

## Unit 8: Study Guide

### Treatment of Psychological Disorders

An overview of the various approaches of treatment of psychological disorders include: Behaviorist, Humanistic, Psychoanalytic/Psychodynamic, Gestalt, Cognitive-Behavioral, and Pharmacological. We will also look at the various modes in which therapy can be administered such as the one-on-one approach of Cognitive Psychotherapy or group therapy, as in support or family therapies. Therapy may also be administered on an outpatient basis like a counseling center, or within a hospital or institutional setting. Additionally, students will be exposed to prevention and intervention techniques offered at the community level. Such services include educational programs, crisis intervention, telephone hotlines, and counseling.

**CR13:** The course provides instruction in treatment of psychological disorders

Text: Chapter 17 (pp. 685 – 720)  
Student Resources: Flashcards from text [www.worthpublishers.com/myers8e](http://www.worthpublishers.com/myers8e)  
*Relaxing your fears away, Forty Studies*, pp. 264 – 271  
Timeline: 4 days

An emphasis on

- Treatment Approaches
- Insight Therapies: Psychodynamic/Humanistic Approaches
- Behavioral Approaches
- Cognitive Approaches
- Biological Therapies (Psychopharmacology/Psychosurgery)
- Modes of Therapy (e.g. individual, group)
- Community and Preventive Approaches
- (5 – 7 % of multiple choice)

# Reteaching Activity 16 Psychological Disorders Study Guide

**BM King**



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**Teen Health Course 3** Wright Group-McGraw Hill,2002-04      National Library of Medicine Current Catalog National Library of Medicine (U.S.),1971 First multi year cumulation covers six years 1965 70      **Catalog. Supplement** Food and Nutrition Information Center (U.S.),1973 Includes bibliography and indexes subject personal author corporate author title and media index      *Language and Language Behavior Abstracts* ,1972      **Cumulative Author Index to Psychological Abstracts** ,1981      Author Index to Psychological Index, 1894 to 1935, and Psychological Abstracts, 1927 to 1958 Columbia University. Psychology Library,1960      PASCAL ,1991      Library of Congress Catalog Library of Congress,1970 A cumulative list of works represented by Library of Congress printed cards      **Library of Congress Catalogs** Library of Congress,1976      **Linguistics and Language Behavior Abstracts** ,1985      *International Nursing Index* ,1984  
*PASCAL bibliographie internationale* ,1993      PASCAL explore ,1988      *Traité de neuropsychologie clinique de l'adulte* ,2016-11-01      Author Catalog National Library of Medicine (U.S.),1963 Vols for 1951 53 include Authors and Subjects

**Student Study Guide for Use with Abnormal Psychology Updated Edition** Richard P. Halgin,Susan Krauss Whitbourne,2004-06      **COU361** Meng Hoong Felix Lim,Ken Ung,SIM University. School of Human Development and Social Services,2012      **Study Guide to Accompany** Susan Krauss Whitbourne,1993      Study Guide E-Book to Accompany Abnormal Psychology Y, Eighth Edition Davison,2004-09 This text continues to be one of the most current authoritative overviews of the theories and research in psychopathology and intervention Its widely praised scientific clinical approach blends the clinical and empirical experimental as the authors examine each disorder from multiple perspectives The text emphasizes different paradigms with a particular emphasis on the diathesis stress paradigm as necessary for understanding most psychopathologies      **Student Study Guide to Accompany Essentials of Psychology** Feldman,2002-04

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