

NOCTI Culinary Study Guide with complete questions and answers.

List and describe the five grand OR MOTHER sauces including the main ingredients - correct answers. • Béchamel (1 tablespoon each of butter and flour per 1 cup of milk; a medium sauce would use 2 tablespoons each of butter and flour; a thick sauce, 3 tablespoons each.)

- Espagnole (most often a mixture of diced onion, carrots and celery)
- Hollandaise (butter, egg yolks and lemon juice) and mayo (vegetable oil, egg yolks, lemon juice or vinegar and seasonings)
- Vinaigrette (oil, vinegar, salt and pepper & spices, herbs, shallots, onions, mustard)
- Velouté (chicken, veal or fish stock. Enrichments such as egg yolks or cream are sometimes also added)

What is a roux? What are the ingredients? What are the three types of a roux - correct answers. • Substance created by cooking wheat flour and fat (traditionally butter).

- Base for sauce: a mixture of flour and fat that is cooked briefly and used as the thickening base of a sauce or soup
- White, blond and brown

What is an Onion Piquet? - correct answers. • A traditional French culinary technique

- Bay leaves, onions and a whole clove

What is clarified butter? What two parts do we eliminate? - correct answers. • butter made clear by heating and removing the sediment of milk solids

Stock - definition - correct answers. • Flavored water preparation and forms the basis of many dishes, particularly soups and sauces.

What is the most common liquid used for a stock? - correct answers. • Water

What is Mirepoix and the ratio of the ingredients - correct answers. • Ratio of 8 ounces of chopped onions to 4 ounces each of chopped carrots and celery for a basic mirepoix, so they are using a 2: 1: 1 ratio by weight.

- a mixture of chopped celery, onions, and carrots

Nocti Culinary Study Guide

DP Hallahan



Nocti Culinary Study Guide:

Unveiling the Magic of Words: A Report on "**Nocti Culinary Study Guide**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Nocti Culinary Study Guide**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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