levels

Schizophrenia Bulletin ,2002 **The Genetics of Alcoholism** Henri Begleiter,Benjamin Kissin,1995 This volume provides an in depth look at the genetic influences that contribute to the development of alcoholism Part I Epidemiologic Studies contains five chapters that examine the various approaches employed in the study of the genetics of alcoholism It provides a historical perspective and details all the essentials of this subject Part II Selective Breeding Studies highlights the results of research involving the selective breeding of rodents This type of research has produced homogenous strains exhibiting specific behavioral responses considered significant in the development and maintenance of alcohol dependence The studies presented in Part III Phenotypic Studies investigate and analyze phenotypic markers that serve as correlates to the genotypic determinants of alcoholism Through its broad scope this volume provides for the first time a panoramic view of the knowledge available on the hereditary influences of alcoholism **A Therapist's Guide to Writing in Psychotherapy**

Michael D. Reiter,2023-06-29 This guide practically aids mental health professionals in understanding and improving their therapeutic and academic writing demonstrating how the written word is an invaluable tool to document assess and promote change with those in and outside the therapy room Exploring the various ways writing occurs in psychotherapy professions Michael D Reiter comprehensively covers the range of the written word from progress notes and assessment documentation to journaling and therapeutic letters as well as contacting larger systems such as report writing and grant applications Chapters are formatted to include the purpose and function of a particular type of writing before providing multiple examples so therapists can apply this in their own practice This book aims to help all therapists regardless of academic training or therapeutic modality to incorporate these ideas into their work This book is designed for mental health professionals in a variety of settings including counselors therapists social workers family therapists and clinical psychologists This book is useful for graduate students as well as those already in practice *Correctional Counseling, Treatment, and Rehabilitation*

Robert D. Hanser,2023-12-01 Written for the undergraduate and graduate future practitioner *Correctional Counseling Treatment and Rehabilitation* will provide an overview of how counseling exists within the correctional environment both in institutional settings and community based settings Author Robert D Hanser recognized for both scholarship and practice in correctional mental health treatment uniquely positions this text to offer a real world practitioner focused approach to the topic *Correctional Counseling Treatment and Rehabilitation* approaches the reader with the presumption that there is a basic understanding of issues in corrections however there is not any true exposure to offender treatment Explaining the techniques and processes that are utilized in the actual treatment process this text will equip all future correctional practitioners with an understanding of basic concepts within correctional counseling and treatment that are up to date and

relevant to the world of practitioners With a hands on approach this new text will guide students through how to apply this material throughout

Mentoring, Learning and Assessment in Clinical Practice Ci Ci Stuart,2013-06-20 This is a how to do it practice centred book providing workable educational strategies to assist busy practitioners supervise and support the learning and assessment of learners during clinical placements to achieve valid and reliable assessments All strategies are underpinned by a solid theoretical and evidence base The complexity and challenges of mentoring learning and assessing in the clinical setting are specifically addressed Particular focus on the management of the non achieving and failing student with reference to extensive recent work on mentoring learning and assessment of clinical practice Critical exploration of professional accountability and associated legal ramifications surrounding learning and assessment of clinical practice Detailed consideration of how to use a model for learning from experience as a framework to facilitate experience based learning Extensive reference to the legislation standards and guidelines on pre registration health care education published by the Nursing and Midwifery Council NMC and the Health and Care Professions Council HCPC Additional material on the monitoring and assessment of professional conduct and behaviours

Substance Use Disorder Treatment for People with Physical and Cognitive Disabilities Dennis Moore,2000 Intended to enhance treatment providers knowledge concerning people who have a physical or cognitive disability in addition to their substance use disorder Explains the issues involved in treating people with coexisting disabilities Discusses how to screen for coexisting disabilities how to adapt substance use disorder screenings for clients who have a disability Discusses treatment planning counseling how treatment can be modified to meet the particular needs of people with coexisting disabilities Discusses forming linkages with other service providers the proper language to use when referring to people with disabilities

Assessing the Impact of Dade County's Felony Drug Court John S. Goldkamp,Doris Weiland,1993

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