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# WW Friendly Fast Food

**McDonald's Panera Bread**

**Kiddie  
Cone  
2 points**



**Strawberry  
Poppysseed  
Salad: 2 points**



**Panera Bread  
Chicken Noodle  
Soup: 3 points**



**Chipotle Salad  
Bowl: 3 points**



**Taco Bell  
Soft  
Taco w/  
chicken:  
3 points**



**Wendy's Grilled  
Chicken  
Sandwich:  
7 points**



**Wendy's  
Chili  
(small): 3  
points**



**Chick-fil-A  
Grilled  
Cool Wrap:  
6 points**



**Chick-fil-A  
Grilled  
Nuggets: 0  
points**



**Chick-fil-A  
Grilled  
Sandwich:  
6 points**



**Popeye's  
Blackened  
chicken:  
1 point**



**Popeye's  
Mashed  
Potatoes: 4  
points**



# Restaurant Points Guide

**Michael Hoelscher**



## **Restaurant Points Guide:**

Uncover the mysteries within Crafted by is enigmatic creation, Discover the Intrigue in **Restaurant Points Guide** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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